

**CURRICULUM VITAE**

**MR. A. K. BOHRA**

**MBBS, MS, MPhil, MFSTEd, FRCS(Edin), FRCS (Gen.Surg)**

**Consultant General and Upper GI Surgeon**

## **Mr. AK Bohra MBBS MS MPhil MFSTEd FRCSEd FRCS (Gen. Surg)**

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Revalidation: 11.05.2014  
CCST: Aug 2005

### **QUALIFICATIONS**

- **MBBS** 1990, Calcutta University, India
- **MS** 1994, Calcutta University, India
- **FRCSEd** 1996, Royal College of Surgeons of Edinburgh
- **FRCS (Gen. Surg)** 2003, Intercollegiate Speciality Board, UK
- **MPhil**, 2006, University of Newcastle
- **MFSTEd** (Member of Faculty of Surgical Trainers), 2013, Royal College of Surgeons of Edinburgh
- **PG Cert** in Leadership and Service Improvement (NHS Leadership Fellowship), 2013, Manchester Business School, University of Manchester
- **PG Diploma** in Clinical Education, 2014, Royal College of Surgeons and Physicians of Glasgow

### **AWARDS / PRIZES**

- Ron Grimley Best Research Project Award (2011)
- Clinical Excellence Awards
- John Farndon Prize (BJS 2007)
- Excellent/ Best Posters
- RMG Grant for Audit project 1999

## **PROFESSIONAL ORGANISATIONS**

- Member of NICE Quality Standards Advisory Committee (QSAC)
- Member of the ASGBI, AUGIS, BOMSS, RCS Edinburgh, BMA, MDU
- Member of Birmingham Medico-Legal Society

## **SKILLS AND EXPERIENCE**

### **General and Upper GI surgery**

- Skills and knowledge from years of surgical training in India, England and N. Ireland has equipped me with very wide general surgical experience as well as a special interest. I have been a substantive Consultant in the NHS since 2005.
- My sub-specialty interest is Upper GI surgery with emphasis on radical oesophageal and gastric cancer surgery and advanced laparoscopic procedures for gastrectomy, obesity surgery, biliary and hiatal pathologies, herniae.
- I have had a fairly wide range of experience in most aspects of surgery including colorectal, breast, endocrine, vascular, upper and lower gastrointestinal endoscopies, laparoscopic and bariatric surgery.

### **Leadership and management**

- I underwent formal training in clinical leadership and service improvement in the National Clinical Leadership Fellowship Programme, leading to a Post Graduate Certificate from Manchester Business School in 2013.
- I was the Lead for the Upper GI Surgical Services at Dudley Group Hospitals NHS Foundation Trust and previously the MDT Lead.
- I was the Audit lead for the Department of Surgery
- I was the Surgical Lead for the Clinical Guidelines Committee
- I was a member of the New Interventions Committee of the Trust.
- I have developed links with the Sri Lankan Royal College to facilitate Senior Clinical Fellow experience for their trainees.
- My tenure as a substantive Upper GI Surgeon, first in Wigan and then in Dudley and Birmingham has given me a great experience of the changing times especially in

relation to working closely with different units, centres, regional politics and the centralisation phenomenon.

- I am a PEER reviewer for the National Cancer PEER Review process and have reviewed the Upper GI Services at various centres.
- As a Consultant Surgeon, I lead my team of Upper GI surgical service, which involved working with all junior staff, MDT (Multi Disciplinary Team) coordinator, McMillan Nurses, ward staff, dieticians, intensivists, gastroenterologists, oncologists, radiologists and pathologists.
- I was the chairman for the surgical Service Improvement Team (SIT) at Wigan.
- I was the surgical lead for the Critical Care Group at Wigan.
- I represented the Surgical Directorate in the Trust Drugs and Therapeutic Committee in Wigan.

#### Outside Work

- Last year I led a team of Doctors from West Midlands to Sri Lanka to play a series of 3 cricket matches against a team of Doctors in Sri Lanka, while delivering Key Note lectures to the Sri Lankan College of Surgeons.

#### As a Trainee:

- Attended 'management skills' course (Keele University).
- Involved in making of SpR (Registrar) and SHO rota and organising Journal clubs
- Coordinator of Final MB surgical clinical examinations.
- I was involved in planning a computerised theatre operating record keeping in conjunction with the IT team at Newry as an SpR
- I enjoy working in a multidisciplinary team and have previously also worked in vascular, hepatobiliary, breast and colorectal multidisciplinary teams

#### **Teaching/ Training**

- I have a Post Graduate Diploma (PG Dip) in Clinical Education.
- I am the Royal College Tutor for the Surgical Department. This entails looking after the Training, work schedule and general well being of all surgical trainees. In the process I have to link with the Postgraduate centre, The Trainers and trainees, The Deanery, Human Resources and the GMC.
- I was an Honorary Senior Clinical Lecturer for the University of Birmingham while working in Dudley. I regularly teach medical students.

- I am an Honorary Associate Professor of Surgery for the University of Grenada. I am involved in teaching their medical students coming to the UK.
- I am an MRCS Examiners for the Royal College of Surgeons.
- Faculty member for Advanced Laparoscopic Surgery Skills Course, Derby
- I am regularly involved in training Higher Surgical Trainees and other surgical juniors as an Educational and Clinical Supervisor.
- I was the Coordinator for Year-5 medical students for surgical placement at Russells Hall Hospital.
- I am a Senior Clinical Teacher and Examiner for Final MB students.
- I am on the interview panel for National Core Surgical Training (CST)
- I have the experience of teaching at all levels in the medical hierarchy.
- I enjoy teaching elective and emergency surgery to middle grade doctors
- Previously, I was involved in the teaching sessions for MSc Courses held by Lancashire University and teaching Specialist Registrars.
- Junior Doctors: I have taught in the Intercollegiate Basic Surgical Skills course. I am an educational supervisor for trainees from FY1 to ST7.
- I have taught at surgical skills courses for Consultants, junior doctors and nurses.

### **Clinical governance**

- ◆ National Guidelines: As a member of the NICE Quality Standards Advisory Committee (QSAC) I am actively involved in discussing, drafting and approving National Clinical Guidelines' quality standards. I was invited to an All Party Parliamentary Group Meeting at House of Commons in Westminster, recently.
- ◆ I was the Audit Lead for my department and Chair the mortality-morbidity meetings at Dudley.
- ◆ As a Consultant I have participated, when required, in risk management, PALS questions, Critical Incident reporting and 360 degree Feedback.
- ◆ As a Consultant Surgeon, I have been regularly involved in the Appraisal Process, both as an Appraiser and Appraised. My last appraisal was in December 2013. I have been awarded Clinical Excellence Award points from both the Trusts I have worked for.

- ◆ I have the experience of putting up 'business cases' for various service developments. I have prepared the business case for Bariatric Surgical services. Previously, I have successfully set up advanced laparoscopic set-up in Wigan
- ◆ I am regularly involved in clinical governance actively as an NHS consultant. For the Upper GI services, I have set up a review protocol, information leaflet, consent information leaflets, tracking system, and also instrumental in modifying the MDT proforma.
- ◆ As Chairman of the Service Improvement Team for the department of Surgery at Wigan I was involved in clinical governance issues concerning the department including risk management, handling complaints, running audit and research, drawing various clinical protocols and in general providing a common platform for the surgical team to meet regularly and discuss any issue concerning the directorate.
- ◆ I have audited clinical practices and presented in trust, local and international meetings
- ◆ I have contributed to patient safety, clinical risk management, complaints process, making protocols and approving hospital guidelines for the management of various conditions as part of the Clinical Guidelines Committee.

#### **CURRENT APPOINTMENT**

19<sup>th</sup> March 2015 - Continued

Consultant Upper GI Surgeon, Royal Derby Hospital, Derby Teaching Hospitals NHS Foundation Trust

The job plan includes Main Theatres operating (Oesophago-Gastric cancers, Bariatric Surgery and benign laparoscopic and general surgery), Day Surgery, Endoscopy, MDT (Cancer and Bariatrics), Upper GI OPD, Cancer OPD, Bariatric OPD, 1 in 10 General Surgical on-calls, audit, and teaching.

#### **PREVIOUS SUBSTANTIVE CONSULTANT APPOINTMENTS**

1. March 2009 to March 2015 - Consultant Upper GI Surgeon, Dudley Group Hospitals NHS Foundation Trust

I joined this hospital when it was a provider for Oesophago-gastric cancer surgery for majority of the Black Country population. However the cancer services moved to Birmingham as part of a centralisation process, which prompted my move to Derby. I did stints as Honorary Visiting Surgeon first at The University Hospital Birmingham for almost a year to perform Oesophago-gastric cancer resections and later at University Hospital of Coventry and Warwickshire.

2. October 2005 – March 2005: Consultant Surgeon, Upper GI/ General surgery, Royal Albert Edward Infirmary, Wigan, Lancashire (Wrightington, Wigan and Leigh NHS Foundation Trust)

As a substantive Consultant General and Upper GI Surgeon at Wigan my responsibilities included Upper GI (Oesophago-gastric) cancer work, MDT, providing advanced laparoscopic services, and general surgical on-call cover (1 in 9). I was instrumental in setting up the Advanced Laparoscopic Unit in the hospital.

The range of procedures I perform include:

- Radical D2 Gastrectomy – Laparoscopic and open
- Radical Oesophagectomies
- Bariatric Surgery – Laparoscopic Bypass, Sleeve and Bands.
- Laparoscopic Hiatal surgery (Fundoplication, Heller's Cardiomyotomy, Paraoesophageal hernia repairs) Laparoscopic Cholecystectomy with or without cholangiograms, Biliary explorations.
- Gastric Pacemaker – This is provided in 3-4 centres in UK. I perform them in our centre.
- Laparoscopic abdominal wall Hernia repairs
- Laparoscopic Appendicectomy, perforated ulcer repairs, Adhesiolysis, cancer staging etc.
- Complex primary and re-do GI surgery
- Endoscopies - Gastroscopy, Colonoscopy, Flexible Sigmoidoscopy
- Most general surgical procedures – management of surgical trauma, Colectomies, Anterior resections, splenectomy, open hernias, skin lesions, general surgical emergencies, benign ano-rectal procedures etc.

### PREVIOUS APPOINTMENTS (SUMMARY)

I have had the privilege of working in substantive posts in different hospitals in India, Northern Ireland and England. After spending the first 5 years of training (following graduation) in India, I have spent almost 20 years in the UK. This has provided me with vast experience of not only a huge range of procedures and methods but also equipped me to work under hugely varying circumstances.

FROM	TO	POST	SUB-SPECIALITY	HOSPITAL
Aug 2005	Sep 2005	SpR (Specialist Registrar)	Upper GI (OG), General, Laparoscopic	Wirral University Teaching Hospital
Jan 2005	Aug 2005	SpR	Upper GI (OG), General, Laparoscopic, Bariatric	Leeds General Infirmary, Leeds Teaching Hospitals
Oct 2004	Jan 2005	SpR	Upper GI (OG), General, Laparoscopic	Countess of Chester Hospital, Chester
Oct 2003	Sep2004	SpR	Upper GI (OG), laparoscopic, Bariatric	University Hospital Aintree, Liverpool
Aug 2002	Oct 2003	Clinical Research Fellow	Research, General Surgery SpR on-call	University Hospital of North Tees, Stockton-on-Tees
Aug 2001	Aug 2002	SpR	Laparoscopic, Breast and endocrine	Antrim Area Hospital, N. Ireland
Aug 2000	Aug 2001	SpR	Upper GI (OG), HPB, General	The Mater Hospital, Belfast
Feb 2000	Aug 2000	SpR	Colorectal, General	The Ulster Hospital, Belfast
Aug 1999	Feb 2000	SpR	Upper GI (OG), General	The Ulster Hospital, Belfast
Aug 1998	Aug 1999	SpR	Colorectal, Breast, endocrine, laparoscopic	Daily Hill Hospital, Newry, N. Ireland
Feb 1998	Aug 1998	SpR (LAT)	Breast, endocrine, Vascular	Craigavon Area Hospital, N. Ireland
Aug 1997	Feb 1998	Registrar	GI, Breast, laparoscopic	Altnagelvin Area Hospital, Londonderry
April 1997	Aug1997	Registrar	GI, endocrine, vascular	Royal Albert Edward infirmary, Wigan
Feb 1996	Apr 1997	SHO	GI, endocrine, vascular	Royal Albert Edward infirmary, Wigan
Feb 1995	Feb 1996	SHO	Accident and Emergency	Royal Albert Edward infirmary, Wigan
May 1994	Aug 1994	Registrar	GI, Cardiothoracic, General	Kothari Medical Centre, Calcutta, India
Feb 1992	Feb 1994	Post-grad Trainee (MS)	General, Cardiothoracic Plastic, Paediatric, and orthopaedic, Clinical research	Calcutta National Medical College and Hospital, India
Aug 1990	Nov 1991	SHO	General Surgery	NRS Medical College & Hospital, Calcutta, India
Aug 1989	Aug 1990	Intern (Rotating)	General Medicine, Surgery, Obstetrics, community medicine	NRS Medical College & Hospital, India



## PREVIOUS APPOINTMENTS

- August 2005 – Sep 2005: Specialist Registrar (SpR), General / Upper GI Surgery, Wirral University Teaching Hospitals, Wirral
  - This was my last post (after completing my secondment to Leeds) as an SpR in the Mersey Deanery and finished in September 2005 soon after attaining CCST. Post involved shift on-calls, Theatres, OPD and MDT.
- Jan 2005 – August 2005: Specialist Registrar (SpR), General/ Upper GI Surgery, Professorial Unit of Surgery, Leeds General Infirmary
  - This was an inter-deanery secondment to consolidate my Upper GI experience
  - This is a very busy and one of the premier tertiary referral centres for Upper GI surgery in the country. The procedures performed in the unit included oesophageal and gastric cancer surgery, advanced laparoscopic, bariatric and pancreatic surgery
  - On-call (shifts), clinics, endoscopy, operating – supervised and independent
  - Teaching, supervising senior house officers, MDT.
- Oct 2004 – Jan 2005: Specialist Registrar (SpR), General/ Upper GI Surgery, Countess of Chester Hospital, Chester
  - Upper GI Centre including OG cancer surgery and laparoscopic surgery
  - I was involved in making the new SpR rota in accordance with EWTD
- Oct 2003 – Sep 2004: Specialist Registrar (SpR), General/ Upper GI Surgery, University Hospital Aintree, Liverpool
  - Tertiary Upper GI surgery unit including oesophageal and gastric cancer surgery, laparoscopic and bariatric surgery
  - On-call (shifts), clinics, endoscopy, operating – supervised and independent - Teaching, supervising juniors, SMDT, audits
- Aug 02 – Oct 03: Clinical Research Fellow, Professorial Unit of Surgery, University Hospital of North Tees, Stockton-on-Tees
  - Full time research on the effects of perioperative warming of major elective cases under the supervision of Prof. D.J. Leaper
  - SpR on call commitments 1 in 7, teaching, I organised the SpR rota.
- Aug 01 – Aug 02: SpR, General surgery, Antrim Area Hospital, N. Ireland
  - General, laparoscopic and breast surgery, on call, endoscopy, operating, teaching, audit, MDT

- Aug 00 – Aug 01: SpR, General/ Upper GI Surgery, The Mater Hospital, Belfast
  - This is the tertiary referral centre in the whole of Northern Ireland
  - Gained experience primarily in Hepato-pancreato-biliary (HPB) and Upper GI (OG) cancer surgery and also in general, colorectal and vascular surgery
  - 1 in 3 on-calls, clinics, endoscopy, theatre, MDT, audits
  
- Feb 00 – Aug 2000: SpR, General/ Colorectal surgery, The Ulster Hospital, Belfast
  - On-calls, clinics, endoscopy, audit, theatre, teaching, supervising juniors
  - Multidisciplinary meetings for Upper GI and colorectal surgery
  
- Aug 99 – Feb 00: SpR, General/ Upper GI Surgery, The Ulster Hospital, Belfast
  - General, Upper GI (oesophago-gastric) Cancers and benign laparoscopic surgery
  - On-calls, clinics, endoscopy, audit, theatre, teaching, MDT
  
- Aug 98 – Aug 99: SpR, General Surgery, Daisy Hill Hospital, Newry
  - General with Gastric cancers, biliary, colorectal, breast and vascular surgery.
  - Audit on Detection and Treatment of Urinary Infection with RMAG grant. On-calls, clinics, endoscopy, theatre and teaching, audit.
  
- Feb 98 – Aug 98: SpR, General Surgery, Craigavon Area Hospital, N. Ireland
  - Breast, endocrine and vascular firm.
  - On-calls, general and breast clinics, MDT breast meetings
  
- Aug 97 – Feb 98: Registrar, General Surgery, Altnagelvin Area Hospital, Londonderry
  - General, biliary; Upper GI, colorectal and breast cancers.
  - On-calls, endoscopy, general, GI and breast clinics, MDT breast and colorectal
  
- April 97 – Aug 97: Registrar, General Surgery, Royal Albert Edward Infirmary, Wigan
  - General surgery with interest in primary and re-do gastric surgery, colorectal, endocrine and vascular surgery
  - Ward rounds, theatre, day-surgery, on-calls, X-ray and M&M meetings
  
- Feb 96 – April 97: Senior House Officer (SHO), General Surgery, Wigan
  - Ward rounds, theatre, day-surgery, on-call shifts
  
- Aug 95 – Feb 96: SHO, Accident and Emergency, Wigan
  - My first post in the UK involving full shift system in a busy department

#### Previous Appointments - India

- May 94 – Aug 94: Registrar, Surgery, Kothari Medical Centre, Calcutta - Modern fully equipped 350 bed private hospital There were on-call, rounds, theatres covering general and Upper GI along with Cardiothoracic surgery.
- Feb 92- Feb 94: Postgraduate Trainee (MS) in General surgery, Calcutta National Medical College and Hospital
  - 2-year post graduation in Professorial Unit with research and clinical commitments equivalent to a senior SHO (middle grade).
  - Dissertation on 'complete rectal prolapse in adults' accepted by Calcutta University for the degree of MS
  - On-call, rounds, theatre (Complex major general, Upper and lower GI procedures, HPB surgery, with concomitant stints in cardiothoracic, orthopaedics, and plastic), teaching students, attended regular classes at University College of Medicine.
- Aug 90 – Nov 91: Senior House Officer, General Surgery, NRS Medical College and Hospital, Calcutta
  - Professorial Unit with complex wide range of surgery (Head to toe), on-calls, theatre clinics, teaching
- Aug 89 – Aug 90: Pre-registration House Officer, NRS Medical College and Hospital, Calcutta
  - Stints in General Medicine, Surgery, Obstetrics and Gynaecology and Community medicine - on-calls, ward rounds, ward work

#### **CLINICAL STUDIES**

- Predicting outcomes after Laparoscopic Nissen Fundoplication based on pre-operative clinical and investigative features. Results presented at ASGBI.
- I supervised a final year medical student to conduct a large study involving 1000 patients. This was a Patient Choice Evaluation study for referrals under the 'choose and book' system, OPD consultation and therapeutic procedure. Approval was obtained from the ethics committee. Statistical analysis was done. The results of the study have been received very well and these have been presented on 2 separate forums at the ASGBI (Association of Surgeons of GB and Ireland) in Bournemouth. The Trust awarded this effort with the Ron Grimly Award for the Best Research Project for the year. We are looking to publish the results.

- I have completed a patient questionnaire based survey for the complications of open inguinal hernia repair in the past 5 years. This involved the study of outcome on over 2500 patients operated within the trust and perhaps one of the biggest studies of its type. This had been approved by the ethics committee and received financial funding approval from the trust R&D department. The results were presented in the ASGBI, Liverpool 2010.
- I performed a nationwide (UK) questionnaire survey about the management of acute pancreatitis. This was presented at the Association of Surgeons of Great Britain and Ireland annual scientific meeting at Bournemouth in May 2008.
- The use of APACHE-II (Day-1 post-operative), POSSUM, P-POSSUM and O-POSSUM for evaluating outcomes for Oesophago-gastric operations and also comparing local results with national standards as described in ASCOT and other studies
- Studied the effectiveness of dilute methylene blue to test for anastomotic leak following oesophago-gastric resections. Results were presented in the AUGIS meeting at Cardiff.
- Study to assess the utility of serial measurement of serum CRP following oesophago-gastric resections.
- Use of predictive scoring systems (POSSUM, P-POSSUM and O-POSSUM) for preoperative risk assessments of patients undergoing oesophago-gastric resections.

## **AUDITS**

I am the Audit Lead for the surgical department and there are regular audits presented within the department with my approval and support.

- Completed NICE Mandatory audits for Surgery (VTE, Consent)
- Facilitating Medical Student led audit (STARSurg)

- 2013 – Audit on Theatre utilisation
- 2013: Audit of Outcomes of Upper GI resections following reorganisation of Upper GI Cancer Service
- 2013 - Audit on Gentamicin Prescription
- 2012: Audit on the Consent for Surgical Procedures
- 2012: Audit on Medical Notes Documentation
- 2009 (May): Snapshot of the UK management of acute pancreatitis. Presented in the audit meeting at Wrightington, Wigan and Leigh NHS Foundation Trust
- 2007: Management of abscesses on admission in the surgical unit. This was to help us formulate the most efficient way of managing these cases and whether they can be done as Day-cases
- Presented the results of 'Use of methylene Blue dye to check for anastomotic leak following oesophago-gastric resections' in December 2007
- 2004: University Hospital of Aintree - correlation of results following Laparoscopic Nissen Fundoplication and the preoperative clinical and investigative parameters using Visick Score. There was no significant difference in outcome following surgery in patients who were proton pump inhibitor resistant compared to those who were proton pump dependent, preoperatively
- 2004: University Hospital of Aintree - POSSUM scoring of emergency laparotomies and their outcome correlation
- 2002: Antrim Area Hospital - Outcome of Watson's Anterior Fundoplication. Results were at par with the nationally quoted outcome of Nissen fundoplication.

- 1999: Daisy Hill Hospital, Newry - Detection and Treatment of Urinary Infection. We Received the RMAG grant for the project. I was then involved in writing the protocol for antibiotic treatment for urinary tract infections, after completing the audit cycle.
- 1997: Altnagelvin Area Hospital – Rectal Cancer Audit

### **Clinical Research and Other Projects**

#### 1) “Improving Day Surgery Output of Laparoscopic Cholecystectomy”

This was a *Management Project* leading to Dissertation for the *National Clinical Leadership Fellowship* in 2013. The Fellowship was run jointly by The Manchester Business School, Birmingham University and the King’s Fund, London.

This project focussed on Increase the number of laparoscopic cholecystectomies as day case. The number of laparoscopic cholecystectomies being done as day case went up from almost 30% to 65% as the project completed. This was done through a change in culture and the pathways along with upgrading of the kits.

The project and the year-long course provided me a hands-on training in hospital management and leadership leading to service improvement. This will help in more senior roles and service development projects in the future.

The University of Manchester, accepted the dissertation leading to *PG Certificate in Leadership and Service Improvement*.

#### 2) “The Effect of Systemic Warming on Outcomes of Elective Major Cases” University Hospital of North Tees, Stockton-on-Tees

Supervisor: Prof D. J. Leaper

This was a randomised controlled trial to evaluate the results of peri-operative warming using Inditherm Mattress compared to intra-operative warming alone using Bair-Hugger devise. Patients who were peri-operatively warmed showed better overall results compared to the other group in terms of wound infection, blood loss, hospital stay and mortality. As a lead clinician for the research I gained good experience in research skills, publication with

the best manuscript award from the British Journal of Surgery in 2007 (John Farndon Award) and multiple national and international presentations.

The thesis led to the Diploma of *MPhil* from University of Newcastle.

- 3) “A Retrospective Study of Complete Rectal Prolapse in Adults”  
Calcutta University, India.  
Supervisor: Prof. B. Choudhury

This was a clinical study to evaluate the outcome of posterior suture rectopexy using silk, in adults with complete rectal prolapse.

The thesis was accepted by Calcutta University leading to *MS* degree.

- 4) I have participated in the OEO5 national trials with Christies Hospital for neo adjuvant chemotherapy in patients with operable oesophageal cancers in 2008-9.

## **PUBLICATIONS**

As a standing member of NICE Quality Standards Guidelines Committee (QSAC) I have been instrumental in drafting a series of guidelines. NICE quality standards are a concise set of prioritised statements designed to drive measurable quality improvements within a particular area of health or care. They are derived from high-quality guidance, such as that from NICE or other sources accredited by NICE. This quality standard, in conjunction with the guidance on which it is based, should contribute to the improvements outlined in the outcomes framework published by the Department of Health.

### **NICE Quality Standards Guidelines:**

1. Peripheral Arterial Disease (QS52) – January 2014

This quality standard covers the diagnosis and management of lower limb peripheral arterial disease in adults aged 18 years and over. It does not cover acute ischaemia of the lower limb.

2. Children and Young People with Cancer (QS55) – Feb 2014

This quality standard covers the provision of all aspects of cancer services for children and young people with cancer. For this quality standard, children are defined as aged 0–15 years and young people as 16–24 years, though this is not a

formal upper age limit because the needs and circumstances of individuals will vary, including their need to access age-specific services.

**3. Sickle Cell Acute Painful Episode (QS58) – April 2014**

The primary goal in the management of an acute painful sickle cell episode is to achieve effective pain control both promptly and safely. The management of acute painful sickle cell episodes for people presenting at hospital is variable throughout the UK, and is a frequent source of complaints. This quality standard covers the management of sickle cell acute painful episode in people in hospital from the time of presenting to hospital until the time of discharge.

**4. Varicose Vein Management (QS67) – August 2014**

The quality standard is expected to contribute to improvements in the following outcomes: quality of life for people with varicose veins, progression of venous leg disease, which includes complications from varicose veins and varicose vein recurrence.

**5. Acute Coronary Syndromes (including myocardial infarctions) (QS68) – Sept 2014**

This quality standard covers the diagnosis and management of acute coronary syndromes (including myocardial infarction) in adults aged 18 years and over. The quality standard is expected to contribute to improvements in the following outcomes: deaths from cardiovascular diseases, length of hospital stay, adverse effects of interventions (for example, bleeding and stroke) and incidence of further heart attacks.

**6. Head Injury (QS74) – October 2014**

The quality standard is expected to contribute to improvements in the following outcomes: mortality after head injury and recovery after head injury with guidance on CT scan timings, Cervical spine imaging, early reporting by radiologist within 1 hour of scan and rehabilitation.

**7. Fertility Problems (QS73) – October 2014**

This quality standard covers the assessment and treatment of fertility problems in people with explained or unexplained infertility or people preparing for cancer



treatment who may wish to preserve their fertility.

8. Urinary Incontinence in Women (QS77) – January 2015

This quality standard covers the management of urinary incontinence in women aged 18 years and over.

9. Pressure Ulcers (QS89) – June 2015

This quality standard covers the prevention, assessment and management of pressure ulcers in all settings, including hospitals, care homes with and without nursing and people's own homes. It covers people of all ages: neonates, infants, children, young people and adults (including older people).

10. Urinary tract Infections in Adults (QS90) – June 2015

This quality standard covers the management of suspected community-acquired bacterial urinary tract infection in adults aged 16 years and over. This includes women who are pregnant, people with indwelling catheters and people with other diseases or medical conditions such as diabetes.

11. Obesity: prevention and Lifestyle Weight Management in Children and Young People (QS94) – July 2015

This quality standard covers a range of approaches at a population level to prevent children and young people aged under 18 years from becoming overweight or obese. It includes interventions for lifestyle weight management. These statements are particularly relevant to local authorities, NHS organisations, schools and providers of lifestyle weight management programmes.

12. Cardiovascular Risk Assessment and Lipid Modification (QS100) – September 2015

This quality standard covers identifying and assessing cardiovascular risk, and lipid modification for preventing cardiovascular disease, in adults (aged 18 years and over).

13. Secondary Prevention after a Myocardial Infarction (QS99) – September 2015

This quality standard covers secondary prevention after a myocardial infarction (MI), including cardiac rehabilitation, in adults (aged 18 years and over).

14. Learning Disabilities: Challenging behavior (QS101) – October 2015

15. Intrapartum care (QS105) – December 2015

This quality statement covers the quality aspects of intrapartum care

16. Obesity in Adults: prevention and lifestyle weight management programmes – Jan 2016

The NHS Five Year Forward View (October 2014) sets out a vision for the future of the NHS with a specific focus on the prevention of ill health due to sharply rising burden of avoidable illness. This quality standards guidance addresses the issue of tackling obesity in adults, in the community and utilisation of lifestyle weight management programmes.

17. Chronic Heart Failure in Adults (QS9) – Feb 2016

This quality standard covers the assessment, diagnosis and management of chronic heart failure in adults (18 and older).

#### General Publications:

- Al Shakarchi J, Bohra A. Endometrioma in a Virgin Abdomen Masquerading as an Intramuscular Lipoma. *JSCR* 2015; 3, 1-2
- Moussa G, Thomson PM, Bohra A. Volvulus of the liver with intrathoracic herniation. *Ann R Coll Surg Engl* 2014; 96(7): e27-29
- Shipman K, Bohra A, Labib M “Caecal Volvulus as a Rare Complication of Laparoscopic Adjustable Gastric Banding”. *JSCR* 2012; (10):5-5.
- McArdle K, Leung E, Latif S, Bohra A, Ishaq S ‘Management of Lower GI Bleeding: Endoscopist or Radiologist? *GUT* 2010; 59(12): 1605
- Bohra AK EWTD in the European Capital. *BMJ*. 2009; 339:b5141
- Wong PF, Kumar S, Bohra A, Whetter D, Leaper DJ Randomized Clinical Trial of Perioperative Systemic Warming in Major Elective Abdominal Surgery. *British Journal of Surgery* 2007; 94: 421-426. This was the winner of 2007 John Farndon

Award (*Award for the best BJS manuscript for the year which had previously also been presented at the ASGBI*)

- Bohra AK, McKie L, Diamond T Transduodenal Excision of Ampullary Tumours. *Ulster med j* 2002; 71(2): 121-7
- Bohra AK, Doyle T, Harvey C. True Aneurysm of Femoro-popliteal Vein Graft. *Int J Clin Pract* 2001; 55(10): 725-726
- Bohra AK, Diamond T. Endometrioma of the Liver. *Int J Clin Pract* 2001; 55(4): 286-287
- Pitale A, Bohra AK, Diamond T. Management of Symptomatic Liver Cysts. *Ulster Med J* 2002; 71(2): 106-110
- Anand A, Parmeshwar R, Bohra AK. Pyrexia of Unknown Origin: A diagnostic Challenge. *Gut* 2008; Published online for the British Society of Gastroenterology conference March 2008.

Abstracts:

- Moussa G, Thomson P, Bohra A. Laparoscopic repair of herniation of a liver volvulus through the diaphragm. *Br J Surg* 2013; 100 (Suppl. 7): 115-225
- Patient's Rights In The New NHS – Evaluation from a DGH. *British Journal of Surgery* 2011; 98(S3): 1-80
- Who to Operate – Does Patient have a Choice? . *British Journal of Surgery* 2011; 98(S3): 1-80
- Long Term Outcome Following Open Mesh Repair of Inguinal Hernia and the Impact on Daily Activity – *British Journal of Surgery* 2010; 97(S2): 76–202
- Does Body Position Affect the Intra-Abdominal Workspace During Laparoscopic Surgery in the Obese Patient? - *British Journal of Surgery* 2010; 97(S2): 76–202

- Shaw S, Capozzi P, Chohda E, Bohra AK A Snapshot of UK Practice in the management of Acute pancreatitis. British Journal of Surgery 2008; 95(S3): 1-84
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- Wong P, Kumar S, Bohra AK, Leaper DJ. Does Systemic Warming Have Any Value in Peritonitis? An Interim Analysis Using Predicted Mortality Rate of APACHE II Score. European Surgical Research, 2004. 36 (suppl 1): 12.

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- Wong P, Kumar S, Bohra AK, Leaper DJ. Does Systemic Warming have any Value in Peritonitis? An interim Analysis Using Predicted Mortality Rate of Apache II Score. European Surgical Research, 2004. 36 (suppl 1): 12
- Wong P, Kumar S, Bohra AK, Whetter D, Leaper DJ Perioperative Systemic Warming Reduces Morbidity and 30 day Mortality after Elective Major Abdominal Surgery. Surgical Infections, 2004. 5 (1): 131
- Wong PF, O'Dair GN, Bohra AK, Baker EA, Leaper DJ Systemic Warming as an Adjunct to Standard Antibiotics and Fluids in Peritonitis. Wound Repair and Regeneration 2003; 11 (5): A42
- Bohra AK, McKie L, Diamond T. Transduodenal Excision of Ampullary tumours. HPB 2001; 3(11): 126

#### **CASE PRESENTATION (UK National Meeting)**

- March 2008: British Society of Gastroenterology , Annual Scientific meeting, Birmingham : Pyrexia of Unknown Origin – A Diagnostic Challenge

#### **ORAL PRESENTATIONS (National and International)**

- Jan 2016: Upper Gastrointestinal Surgeon Attitudes Towards Management of Refractory Gastroesophageal Reflux Disease in Obese Patients. ALS, GB
- Nov 2013: Surgical Advances in Gastric Cancers in the UK, Kandy Chapter of College of Surgeons, Sri Lanka
- May 2011: Who to Operate – Does Patient have a Choice? ASGBI, 2011, Bournemouth

- May 2011: Patient's Rights In The New NHS – Evaluation from a DGH. ASGBI, 2011, Bournemouth
- May 2008: A Snapshot of UK Practise in the Management of Acute Pancreatitis; ASGBI, 2008, Bournemouth
- Nov 2006: Surgery for Oesophago-gastric cancer, Upper GI Cancer Study Day, Wrightington Hospital
- Jan 2004: The Value of Perioperative Warming in Major Abdominal Surgery, SARS, Belfast
- Sept 2003: Prewarming Patients for Elective Gastrointestinal Operations - Outcome Measure Using POSSUM, XXVIIIth Sir Peter Freyer Memorial Lecture and Surgical Symposium, Dublin
- June 2003: The use of POSSUM Scoring to Evaluate The Outcome of Prewarming in Patients Undergoing Elective Major Abdominal Surgery, Irish Society of Gastroenterology, Belfast
- May 2003: The effects of perioperative systemic warming on outcomes of elective major surgery, The North of England Surgical Society, Annual Meeting, University Hospital of North Tees, Stockton on Tees.
- April 2003: Systemic Perioperative Warming in Elective Major Abdominal Surgery – A Prospective Randomised Controlled Trial Third Annual Research and Development Conference, University Hospital of North Tees, Stockton on Tees
- May 2001: Transduodenal Excision of Ampullary Tumours, International Hepato-Pancreato-Biliary Association, European Chapter, Amsterdam

#### **POSTER PRESENTATIONS**

- 2014: Can Preoperative Investigations Predict Outcome Following Laparoscopic Nissen Fundoplication? AUGIS, Brighton

- 2013: Volvulus of the Liver with Intra-thoracic Herniation, ASGBI, Glasgow
- 2011: Poster of Excellence: Patient's Rights In The New NHS – Evaluation from a DGH : ASGBI Bournemouth
- 2010: Long Term Outcome Following Open Mesh Repair of Inguinal Hernia and the Impact on Daily Activity; ASGBI, Liverpool
- May 2008: A Snapshot of UK Practice in the Management of Acute Pancreatitis. Accepted for ASGBI (Association of Surgeons of GB and Ireland) annual scientific meeting as Poster of Distinction, Bournemouth, UK
- Sept 2007: “Can Anastomotic Leak be pre-empted by dye test during surgery for oesophago-gastric resections?” - AUGIS (Association of Upper GI Surgeons of GB and Ireland), Cardiff, Wales.
- May 2005: Randomised controlled trial of peri-operative systemic warming in elective major abdominal surgery. 2<sup>nd</sup> Joint Meeting of Surgical Infection Society and Surgical Infection Society –Europe, Miami, Florida, United States of America.
- May 2004: Perioperative systemic warming reduces morbidity and 30-day mortality after elective major abdominal surgery. XXXIX<sup>th</sup> Congress of the European Society for Surgical Research, Athens, Greece.
- Jan 2004: The Value of Perioperative Warming in Major Abdominal Surgery, SARS Belfast (Selected for president’s poster prize award).
- Jan 2004: Preliminary Results of Randomised CT of Systemic Warming in Peritonitis: Using APACHE II as Outcome Measure, SARS, Belfast
- Sept 2003: The Influence on Wound Healing and Infection in Major Elective Abdominal Surgery Due to Systemic Perioperative Warming - A Prospective Randomised Controlled Trial, European Tissue Repair Society, 13<sup>th</sup> Annual Meeting, Amsterdam

- Sept 2003: Systemic Warming as an Adjunct to Standard Antibiotics and Fluids in Peritonitis European Tissue Repair Society, 13<sup>th</sup> Annual Meeting, Amsterdam
- June 2003: The use of POSSUM Scoring to Evaluate The Outcome of Pre warming in Patients Undergoing Elective Major Abdominal Surgery, Irish Society of Gastroenterology, Belfast (selected for Best Poster session)
- June 2003: Warming as an Adjunct to Standard Resuscitation in Patients Presenting with Intra-Abdominal Emergencies, Irish Society of Gastroenterology, Belfast
- May 2003: Systemic Perioperative Warming in Elective Major Abdominal Surgery – A Prospective Randomised Control Trial European Society of Surgical Research (ESSR), Ghent, Belgium
- May 2001: Transduodenal Excision of Ampullary tumours, International Hepato-Pancreato-Biliary Association, European Chapter, Amsterdam (selected for Excellent Posters session).

#### **COURSES and WORKSHOPS**

- May 2016: Gastric Balloon Workshop, European Centre of Excellence, Schon Klinik, Nurnberg Furth, Germany
- March 2016: Advanced Gastric Bypass and Complications Workshop, Nice, France
- January 2016: Stretta Therapy, Middlesbrough
- June 2015: Fast Track Bariatrics - Oslo
- I have done all the Mandatory Courses in my Trust.
- August 2014: Fast Track Bariatric Surgery, Rotterdam
- February 2014: Post Graduate Diploma in Clinical Education, Leeds, Royal College of Surgeons and Physicians of Glasgow and ABP
- September 2012 to August 2013: NHS Clinical Leadership Fellowship (The King's Fund, Birmingham University and Manchester Business School)
- February 2013: Appraiser Training for Consultants, Russells Hall Hospital
- February 2013: Royal College MRCS Examiner Training, RCS Edinburgh
- January 2013: Adult Resuscitation Update, Russells Hall Hospital



- February 2012: QA Panel Member Training Session, Birmingham Deanery
- June 2012: Training The Trainers, Update, Birmingham
- May 2011: Advanced Communications Skills, Wolverhampton.
- April 2011: Adult Resuscitation, Russells Hall Hospital, Dudley
- March 2011: E-job planning, Russells Hall Hospital, Dudley
- March 2011: Senior Clinical Examiners Briefing, Medical School, Birmingham
- March 2011: Equality and Diversity, Dudley
- Certificate for Bond Solon Civil Procedures Rule for Expert Witnesses (I am fully familiar with CPR 35 and PD35) in 2011
- June 2009: Laparoscopic/ Thoracoscopic Cadaveric Upper GI Surgery, Bristol
- March 2009: Laparoscopic Ultrasound Course, Yeovil
- Sept 2008: Laparoscopic Bariatric Hands-on Training, St-Jan's A.V., Bruges, Belgium
- Sept 2008: Laparoscopic Colorectal Immersion Course, Bradford Royal Infirmary
- May 2008: Conducting Difficult decisions, RAEI, Wigan
- July 2007: Leading / chairing effective meetings, RAEI, Wigan
- June 2007: Dealing with Aggressive Patients, Wrightington Hospital
- Nov 2006: Controversies in oesophago-gastric surgery Association of Upper GI surgeons (AUGIS) and Spanish Surgeons, Joint Meeting, Madrid
- May 2006: Training the Trainers; RCS Edinburgh, Edinburgh
- April 2006: Laparoscopic Fundoplication Course, NUGITS, Hexham
- Nov 2005: Laparoscopic Inguinal Hernia Repair, NUGITS, Hexham
- Oct 2005: Basic and Advanced Life Support Update, Wigan
- April 2005: Laparoscopic Incisional Hernia Repair, LIMIT, Leeds
- Feb 2005: Leeds Laparoscopic Bariatric Surgery Course, LIMIT, Leeds
- June 2004: Management Course in Surgical Speciality for Specialist Registrars, Keele University
- March 2004: D2 Gastrectomy Course, Royal College of Surgeons, London
- May 2003: Workshop on Laparoscopic and Robotic surgery, Ghent, Belgium
- April-May 2003: Statistics for MD-PhD, Newcastle University
- June 2002: CCrISP (Care of the Critically Ill Surgical Patient), Belfast
- April 2001: Hepatobiliary Master Class, Belfast
- Sept. 1999: London Advanced Gastroenterology, UCL, London
- May 1999: British Trauma Master Class, Belfast
- July 1999: Advanced Laparoscopic Surgery, LIMIT, Leeds.

- Oct 1997: ATLS, RCS Edinburgh
- May 1997: Basic Endoscopy, Dartford
- Sept 1996: Laparoscopic Surgery, LIMIT, Leeds
- Oct 1996: Radiation Protection, Blackburn

#### **ONLINE CPD / CME ACTIVITIES**

- ◆ Acute Onset of Abdominal Pain – Medscape (April 2008)
- ◆ Haemorrhoid Management Reviewed – Medscape (April 2008)
- ◆ The Value of Routine Histopathological Examination of Appendicectomy Specimens – Medscape (April 2008)
- ◆ Basic Paediatric Life Support – Royal College of Surgeons of England (Nov 2007)
- ◆ Bariatric Surgery Improves Survival in Obese Patients – Medscape (Nov 2007)
- ◆ Recommendations Issued for Acute Pancreatitis – Medscape (Nov 2007)
- ◆ Consent 2: Tricky Situations – UK Conference of Educational Advisers (Nov 2006)
- ◆ The acute abdomen – Royal College of Surgeons of England (Sept 2006)

#### **CONFERENCES**

- January 2016: BOMSS (British Obesity and Metabolic Surgical Society), Annual Scientific Meeting,
- November (2-6) 2015: Obesity Week, Los Angeles
- March (25-26) 2015: Surgical Controversies in the Bariatric and Metabolic Specialty – Symposium; European Surgical Institute, Hamburg, Germany
- May 2014: The 4th Homerton Bariatric Surgery Symposium, London.
- January 2014: BOMSS (British Obesity and Metabolic Surgical Society), Annual Scientific Meeting, Leamington Spa.
- November 2013: Academic Session on Surgical Advances in the UK, College of Surgeons of Sri Lanka, Kandy, Sri Lanka
- May 2012: ASGBI, Annual Scientific Meeting, Liverpool
- May 2011: ASGBI, Annual Scientific Meeting, Bournemouth
- April 2011: Advanced Investigation Skills, Legal Master class, London (2011)
- March 2011: Bill Owen Upper GI Symposium, London,
- Feb 2011: Birmingham and Black Country Comprehensive Local Research Network (BBC CLRN) Industry Showcase Event, Birmingham

- Nov 2010: Upper GI Cancer Network TSSG Clinical Leads Workshop, London
- Nov 2010: The Annual Bond Solon Expert Witness Conference, London
- April 2010: ASGBI, Liverpool
- March 2010: Enhanced Recovery Programme Workshop, DOH, Liverpool
- Nov 2009: Legal Aspects of Surgical Practice, RCS England, London
- Sept 2009: Minimal Invasive Oesophagectomy in the UK, A Status Evaluation Conference; Oxford
- Sept 2009: Association of Upper GI surgeons (AUGIS) of GB and Ireland- annual scientific meeting, Nottingham
- June 2009: Symposium on the Management of Neuroendocrine Tumours, Birmingham
- March 2009: Bill Owen Oesophago-Gastric Symposium (meet the experts), RCS England, London
- Sept 2007: Association of Upper GI surgeons (AUGIS) of GB and Ireland- annual scientific meeting, Cardiff
- Sept 2007: Medico Legal Course, Leeds
- July 2007: New Perspectives in Advanced Gastric Cancer, Warrington
- April 2007: Pfizer Oncological Forum, Windsor
- March 2007: 9<sup>th</sup> Bill Owen Oesophago-Gastric Symposium, RCS England, London
- Nov 2006: Association of Laparoscopic Surgeons (ALS) of Great Britain and Ireland Annual Scientific Meeting, Leeds
- Nov 2006: Association of Upper GI surgeons (AUGIS) and Spanish Surgeons, Joint Meeting, Madrid
- Nov 2006: Upper GI Cancer Study Day, Wrightington Hospital
- Sep 2006: AUGIS – Annual Scientific Meeting, Edinburgh
- March 2006: MDT approach to GIST, Christie Hospital; Manchester
- March 2006: 8<sup>th</sup> Bill Owen Oesophago-Gastric Symposium, RCS England, London
- Nov 2005: How To Be A Consultant Surgeon, ASGBI, London
- April 2005: Annual Scientific meeting of Association of Surgeons of Great Britain and Ireland (ASGBI), Glasgow
- April 2004: Annual Scientific meeting of ASGBI, Harrogate
- Jan 2004: SARS, Belfast
- June 2003: Irish Society of Gastroenterology, Belfast
- May 2003: European Society of Surgical Research, Ghent, Belgium

- May 2003: The North of England Surgical Society, Annual Meeting, University Hosp. of North Tees, Stockton on Tees
- April 2003: Third Annual Research & Development Conference, University Hosp. of North Tees, Stockton on Tees
- May 2002: Annual Scientific meeting of ASGBI, Dublin
- May 2001: International Hepato Pancreato Biliary Association (IHPBA), Amsterdam
- September 2000: Annual Scientific meeting of ASGBI, Newcastle-upon-Tyne
- 2000, 2001: Ulster Medical Society, Annual Conference, Belfast

### **Medico Legal Courses and Conferences**

- I am familiar with CPR 35 and PD35 for expert witnesses (Bond Solon Certificate)
- The Bond Solon Course on Civil Procedures Rule for Expert Witnesses.
- March 2016: Mock Inquest, Derby Teaching Hospital NHS Foundation Trust.
- Nov 2011: The Annual Bond Solon Expert Witness Conference, London
- April 2011: Advanced Investigation Skills, London
- Nov 2010: The Annual Bond Solon Expert Witness Conference, London
- Nov 2009: Legal Aspects of Surgical Practice, RCS England, London
- Sept 2007: Medico Legal Course, Leeds

### **Hobbies and Other activities**

I try to actively pursue general physical fitness and yoga. Time permitting, I play cricket and badminton and enjoy watching football.

### **Languages**

I can fluently communicate in English, Hindi, Urdu, Bengali and Rajasthani.

### **CAREER SUMMARY**

I have been working in the NHS for 21 years. After completing my CCST in 2005, I am employed as a substantive Consultant General/Upper GI surgeon with advanced laparoscopic, Bariatric and Oncological interest. I have had a wide general, oncological and laparoscopic experience. I remain an integral part of a dynamic multi-faceted, multi-disciplinary team, and continue providing a high quality service while pursuing and widening the Upper GI benign laparoscopic and oncological interest. At a national level, I am part of NICE Quality standards Advisory Committee, National PEER Review Committee for Upper GI

Surgery, and Royal College of Surgeons Examiner. I cover all general surgical emergencies as part of the on-call team. I have always been interested in medical education.

I have been providing medico legal services for the last 6 years for individual solicitor firms and expert medical report companies like Premex, IMR, Doctors Chambers, LMA, and Capita. I provide reports for a variety of general and gastrointestinal Surgical cases, Personal injury, Accident claims and Negligence claims. I have experience of providing report for claimants, defendants and joint representation and joint reporting.