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Dr Joanne Stuart
(BSc (Hons), DClinPsy, CPsychol, AFBPsS)

Experience:

2011 – Present

Highgate Hospital

London

Private Clinical Psychologist

- Expert provision of Cognitive-Behavioural Therapy to professionals, people in the public eye and people from corporate backgrounds.
- Expertise in the treatment of depression and all anxiety disorders including PTSD, OCD, Phobias, work related stress, social anxiety and generalised anxiety disorder.
- Trauma clinic for individuals who have experienced simple and complex traumas.
- Medico-legal work: assessments and clinical psychology specialist reports for the court. This includes over 50-70 reports conducted per year.

March 2014 – September 2014 Camden and Islington NHS Foundation Trust

Clinical Psychologist (Adult mental health)

- Clinical lead for an Islington GP service: managing the provision of a primary care psychology service with one of the largest GP practices in Islington.
- Older Adult (OA) lead for Islington South sector: provision of a high quality service to meet the needs of clients and ensuring commissioner targets are met.
- Management of volunteers within iCope: ensuring a good balance between the needs of the service and positive learning experiences for the volunteers.
- Providing high quality and time-limited CBT treatment to highly complex presentations.
- Supervision and training.

2008 – 2014

CNWL NHS Foundation Trust

London

Clinical Psychologist (Adult mental health)

- Assessment and intervention for mild to severe mental health problems.
- Provision of supervision, training and consultation to psychology and other health professional colleagues.

- Research.
- Service development.

2011- 2013 CNWL NHS Foundation Trust London

Highly Specialist Clinical Psychologist (Adult mental health)

- Assessment and intervention for highly complex mental health problems.
- Provision of supervision, training and consultation to psychology and other health professional colleagues.
- Management of Honorary Assistant Psychologists for trust wide Recovery Service.
- Research
- Service development.

2004 – 2007 Camden and Islington Mental Health Trust London

Trainee Clinical Psychologist (Various)

- Systemic family therapy (Marlborough Family Therapy Service).
- Assessment and intervention with children, adults, older adults and people with a learning disability.
- Neuropsychological, psychometric assessments and research.

2003 – 2004 Bromley PCT London

Assistant Psychologist (Learning disabilities)

- Assessment and intervention.
- Training, consultation and research.

2002 – 2003 Kent and Medway NHS Trust Kent

Assistant Psychologist (Adult mental health)

- Assessment and intervention.
- Training, consultation and research.

2001 – 2002 UCL Hospitals NHS Foundation Trust London

Assistant Psychologist (Neuropsychology)

- Assessment and intervention.
- Research.

Education and CPD:

- 2015 British Psychological Society
An introduction to sleep: psychobehavioural assessment and treatment strategies for people with insomnia.
- 2015 British Psychological Society
Trauma and dissociation.
- 2014 British Association of Cognitive and Behavioural Psychotherapists
PTSD and Attachment Theory
- 2013 Bond Solon
The Bond Solon Civil Procedure Rules Expert Witness Certificate
- 2013 British Psychological Society
Imagery and PTSD
- 2012 Specialist Info
Medico-legal expert witness
- 2010 Institute of Psychiatry
Achieving Excellence in Cognitive-Behavioural Therapy
- 2004 – 2007 University of East London
Doctorate in Clinical Psychology - Pass
- 1997 – 2000 University College, London
BSc (Hons) Psychology - 2:1

Professional bodies and accreditation.

Dr Stuart is HCPC registered, she is an Associate Fellow of the British Psychological Society and she has full accreditation with the British Association of Behavioural and Cognitive Psychotherapists.

