

SUMMARISED CURRICULUM VITAE

Name: Dr. Ray ARMSTRONG **Date of birth:** 24th November 1949

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Medical Education: Cambridge University 1968 - 1971
Guy's Hospital Medical School 1971 - 1974

Honours and awards:

- Sims-Black Travelling Scholarship to Rhodesia. Oct. to Dec. 1972
- Winthrop Travelling Award 1981
- Finalist in EASA 98 (European Academic Software Awards 1998)
- Awarded a Certificate of Commendation in the BMA Medical Book Competition in 1998.
- Bronze NHS Clinical Excellence Award – October 2004 – 2014
- Currently Level 6 Clinical Excellence award points locally.
- NHS Leadership in Health Informatics Award 2004
- Hospital Doctor Award for Rheumatology Team of the Year - November 2005
- 'Healthcare Champions' Award to Southampton Rheumatology Unit by National Rheumatoid Arthritis Society 2006.
- BSR Best Practice Rheumatology Award (Outstanding category) to Rheumatology Unit 2014.
- Southampton designated EULAR Centre of Excellence in Rheumatology – August 2015

Membership of Societies:

British Society for Rheumatology
Royal College of Physicians of London
Royal Society of Medicine

Qualifications:

BA (Cantab. Part II Pathology Course) 1971
BChir (Cantab.) July 1974
MA MB (Cantab.) January 1975
MRCP March 1977
FRCP April 1992

Date of Full Registration with GMC (No 1737220): 9th September 1975.
I hold a licence to practise and my revalidation date is 4 August 2026.

Medical Defence Organisation:

Medicas/Hiscox Insurance Co Ltd.

Most recent Appointment:

Formerly Consultant Rheumatologist, UHS NHS Foundation Trust. Appointed January 1st 1985.
Honorary Clinical Senior Lecturer in Rheumatology, University of Southampton.
Retired from full time NHS contract in May 2019 – fully retired from part-time contract on 31 March 2024. I continued in regular clinical practice on a twice monthly basis in Guernsey until 31 August 2025.

Previous training:

Various jobs at Guy's and other hospitals in South East London and Kent.
Senior Registrar in Rheumatology in Guy's Rotation. 1979-1984
ARC Research Fellow in Rheumatology at Guy's Hospital. 1980-1981

Publications:

I have authored or co-authored numerous professional publications, mostly peer-reviewed. In 1997 I authored and programmed an interactive CD ROM on Rheumatology which was published by Cambridge University Press. I have also refereed numerous papers for a variety of medical journals.

Clinical Work:

I have provided a monthly visiting rheumatology service to Guernsey since 1997. Clinical Lead for Rheumatology in Southampton from 1998-2014.

Other work experience:

Visiting Professor of Rheumatology, Al Mouwasat Hospital, Dammam, Saudi Arabia – 28th January 2000 to 10th February 2000. (Conducting clinics and lecturing). I have also worked privately but ceased private practice on 31 March 2024. I prepare medicolegal reports on a regular basis on various matters including personal injury and medical negligence. I have acted as a referee for several rheumatology learned journals.

Medicolegal work:

I am asked to prepare reports by solicitors working on behalf of the claimant and the defendant in a ratio of approximately 65:35. There is also a small number of Joint Instructions. I currently prepare 50-60 medicolegal reports each year. I undertake clinical negligence work and also regularly prepare reports for the MDU, MPS and MDDUS and the GMC. I am a member of the UK Register of Expert Witnesses and a member of The Faculty of Expert Witnesses for Doctors. I have given evidence in Court on many occasions and have been preparing reports for more than 30 years. In November 2012 I attended a SpecialistInfo Medical Negligence Course in the Strand, London and since November 2016 onwards, the Annual Bond Solon Expert Witness Conference in London as well as other CPD activities relevant to medicolegal work.

I confirm that I act in accordance with the guidance “Acting as an expert or professional witness – Guidance for healthcare professionals”, which is endorsed by the Royal College of Physicians of London and is consistent to the standards and guidance of the General Medical Council.

Teaching:

I have been involved in delivering undergraduate teaching in rheumatology for medical students at Southampton University Medical School and have also frequently actively participated in postgraduate medical education for General Practitioners, junior hospital doctors in training and other professional groups allied to medicine.

Medical Informatics:

I pursued an active interest in the application of IT to healthcare and in addition to my work for the National Library for Health (now NHS Evidence) I was involved in developing an electronic patient record application for my specialty in Southampton. For this I received an NHS Leadership in Health Informatics Accolade Scheme award in 2004.

Other activities and responsibilities:

- Appointed to the Technology Appraisal Committee of NICE in 2007 – until 2017.
- Formerly Clinical Lead for the Specialist Collections for Musculoskeletal Diseases and Trauma & Orthopaedics of NHS Evidence.
- Vice-Chair of the Publications Advisory Group of the Arthritis Research Campaign and formerly member of the Education Strategy Committee.
- Formerly member of Council of UKCHIP (UK Council for Health Informatics Professions).
- I was Chair of the Wessex Clinical Services Committee for Rheumatology and Regional Specialty Adviser for Rheumatology from 2002-2005.
- In collaboration with the Faculty of Electronics and Computer Science at Southampton University I developed an interactive educational website primarily for medical students with a grant from the Arthritis Research Campaign. (www.jointzone.org.uk) - adopted by Arthritis Research UK and supported by an ongoing grant, until 2022.
- I have been a member of the Executive of the International League of Associations for Rheumatology (ILAR) and was responsible for the administration and development of their website (1998 – 2005).
- I have been a member of the Editorial Board of Clinical Rheumatology.
- Trustee of Southampton Rheumatology Trust (current) – a charitable trust that seeks to help local rheumatic

disease sufferers through research and practical help.

- Until 2006 – President of Romsey branch of Arthritis Care.
- Past member of Selection Subcommittee of the Faculty of Medicine in Southampton for 5 years.

February 2026