

Dr. Arthur J. Anderson PhD, CPsychol, AFBPsS, CSci
Chartered-Registered Consultant Clinical and Neuropsychologist

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ACCREDITATIONS & ASSOCIATIONS:

Chartered Consultant Clinical Psychologist - British Psychological Society – Number 095168
Associate Fellow British Psychological Society, Number 095168
Chartered Scientist – The Science Council and British Psychological Society. No BPS/118/095168
Registered Practitioner - Health & Care Professions Council Registration 2010 - Number PYL01912
Registered Clinical and Neuropsychologist – American Psychological Association 1986 - No. 6299-9229
Senior Associate Fellow – Royal Society of Medicine - Number 00700049
Member - National Association of Psychiatric Care Units – Number 296
Member – British Association of Behavioural and Cognitive Psychotherapy – No 996785
Member – National Association of Psychiatric Intensive Care Units. No 296

EDUCATION:

Ph.D. Psychology (Clinical-Neuro) (1998) Saybrook University, San Francisco CA.
M.A. Psychology (Clinical) (1994) New School for Social Research. New York, NY.
M.A. Social and Organizational Behaviour (1984) George Washington University, Washington DC.
B.A. Psychology (1987). The University of Maryland, College Park, MD.
B.Sc. Behavioral and Social Sciences (1981). The University of Maryland, College Park, MD.
Post Graduate Certificates & Additional Training
2011 Additional training – Simplifying Personality Disorders Treatment – Padesky – London
2008 Certificate – PCL-R, NAPICU Regional Conference
2007 Certificate – HCR-20 training, NAPICU Annual Conference
2006 Additional training – Building Therapeutic Resilience. Padesky - UCL London, YJ
2002 Additional training – EMDR Training to level 2. EMDR Institute Cardiff, Wales, UK
1998 Additional training – Dialectic Behaviour Therapy. CDBT Institute Bethesda Maryland
1997 Additional training – Advanced Neurological Assessment and Treatment – Saybrook Institute
1993 Certificate – Intensive Psychiatric Rehabilitation – Boston Univ.
1992 Certificate - Cognitive & Behavioral Treatment for Mentally Ill Chemical Abusers, NYSOMH.
1990 Certificate - Structured Clinical Interview Training - (Train the Trainer) NYU Medical School.
1989 Additional Training – Completion of 2 year Neuropsychological Placement - NYU Medical School.
1984 Certification – Cognitive Behavioral Psychotherapy – Maryland Behavioral Therapy Association

PROFESSIONAL EXPERIENCE & ACCOMPLISHMENTS:

SOUTHERN DEVELOPMENT ASSOCIATES, Ltd. Medico Legal Private Practice

Consultant Clinical Psychologist & Neuropsychologist

2001 - Present

- **Medico-Legal Assessments:** Provided more than 1000 medico legal assessments of mental health and learning disabled patients over the past 14 years in both criminal and civil legal actions. These cases involved assessment of fitness to plead, false memory issues, learning disabilities, sex offending, personality disorders, PTSD, risk, brain injury, developmental neurological difficulties, and cognitive capacity, in the context of sex offending, murder, arson, assault, theft, burglary and related cases. I have been cross examined in Magistrates, Crown and Appeals Courts in cases involving adults and children in a variety of contexts. Delivered court testimony as an expert witness in at least 12 cases per year during this period and have been involved in sentencing assessments as well. Provided risk assessments and testimony for parole hearings in over 75 cases.

PRIORY GROUP – CHADWICK LODGE & EAGLESTONE VIEW HOSPITALS

Lead Psychologist

May 2011 to May 2013

- Planned, Directed and Organized the Psychology Department at this 76 bed low and medium secure hospital facility for dually diagnosed, personality disordered, psychotic sectioned and brain injured male and female offenders. Directed the activities of service provision of psychology for both Forensic and Clinical Psychologists. Delivered MDT formulation and delivery of clinical skills training to ward based staff. Delivered managerial and clinical supervision to Consultants, qualified, and Assistant Psychologists. Coordinated cognitive rehabilitation, substance misuse, DBT, CBT and a wide range CPD activities to enhance patient treatment. Provided direct supervision for Psychologists, Nurse Therapists and OT therapists as well. Provided direct assessment and treatment to Learning Disabled, Brain Injured, Personality Disordered and Psychotic patients across the service.

CARE PRINCIPLES – ROWAN HOUSE HOSPITAL

Head Psychologist

May 2010 – April 2011

- Organized and directed the activities of the Psychology Departments at this 88 bed low and medium secure hospital for learning disabled, personality disordered, autism spectrum disordered, and psychotic sectioned male and female patients. Directed the activities of service provision of Psychology. Delivered MDT formulation and delivery of clinical skills training to ward based staff. Delivered managerial and clinical supervision to Consultant, Qualified, and Assistant Psychologists. Recruit psychology students from neighboring UEA for therapy placements at the hospital and then provide for their clinical supervision and line management. Maintained a training and development budget for CPD. Coordinated dual diagnosis, DBT, CBT, Star Wards, and hospital wide CPD

- programs. Maintain Mental Health Act and CQC standards and liaison with commissioners. Provided direct psychological and risk assessment, psychological interventions, and consult with psychiatric and other staff on patient care plans and related clinical activities.

HUNTERCOMBE ROEHAMPTON HOSPITAL

Head Psychologist and Director of Psychological Therapies

2006 - 2010

- Organized and directed the activities of the Psychology and Occupational Therapies Departments at this specialist secure care hospital for severe and persistently mentally ill men and women. Directed the activities of service provision and assist in the formulation and delivery of clinical skills training to all clinical and ward based staff. Also provided direct supervision to A Grade Psychologists, Psychology Assistants, CBT Psychotherapists, Occupational Therapy Department and Therapy Liaison Workers. Recruited psychology students from neighboring Roehampton University for therapy placements at the hospital and then provide for their clinical supervision and line management. Provided direct psychological and risk assessment, psychological interventions, and consulted with psychiatric and other staff on patient care plans and related activities. Oversaw continuing progress of the Dual Diagnosis, DBT, CBT, Star Wards, PICU, Psychiatric Rehabilitation, and ABI services developments.

ROEHAMPTON UNIVERSITY

Lecturer in Cognitive Processes and Cognitive Therapy

2004 – 2006

Prepared and delivered lectures to the Master's and Doctorial candidates in Counseling Psychology. Developed Curricula for program improvement and was an active part of the mentoring process for these applied psychologists. Also provided group supervision for subgroups of these students for fulfillment of their British Placement Requirements for Charter.

BUCKINGHAMSHIRE MH TRUST

Consultant Clinical Psychologist & Head of Specialty Aylesbury AMH Psych.

2001 – 2004

- **Trust Related Services:** Provided supervision to 4 clinical psychologists using a CBT supervision model. Directed the activities of the 5 psychologists and various junior doctors in the Mental Health Psychology Service in Amersham and Aylesbury. Provided consultation services to the inpatient services. Worked closely with CAMH and Learning 'Disability' services in Amersham and Oxford and cross supervised junior psychologists in these locations. Assisted in coordinating development of Psychology with other heads of specialty and trust leadership in both north and south Bucks. Organized referrals and tracked treatment outcomes for Amersham psychology pool referrals. Coordinated student placements (undergrad and graduate level) for Oxford doctoral program post-and Middlesex University in S. Bucks and provided direct supervision. Provided Cognitive therapy to patients in the South Buckinghamshire NHS catchment area.

OXFORD UNIVERSITY

Tutor & Clinical Supervisor - Doctoral Clin. Psych. Program

2002 – 2004

Served as a personal tutor and clinical supervisors for placements for doctoral candidates attached to the Warneford graduate program. Provided various lectures on assessment and diagnostic formulation and applications of CBT within a psychological framework. Also supervised doctoral research and yearly program research projects..

CAMDEN & ISLINGTON CHS NHS TRUST

LEAD PSYCHOLOGIST – DUAL DIAGNOSIS

January '99 – March 2001

- **Consultative Services:** Coordinated community focused efforts for severely disabled patients with enduring mental illness, substance misuse difficulties and combined difficulties. Was responsible for dual diagnosis psychotherapeutic training (CBT & DBT) and service integration to multiprofessional staff in a variety of programs and settings. This included the cognitive – behavioural and integrative therapy training to inpatient and outpatient program staff. I was also responsible for the implementation of inpatient and residential services staff training program for a semi-structured psychoeducational group therapy program. I coordinated dual diagnosis and CBT services between various clinical settings. I assisted with dual diagnosis initiatives for the community mental health teams, assertive outreach teams, and other mental health and substance misuse services initiatives in both the statutory and non-statutory community sectors. Also participated in child protection hearings for mothers who suffers from addictions and performed systemic assessments and treatment plans for these fragile families

This position also had an active role in district wide efforts with both statutory and non-statutory, residential services, social services and mental health providers to improve services for severely disabled patients of Camden and Islington and their dependents. I also participated on the Substance Misuse Advisory Group and Dual Diagnosis Committees to assist in the decision making process that informed policy and managerial decisions.

- **Clinical Research & Teaching:** Led in the development of the Functional Assessment of Mental Health and Addiction (FAMHA), currently in use at a variety of sites. This cognitive and behavioral rating scale functionally assesses the level of patient functioning for dually diagnosed patients. Provide ongoing input into a variety of projects (CMHT and Assertive Outreach Projects). Provided cognitive behavioral treatment training to Social Services, Trust Learning Disabilities Teams, CMHTs, AOT and Inpatient teams. Provided CBT and DBT training for psychotic patients as a CPD module for CMHT staff.

**(SAMHSA-CSAT) SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION
U.S. DEPT. OF HEALTH AND HUMAN SERVICES - U.S. Public Health Service.
Center for Substance Abuse Treatment, Washington, DC.**

SENIOR PUBLIC HEALTH ANALYST - Evaluation, Scientific Analysis 1997 – 1998

- **Substance Abuse & M.H. Services Monitoring:** Performed in-depth national program effectiveness studies of 1,300 Grantee programs that provided dual diagnosis mental health and substance abuse treatment to all affected populations. Served as project officer for the National Treatment Improvement Study (NTIES), National Cost Effectiveness Study (CCC), Integrated Services for Dual Dx. Women & Violence Grants (WV KDA), Methamphetamine Matrix Treatment Study, National Evaluation Data Services (NEDS), and Wrap Around Services Study for the State of Pennsylvania. Reviewed & approved special needs population study reports. Developed and implemented grants to develop 12 state of the art programs to provide integrated care to dually diagnosed women with histories of violence to provide effective treatment and care for them and their children. Consulted and liaised with state and local organizations to promote effective program development.
- **Enhancement of Public and Private Program Services:** Provided technical assistance to fed./state offices and programs/systems to disseminate the findings of program effectiveness studies and methods / practices to enhance services at the federal, state, and local levels. Worked with local/state program directors to increase quality of services. Liaisoned with cities, state officials, the Food and Drug Administration and NGO's to increase capacity for ongoing improvements in mental health and substance abuse treatment. Assisted in the development of U.S. mental health policy changes for Methadone/Laam certification initiatives, Integrated programs for effective care of dual diagnosis, and data collection / aggregation and public dissemination for the U.S. national evaluation database.

U.S. DEPARTMENT OF STATE – HONDURAS MISSION

CONSULTANT U.S. State Department (Central America)- U.S. Mission - Honduras. 1994 - 1997

- **Program Evaluation and CQI Services:** Performed in-depth, year long evaluation studies of Santa Rosita, the national psychiatric hospital's core substance abuse program and Proyecto Victoria, a private non-profit substance abuse program for mentally ill chemical abusers. The responsive evaluation model used in the study introduced the concept of continuous quality improvement to the treatment models used in each program and determined the relative clinical impact of each program on their patients. These studies effectively changed the delivery of substance misuse and mental treatment in Honduras. Worked closely with the governments of El Salvador, Honduras and Panama to improve care for dually patients in urban, rural and remote locations.
- **Direct Care Services:** Worked with program staff in voluntary and statutory services to improve treatment for a variety of patient populations. Delivered direct mental health and mental health program services to the U.S. Embassy mission, U.S. Peace Corps and members of the international community in Guatemala, El Salvador, Honduras, Nicaragua, Costa Rica and Panama. Provided care to both officers and their children as part of my official capacity.

NEW YORK CITY HEALTH & HOSPITALS CORP., Bellevue Hospital Center, NYU Dept. of Psychiatry

DIRECTOR: Clinical Program Development & Community Support Services 12/92-1/94

- **Enhanced Therapeutic Environment Initiative:** Directed and evaluated the clinical activities of the departments of psychology, activity therapy, and vocational rehabilitation for psychiatry's 375 bed inpatient, 1200 patient ambulatory care programs, psychiatric emergency room CPEP program, community support service's homeless, and dual dx. programs. Also consulted with Child and Adolescent Services to provide care for the dependents of homeless single family female patients. Guided the continuing professional development of 22 Senior Staff and 267 junior level staff on inpatient and outpatients units. Working closely with nursing and social work, directed activities toward enhancing environmental conditions, increasing patient participation. These efforts produced a 38% increase in patient - staff contact hours and reduced acute care stays by 8 days.
- **Mental Health Program Development:** Developed the grant funding/fiscal systems, clinical program modeling and staffing patterns for all new hospital and community program grants and expansions; including the IPRT, Women's TLC, and residences proposals. Continued to expand service development for the dually diagnosed in the mid-Manhattan catchment area.

ASSOCIATE DIRECTOR OF PSYCHIATRY / DIRECTOR OF SERVICE: CSS Division 9/90-9/92

Planned, developed and operated The Mentally Ill Chemical Abusers Community Residence Program (MICA-TLC). Refined the 'Intensive Clinical Case Management' Model that was later adopted by New York State for full statewide implementation. Was also responsible for the clinical and fiscal/administrative direction of the three outpatient homeless units, selected aspects of patient care within inpatient psychiatry, and administrative responsibility for the 45 bed, comprehensive psychiatric emergency room program (CPEP) as well. Developed the CPEP core unit components of Mobile Crisis Residential Crisis Beds and Extended Observation Beds Units. Supervised senior clinical and admin. staff within the division's scope of service.

STAFF PSYCHOLOGIST/ASSISTANT DIRECTOR: Clinical Case Management Unit 1/87-9/90

Provided clinical supervision to case managers and case management supervisors. Evaluated, upgraded and implemented biopsychosocial intake screening forms and procedures. Provided psychological testing for diagnostic and functional determinations. Delivered direct assessment and psychotherapy services to functionally disabled, chronic schizophrenic & mood disordered, homeless hospital and street patients.

PRESENTATIONS & PUBLICATIONS:

Anderson, A. J., Micheels, P., Cuoco, L., Byrne, T. (1998) **Criteria Based Voluntary and Involuntary Psychiatric Admissions Modeling.** International Journal of Psychosocial Rehabilitation. 2(2), 176-188.

Anderson, A. J. (1991) **Integrated Hospital Care Systems for the Homeless Mentally Ill.** In B. R. Wise and J. La Rovere (Prod.) Stanching the Flow. New York: Mable Productions.

Anderson, A. J. (1992) **Integrated Mental Health Program Design To Effectively Treat the Homeless, Mentally Ill.** Presentation to the Mental Health Symposium of the West Point Army War College. NY.

Anderson, A. J. (1993) **Special Service Requirements of Today's Clients - MICA, HIV, Disease and Dually Disabled.** Paper presentation to the Forth Congress of the World Association for Psychosocial Rehabilitation, Dublin, Ireland

Anderson, A. J. (1997). **Problems with 'Caring for People with Severe Mental Disorders - A National Plan'.** International Journal of Psychosocial Rehabilitation. 1(1), 47-49.

Anderson, A. J. (1997). **An Impact Evaluation Model and Quality Improvement Mechanism for Mental Health Programs in Developing Countries.** International Journal of Psychosocial Rehabilitation. 1(2), 82-103.

Anderson, A. J. (1997). **Sectorization and Sub-sectorization of Mental Health Services in Developing Countries.** International Journal of Psychosocial Rehabilitation. 1(2), 61-64.

Anderson, A. J. (1998). **Understanding Unit Costs – A Survival Must for Mental Health Programs.** Presentation to the Fourth Annual meeting – State Substance Abuse Director's Meeting.

Anderson, A. J. (1998). **A Comparative Evaluation of Disease Specific and Integrated Programs for Mentally Ill Chemical Abusers.** Dissertation Abstracts.

Anderson, A. J. , Boris S. (1999). **Psychoeducational Group Therapy for the Dually Diagnosed.** Manuscript in revision.

Anderson, A. J. , Bellfield 1999). **Functional Assessment of Mental Health and Addiction Scale (FAMHA).** Validation study of the instrument in progress.

Anderson, A.J. (2002) **Treatment of Depression in Older Adults.** International Journal of Psychosocial Rehabilitation. 6, 69-78

OTHER PROFESSIONAL ACTIVITIES:

Managing Editor – International Journal for Psychosocial Rehabilitation. Assumed this position In May '99 to further the goals and expand this grass roots based, peer reviewed on-line journal. Secured US and international funding to maintain this journal for at least the next two years. I guide the focus of this professional publication toward public education in cognitive behavioral service delivery and best practices in psychosocial rehabilitation programs around the world.

AWARDS & RECOGNITION:

A P A 1993 Gold Award for Program Excellence – Program Award and publication - for the development of the mentally ill chemical abusers therapeutic living community program, a showcase residential program that transitioned patients from the streets into the community.

Bellevue Hospital Center 1993 - Recognition of Outstanding Service Award. Individual award for outstanding service in clinical program development, community support services, homeless psychiatric emergency services, outpatient program coordination, and liaison with other institutions.

U.S. Department of Health and Human Services - SAMHSA 1998 – Team award for developing and implementing a SAMHSA- DHHS Grant to first develop, then research the outcomes of 12 programs that provide integrated treatment to dually diagnosed women with histories of violence. These programs were developed throughout the United States.

Who's Who in the World 2001 - Recognition for international contributions in psychosocial development and mental health treatment reform in developing countries.

OTHER UNIVERSITY AND TEACHING AFFILIATIONS:

Adjunct Faculty - Antioch University of Ohio 1995 - 1997

Lecturer - (Part time) University of Maryland, Univ. College 1986

LANGUAGES:

Bilingual (Spanish-English) – reading to a level 4 proficiency, speaking to a level 5 proficiency and writing to a level 3 proficiency.