

MEDICO-LEGAL CURRICULUM VITAE
JULIUS BOURKE, MBBS, MRCPsych, Approved Clinician (MHA 1983/2007)
Julius.bourke@nighthingalehospital.co.uk

Personal Information

<u>Name:</u>	Julius Hereward Bourke	<u>GMC:</u>	6027860
<u>Date Of Birth:</u>	16 th October 1976	<u>RCPsych:</u>	813297
<u>Nationality:</u>	British	<u>CCT:</u>	2010/01914/01
<u>MPS:</u>	274980	<u>Specialty:</u>	General Adult & Liaison Psychiatry

Professional Qualifications

2015: Section 12(2) MHA 1983 Approval (renewed 2015)/Approved Clinician
2006: MRCPsych (first attempt)
2004: MRCP part I (first attempt)
2001: MBBS (first attempt)

Present Appointment (full time)

Private Practitioner (Consultant)	2015 – present	Neuropsychiatry, Re:Cognition Health, London
Private Practitioner (Consultant)	2012 – present	General Adult, Liaison & Neuropsychiatry, Nightingale Hospital, London
Clinical Lecturer	2010 – present	Neurophysiology & Clinical Psychiatry, Barts and The London SMD, QMUL
Honorary Consultant	2010 – present	Liaison Psychiatry, Barts Health & East London NHS Foundation Trust

Independent (private) Practice

Admitting rights at The Nightingale Hospital in London
I am recognised as a consultant private practitioner and healthcare provider by most major insurance providers

Medico-Legal Practice

Enrolled on the Cardiff University Law School & Bond Solon Expert Witness qualification programme (CUBS).

Waiting time for next Medico Legal appointment:	Within 7 days
Waiting time from appointment to report:	Same Week Service
Prison visits undertaken:	Yes
Weekend visits undertaken:	Available on request
Defendant: Claimant	20:80 (as of September 2015)

Expertise & Special Interests:

- Fitness to plead
- General Hospital Psychiatry (liaison psychiatry)
- Stress-related disorders
- Psychological consequences of physical disorders and their treatment
- Chronic Fatigue Syndrome
- Fibromyalgia
- Functional gastrointestinal disorders
- Chronic pain
- Occupational stress
- Psychosomatic illnesses
- Post Traumatic Stress Disorder
- Depression/Anxiety
- Psychological consequences of trauma, e.g. RTAs
- Disorders of impulse-control
- Phobias
- Depressive and anxiety disorders
- Addictive disorders
- Personality disorder
- Pre sentence reports
- Risk assessments/Dangerousness
- Battered partner syndrome
- Criminal responsibility
- Child contact and custody
- Parental assessments
- Drug and alcohol issues
- Parole board reports
- Life sentence reports
- Medical negligence

Professional Memberships

General Medical Council
Medical Protection Society
Royal College of Psychiatrists
European Association of Psychosomatic Medicine
British Pain Society
International Association for the Study of Pain

British Association of Psychopharmacology
European College of Neuropsychopharmacology
British Neuropsychiatry Association
British Neuroscience Association
Federation of European Neuroscience Societies
Organisation of Human Brain Mapping

Career Summary

I am currently an Honorary Consultant General Adult and Liaison Psychiatrist and Clinical Lecturer at Barts and The London School of Medicine and Dentistry. My principle interests lie in general adult psychiatry, neuropsychiatry and liaison psychiatry. My CCT is in general adult and liaison psychiatry. I have extensive clinical, management and educational experience, including in tutoring and teaching on a number of university and NHS Trust courses. My current research involves the investigation of the neurophysiology of chronic idiopathic pain using a specialised neuroimaging method.

Clinical skills, expertise and experience (see appendix 1)

I have 14 years clinical experience and over 11 years of psychiatric experience. I have worked at Consultant level for 5 years. I am experienced in the clinical assessment, risk assessment and management of patients on psychiatric wards (general adult, intensive care and clinical decision units), general medical and surgical wards, outpatient departments and emergency departments, police stations and in the community.

I am trained and experienced in assessments for the Mental Health and Mental Capacity Acts and am an approved clinician in the terms of The Mental Health Act. I am experienced in medico-legal assessments and report writing and have been instructed as an independent medical examiner by insurance providers.

I have received formal training in the writing of court reports as a trainee (working at the John Howard Centre Forensic Secure Unit in Hackney and the Intensive Care Unit at Goodmayes Hospital) and from The Royal College of Psychiatrists as a consultant (2011), whilst currently being enrolled on the Cardiff University Law School & Bond Solon Expert Witness qualification programme (CUBS).

I have extensive clinical experience in the specialist assessment and management of chronic pain, functional somatic syndromes (in particular chronic fatigue syndrome, fibromyalgia and functional gastrointestinal disorders), neuropsychiatric disorders and in pre and post-operative assessment for deep brain stimulation.

My higher specialist training included posts in General Adult Psychiatry (acute, inpatient and community), Neuropsychiatry and Liaison Psychiatry. My junior specialist training included posts in General Adult Psychiatry (acute, inpatient and community), Forensic Psychiatry, Liaison Psychiatry, child and adolescent psychiatry, psychiatric intensive care, psychotherapy, assertive outreach and mental health care of older people. I additionally spent time working as a junior trainee (Senior House Officer) in Neurology and Accident and Emergency Medicine.

Special Awards, Honours and Distinctions

Scholarship to The European School of Neuropsychopharmacology, 2011
Scholarship to The Neuroscience School of Advanced Studies, 2011
Nomination for Draper's Award for Excellence in Teaching at QMUL, 2011
Accident and Emergency department team audit prize, 2003
St. Clements Prize for the best trainee presentation, 2005/6
Morris Markowe Prize for public education in psychiatry 2007 (Royal College of Psychiatrists)
The Eating Disorders Association National Essay Prize, 1999

Research and publications (selected – complete list available on request)

I have a track record of research and associated publications / conference work. Full details are available on request.
I currently oversee the management of grant funding totalling over **£750,000**.

Textbooks

Bourke, J, Castle, M, Cameron, A.D. 'Crash Course: Psychiatry', 3rd Edn, Mosby, London, 2008 (> 5,000 copies sold)

Textbook chapters

Bourke, J, 'Fibromyalgia and Chronic Fatigue Syndrome – Management Issues', In Advances in Psychosomatic Medicine, Eds: Balon, R & Wise, TN, 2015, Karger

Bourke, J, Jackson, G, Libby, G, 'The Neuropsychiatric aspects of vestibular disorders', in Scott Brown's Otorhinolaryngology: Head and Neck Surgery, Eds: Bamiou, D-E, Saeed, S. 8th Edition, CRC Press, In Press

Bourke, J, White, P, 'Psychological Medicine', in Clinical Medicine, Eds: Kumar, P, Clark, M, 8th Edition, 2013, Saunders (Elsevier). **9th Edition submitted.**

Peer-reviewed publications

Bourke, J, Wall, MB, pHMRI: methodological considerations for mitigating potential confounding factors, Front. Neurosci. 2015; 9:167

Bourke, J, Langford, RM, and White, PD, The common link between functional somatic syndromes may be central sensitisation. J Psychosom Res, 2015. **78**(3): 228-36.

Kazmierski, J, Banys, A, Latek, J, **Bourke, J**, Jaszewski, R, Sobow, T, Kloszewska, I. Mild Cognitive Impairment with Associated Inflammatory and Cortisol Alterations as Independent Risk Factor for Postoperative Delirium. Dementia and Geriatric Cognitive Disorders 2014; 38:65-78.

Kazmierski, J, Banys, A, Latek, J., **Bourke, J**, Jaszewski, R. Raised IL-2 and TNF-alpha concentrations are associated with postoperative delirium in patients undergoing coronary-artery bypass graft surgery. Int Psychogeriatr, 2013: 1-11.

Kazmierski, J, Banys, A, Latek, J, **Bourke, J**, Jaszewski, R, Cortisol levels and neuropsychiatric diagnosis as markers of postoperative delirium, Critical Care, 2013; 17:R38

Additional Information:

Full-enhanced DBS

Personal professional indemnity insurance.

Registered with the ICO

Experienced in working with an interpreter

Appendix 1: **Training and Career**

DATE	POST	MTHS	SPECIALTY	SUPERVISOR	INSTITUTION
Honorary Consultant & Clinical Lecturer					
2015-current	Consultant	6	Neuropsychiatry		Re:Cognition Health
2012-current	Consultant	36	General Adult Psychiatry, Liaison Psychiatry and Neuropsychiatry		The Nightingale Hospital, Lisson Grove, London, NW1 6SH
2010-current	Honorary Consultant	48	Liaison Psychiatry		East London NHS Foundation Trust & Barts Health NHS Trust
Specialist Registrar training (ST4-6), The Maudsley Training Rotation					
2007-2010: Special Interest and Research Sessions			Neuropsychiatry outpatients clinic Neuropsychiatry research: Neuropsychiatry and deep brain stimulation Liaison Psychiatry steering and management groups Liaison psychiatry research: Functional gastrointestinal disorders Patient safety management and research Senior Management meetings and shadowing of a clinical director		
2009	ST6	12	General Adult Community Psychiatry	Dr. H. Jones	St Giles and Lordship Lane CMHTs, Southwark, London
2008	ST5	12	Neuropsychiatry and Liaison Psychiatry	Dr. J. Moriarty, Prof S. Wessely	King's College Hospital, London
2007	ST4	12	General Adult Psychiatry	Dr. E. Cole	The Maudsley Hospital, Denmark Hill, London
SHO training in psychiatry, East London NHS Foundation Trust					
2007	SHO	6	Forensic Mental Health	Dr. M. Romanos	The Royal London Hospital St. Clements Hospital, Mile End St. Bartholomew's Hospital, West Smithfield Homerton Hospital & The Centre for Forensic Mental Health, Hackney Goodmayes Hospital, Barley Lane, Ilford, Essex
2006	SHO	6	Mental Healthcare of Older People & AOT	Dr.'s P. Bell, N. Anthony	
2006	SHO	6	Liaison Psychiatry	Dr. T. Read	
2005	SHO	6	Child and Adolescent Psychiatry	Dr. R. Adams	
2005	SHO	12	Psychotherapy	Dr. K. Lockwood	
2005	SHO	6	Psychiatric Intensive Care	Dr. S. Pereira	
2004	SHO	6	Liaison Psychiatry	Prof P. White	
2004	SHO	6	General Adult Psychiatry	Dr. N. Bass	
2005-11	SHO		Locum Work	Prof. G. Libby	Department of Medical Psychiatry, Princess Grace Hospital, London
SHO specialty training					
2003	SHO	6	Neurology	Dr. J. Gawler	The Royal London Hospital
2003	SHO	6	Accident and Emergency	Dr. G. Davies	Homerton Hospital & The Royal London Hospital, Whitechapel, London
Clinical work abroad					
2003	Research Assistant	1	Great white shark research: The Carcharias Project	Mr. R. Johnson	Gannsbai, South Africa
2002	Clinical Fellow	5	Hyperbaric medicine and diving trauma	Dr. A. Taher	Hyperbaric Medical Centre, Sharm El Sheikh, Egypt
Pre-Registration House Officer, Homerton Hospital, London					
2002	PRHO	4	General medicine and health care of the elderly	Dr. T. Elegbe	Homerton Hospital, Hackney, London
2001	PRHO	4	General adult psychiatry	Dr. M. Deahl, Dr. T. Turner	
2001	PRHO	4	Colorectal surgery	Mr. P. Lunniss	