

Dr Kirsty Smedley

B.A. (Hons.), Clin.Psy.D, C.Psychol, AFBPsS

Curriculum Vitae

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Date of Birth 23rd January 1970

Education

1994 – 1997 University of Manchester, Doctorate in Clinical Psychology
1989 – 1992 University of Manchester, B.A. (Hons) Psychology 2:1
1982 – 1989 Tonbridge Grammar School for Girls

Employment

2007 – present Consultant Clinical Psychologist, Psychological Therapies Lead for Adolescent Services, The Priory Hospital Cheadle Royal.
1997 - 2007 Clinical Psychologist, Adolescent Forensic Service (MSU) & HMYOI Hindley, Bolton Salford & Trafford NHS Mental Health Trust (Consultant status from 2003)
1992 – 1994 Psychology Assistant, Clinical Psychology Department, South Manchester Hospitals & Manchester University NHS Trust.

Publications

- Bailey, S., Whittle, N., Farnworth, P. and Smedley, K. (2007). A Developmental Approach to Violence. Hostile Attributions, and Paranoid Thinking in Adolescence. *Behavioural Sciences and the Law* 25: 913 – 929.
- Harvey, J. and Smedley, K. (2010) (Eds.) *Psychological Therapy in Prisons and Other Secure Settings*. Cullompton: Willan.
- Harvey, J. and Smedley, K. (2010). Introduction. In J. Harvey and K. Smedley (eds.) *Psychological Therapy in Prisons and Other Secure Settings*. Cullompton: Willan.
- Smedley, K. (2010). Cognitive Behavioural Therapy with Adolescents in Secure Settings. J. Harvey and K. Smedley (eds.) *Psychological Therapy in Prisons and Other Secure Settings*. Cullompton: Willan.
- Mitchell, P., Smedley, K., Kenning, C., McKee, A., Woods, D., Rennie, C., Bell, R., Aryamnesh, A. and Dolan, M. (2011) Cognitive Behaviour Therapy for Adolescent Offenders with Mental Health Problems in Custody. *Journal of Adolescence* 34: 433-443.
- Harvey, J., Silence, A., and Smedley, K. (2015). Self harming behaviour. A.Rogers, J.Harvey and H.Law (eds) *Young People in Forensic Mental Health Settings: Psychological Thinking and Practice*. Palgrave Macmillan.

Conference Presentations

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| November 2009 | CYP Faculty Event (Clinical Psychologists working with adolescents and families in forensic settings): Delivered workshop entitled 'Working with teams in secure settings: Developing psychological mindedness and facilitating change'. Launch Event, Cardiff. |
| April 2008 | 'Towards a Psychological Understanding of Young People who Self Harm in an Inpatient Setting'. Speaker at Young People & Self Harm conference hosted by Pavilion and Affinity Healthcare, University of Manchester. |
| May 2012 | Forensic-CAMHS conference: 'Everybody's Business'. Delivered a presentation entitled: 'Working therapeutically with Risk in Young People with Autistic Spectrum Disorders: Opportunities and |

Challenges'. Inaugural F-CAMHS conference in conjunction with the BPS and The Royal College of Psychiatrists.

March 2015 'The Experience and Psychological Consequences of Detention in Secure Environments'. Conference hosted by University College London, D.Clin.Psych. Course. Delivered a paper entitled 'Working with traumatized young people in a secure setting: a developmental perspective'.

October 2015 Presented a research paper entitled ' Exploration of mental health nursing identity within an adolescent psychiatric intensive care unit' at the Fourth European Mental Health Congress in Riga, Latvia.

Memberships

From 2000 – present: Member of the British Psychological Society (Division of Clinical Psychology & the Forensic Faculty)

March 2011 – Jan 2013: Member of the Guideline Development Group for the Development of the NICE Guidelines for Psychosis and Schizophrenia in Children & Young People.

February 2015 Member of the Quality Standards Advisory Committee for Bipolar disorder, psychosis & schizophrenia in children and young people.