

**MR PRADEEP THUMBIKAT MS FRCS
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ADDRESS

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DATE OF BIRTH

30 May 1969

QUALIFICATIONS

MBBS 1994; MS (Orth) 1997; M Sc (Orth Eng) 2005; FRCS (Glasg) 2000
CCST Rehab Medicine 2006
GMC Registration Number: 5199697

AREAS OF SPECIAL INTEREST

Spasticity and Contracture Management
Complex Pressure Sore Management
Surgical rehabilitation and hand function in high spinal cord injury

MEMBERSHIP OF PROFESSIONAL BODIES

Member of British Society of Rehabilitation Medicine (BSRM)
Member - British Medical Association (BMA)
Member – British Association of Spinal Cord Injury Specialists
Member - International Spinal Cord Society (ISCOS)

OTHER PROFESSIONAL ROLES

Executive Committee Member Of UKSCIRN (U K Spinal cord Injury Network)
Programme Director for Rehabilitation medicine post graduate programme (SYorks and Trent)
Member of the Royal College of Physicians Specialist Advisory Committee on Rehabilitation
Medicine
Clinical Governance Lead for Specialised Rehabilitation
Medical lead for patient partnership
Educational supervisor for Foundation and Specialist Training
OSCE examiner for Sheffield Medical School

TEACHING

Regular lecturer at the Sheffield Neuro Urology Course for Specialist Registrars
Formal lectures to medical students at Sheffield and Nottingham medical schools
Regular lectures on the Sheffield Link Nurse Development Programme

GRANTS AND FELLOWSHIPS

Royal College of Physicians and Surgeons Travelling Fellowship – November 2004
Ethicon Travelling Fellowship – November 2004
Ernest Finch Memorial Fellowship – June 2005

SELECTED PUBLICATIONS AND PRESENTATIONS

Papers Published

1. Thumbikat P, Hariharan RP et al . Spinal cord injury in patients with ankylosing spondylitis – 10 year review.; Spine 2007 Dec 15; 32 (26): 2989-95
2. Thumbikat P, Bailey C, Datta D. Orthoses for neck control; ACNR 2006 July 6 (3) 18-19
3. Thumbikat P, Tophill PR. Autonomic Dysreflexia ; J. R. Soc Med. 2003 Dec; 96(12) : 618 - 9
4. Thumbikat P, Ravichandran G, McClelland MR. Neuropathic Lumbar Spondylolisthesis – A Rare Trigger for Autonomic Dysreflexia; Spinal Cord. 2001 Nov;39(11):564-7.
5. Thumbikat P, Abdlsalam K, Howard AC. Atypical Traumatic Sacrolisthesis Following Minimal Trauma; Injury. 2002 May; 33(4):371-3.
6. Morcos SM, Thumbikat P, Poonnoose P et al . Helical Spiral CT Reconstructions in Spinal Injury – A Pictorial Review; Published as a monograph by Siemens, April 2002

7. Abdslam K, Thumbikat P, Gibson RJ. Anaerobic Infection of the Spine in an Intravenous Drug Abuser; *J Infect.* 2002 Aug;45(2):110-2
8. Thumbikat P, Poonnoose P, Balasubrahmaniam K, Ravichandran G, McClelland MR. Thromboprophylaxis in Spinal Cord injury – The Sheffield Experience; A comparison of warfarin and enoxaparin; *Spinal Cord.* 2002 Aug;40(8):416-20.
9. Ravichandran G, Thumbikat P, McClelland M R – Medicolegal implications of missed injuries of Spinal Cord – Abstracted in Volume 144, Issue 7, pp A1-A41 of *Acta Neurochirurgica*
10. Thumbikat P, Ravichandran G, McClelland MR – Spinal cord injuries in ankylosing spondylitis – poster at 43rd ISCO annual scientific meeting. Athens, Greece, Sept 2004
11. Ravichandran G, Thumbikat P, McClelland M R, Curley R, Wong S – Comprehensive Management of Pressure Sores – Sheffield model. Poster at 43rd ISCO annual scientific meeting. Athens, Greece, Sept 2004

Text Book Chapters and Review Articles

1. Managing spinal cord injury : The first 48 hours - Chapter on ‘SCI in Older People’ – ed Harrison P; Published by SIA, 2007
2. Management of Spinal injuries – Chapter on Management of Spinal Cord Injuries in Textbook of Spinal Cord Injury Management ed Dean/Freestone; Elsevier Science - awaiting publication
3. Thromboprophylaxis in Cervical Trauma – Chapter on diagnosis and management of DVT in SCI patients in Textbook of Cervical Trauma ed . Vaccaro.
4. Spinal Cord Injury Management – Article in *Surgery*, 2009 edition; Medicine Publishing Company

Dissertation

1. Role of periosteal and perichondrial grafting in biological resurfacing of articular cartilage – 1997 – Dissertation as part of MS course
2. Energy expenditure and gait characteristics in trans tibial amputees using energy storage and return prosthesis – dissertation submitted in Dec 2004 to Cardiff University towards the completion of MSc course

PODIUM PRESENTATIONS

National and International

Basu B, Thumbikat P et al – **Psychiatric diagnosis, Subsequent Spinal Cord Injury and long term follow up; A retrospective review** – Presentation at ISCOS annual scientific meeting. Durban, Sept 2008

Thumbikat P, Datta D : **Effect of changing from conventional multiaxial ankle / feet to two designs of high energy return feet in established transtibial amputees.** Accepted for presentation at ISPO Congress, Vancouver, July 2007

Hussain N, Jepson F, Thumbikat P et al – **Trampoline accidents causing spinal cord injury.** Presentation at ISCOS annual scientific meeting. Reykjavik, June 2007

Parambil V, Thumbikat P, Ravichandran G, McClelland MR – **SARS in SCI** – Presentation at ISCOS ASIA annual scientific meeting. Boston, June 2006

Ozdolap S, Thumbikat P, Tophill PR, Ravichandran G, McClelland MR – **Pressure sores in SCI; 10 year review** – Presentation at ISCOS ASIA annual scientific meeting. Boston, June 2006

Thumbikat P, Beechey A, Ravichandran G, McClelland MR – **Tracheostomy related complications in SCI** - Presentation at ISCOS ASIA annual scientific meeting. Boston, June 2006

Ravichandran G, Thumbikat P, McClelland M R – **Intrathecal Baclofen Overdose** - Presented at the 20th Guttman memorial multidisciplinary meeting, Stoke Mandeville ; June 2003

Ravichandran G, Thumbikat P, McClelland M R – **Medicolegal implications of missed injuries of Spinal Cord** – Presented at 3rd EMN congress, Newcastle upon Tyne; June 2002

Thumbikat P, McClelland MR, Ravichandran G: **Thromboprophylaxis in Spinal Injury Patients: The Sheffield Experience;** Presented at the 18th Guttman memorial multidisciplinary meeting, Oswestry; June 2001

Thumbikat P, Puthur D: **Methyl Methacrylate Augmented Internal Fixation Of Pathological Fractures.** Paper At Indian Orthopaedic Association - National Conference, Dec 98, Jabalpur, India

