

Nationality: British

Email: toks@askaphysio.com

EDUCATION

1. Cardiff University Law School Bond Solon Criminal Expert Witness Certificate
2. Cardiff University Law School Bond Solon Civil Expert Witness Certificate
3. PhD, School of Health Sciences and Social Care, Brunel University, UK. Thesis: The effect of Core Stability Exercises (CSE) on trunk sagittal acceleration
4. Postgraduate Certificate in Learning & Teaching in Higher Education, Brunel University.
5. MSc Clinical Biomechanics, Staffordshire University
6. Postgraduate Certificate in Musculoskeletal Diagnosis, Staffordshire University
7. Diploma in Management Studies, Reading University
8. BSc (Hons) Physiotherapy University of Lagos, Nigeria

EXPERT WITNESS PORTFOLIO

<u>Source of instruction</u>	<u>Date</u>	<u>Type of case</u>	<u>Court Appearance?</u>
NMA Solicitors	Aug 2013	Personal Injury-Claimant	No
MPH Solicitors	Mar 2014	Personal Injury-Claimant	No
Wixted & Co Solicitors	Apr 2014	Clinical Negligence-Claimant	No
Essex Police	Jul 2014	Criminal-Prosecution	Yes
Thames Valley Police	Aug 2014	Criminal-Prosecution	Yes
Thames Valley Police	Nov 2014	Criminal- Prosecution	yes
ITN Solicitors	Jan 2015	Criminal- defence	No
Norfolk Constabulary	June 2015	Criminal- Prosecution	No
Thames Valley Police	June 2015	Criminal- Prosecution	No
Orpen Franks Solicitors	July 2015	Clinical Negligence-Claimant	No
MacElhatton Solicitors	December 2015	Personal Injury-Claimant	No
Orpen Franks Solicitors	January 2016	Clinical Negligence-Claimant	No
DAC Beachcroft	May 2016	Clinical Negligence-Claimant	No
DAC Beachcroft 2	May 2016	Clinical Negligence-Claimant	No
Norfolk Constabulary	June 2016	Criminal- Prosecution	No

West Midlands Police Force	July 2016	Criminal - Prosecution	Yes
Portmans Solicitors	January 2017	Personal Injury	No
Hagan & McConville Solicitors	February 2017	Clinical Negligence -Claimant	No
Metropolitan Police CASO- Lewisham	March 2018	Criminal	No
DAC Beachcroft	May 2018	Clinical Negligence	No
West Midlands Police	May 2018	Professional Standards/Misconduct	No
High Wycombe Police Station	July 2018	Criminal	Yes
South West CID	September 2018	Clinical Negligence-Prosecution	No
Avon & Somerset Constabulary	November 2018	Criminal	No
Thames Valley Police-CAIU	November 2018	Criminal	No
Thames Valley Police-Banbury	February 2019	Criminal	No
Curtis Law (Affinity Medical)	February 2020	Clinical Negligence	No
ISCAS	May 2020	MSK Complaint Adjudication	No
Dorset Police Force	November 2020	Criminal	No
BLM Solicitors	January 2021	Causation- Defence	No
Norfolk Constabulary	March 2021	Criminal	Yes
Stewarts' House	May 2021	Clinical Negligence	No
Metropolitan Police-Edmonton	August 2021	Criminal	No
Government Legal	November 2021	Clinical negligence	No
Foresight Clinical Services Ltd	May 2022	Criminal	No
South Devon & Cornwall CID	June 2022	Criminal	No
Foresight Clinical Services Ltd	July 2022	Criminal	No
Clyde & Co	July 2022	Civil (Personal Injury)	No
Clyde & Co	July 2022	Civil (Personal Injury)	No
Kent Police Constabulary	September 2022	Criminal	Yes
Staffordshire Police	October 2022	Criminal	Pending
Metropolitan Police	November 2022	Criminal	Pending
Lincolnshire Police	February 2023	Criminal	No
Greater Manchester Police	May 2023	Criminal	No
Metropolitan Police	June 2023	Criminal	Yes
Clyde &Co	July 2023	Civil (Personal Injury)	No

Staffordshire Police	July 2023	Criminal	No
Clyde & Co	July 2023	Civil (Personal Injury)	No
West Midlands Police	September 2023	Criminal	No
Expert Court Reports (JD Spicer Solicitors)	September 2023	Civil	No
Expert Court Reports (JD Spicer Solicitors)	October 2023	Civil	No
West Midlands Police (FMAT)	January 2024	Criminal	No
Northamptonshire Police (FMAT)	February 2024	Criminal	No
Kent Police	March 2024	Criminal	Yes
South Wales Police	September 2024	Criminal	Scheduled
Cheshire Constabulary	September 2024	Criminal	No
Greater Manchester Police	February 2025	Criminal	No
Private Instruction	February 2025	Clinical Negligence- Claimant	No
Metropolitan Police	March 2025	Criminal	Yes
Metropolitan Police	July 2025	Criminal	Yes
Clyde & Co	October 2025	Civil	No
Speed Medical	November 2025	Civil	No
Cordell & Co	December 2025	Civil	No
Foresight Clinical Services Ltd	February 2026	Criminal	No
Cordell & Co	February 2026	Civil	No
Apex Experts Ltd	April 2026	Civil	No

REGISTRATIONS

Health and Care Professions Council PH38174

The Chartered Society of Physiotherapy 48462

ICO Registration ZA113983

Medicolegal Association of Chartered Physiotherapists

PUBLICATIONS

1. **Aluko, A.;** DeSouza, L; Peacock, J. (2013). The effect of Core Stability exercises on variations in acceleration of trunk movement, pain and disability during an episode of acute non-specific low back pain: A pilot clinical trial. *Journal of Manipulative and Physiologic Therapeutics*. Vol. 36 (8) pg 497.
2. **Aluko, A.;** DeSouza, L; Peacock, J. (2011) Evaluation of trunk acceleration in healthy individuals and those with low back pain. *International Journal of Therapy and Rehabilitation*. Jan. Vol. 18. No.1.

3. David, J., Modi, S., **Aluko, A. A.**, Robertshaw, C. and Farebrother, J. (1998): Chronic neck pain: A comparison of acupuncture treatment and Physiotherapy. *British Journal of Rheumatology*. 37: 1118-1122

4. **Aluko A. A.** (2017): Core stability Exercises and Acute Non-Specific Low Back Pain. Lambert Academic Publishing ISBN 978-620-2-00438-1.

AFFILIATIONS

1. Panel member; Chartered Society of Physiotherapy Professional Awards Panel
2. Board Member, MedCo
3. Member, Expert and Peer Review Committee, MedCo.
4. Member, Audit Committee, MedCo

WORK EXPERIENCE:

1. Advanced Practitioner MSK Chartered Physiotherapist, Berkshire Rural PCN- August 2025-Present.
2. First Contact MSK Physiotherapist, Berkshire Rural PCN. October 2021- July 2025.
3. Healthcare Professional, Centre for Health and Disability Assessments (CHDA), Maximus UK. May 2021- July 2021.
4. Founder and Managing Director Physiotherapy Consultancy Services Ltd. April 1995- to present
5. Lecturer in Physiotherapy, Brunel University, London. Sept. 2006-August 2012.
6. Superintendent in Outpatients, Royal Berkshire and Battle Hospitals NHS Trust. April 1993-March 1995.
7. Senior Physiotherapist, Essex Rivers NHS Trust. April 1990-March 1993.
8. Senior Physiotherapist, Parkside Health Authority, London. April 1989-March 1990.
9. Physiotherapist, Essex Rivers NHS Trust. October 1987-March 1989.
10. Physiotherapist in private practice, Nigeria. August 1985-July 1987.