

# Dr Alberto Pertusa, MD, MSc, PhD

## Consultant Psychiatrist

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**Date of Birth** 26 March 1977 (Alicante, Spain) | **GMC** 7105280

**Nightingale Hospital**, 7 Lisson Grove, London NW1 6SH  
**The Medical Chambers Kensington**, 10 Knaresborough Place, London SW5 0TG

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### Statement

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I am Dr Alberto Pertusa, Consultant Psychiatrist with GMC Registration Number 7105280. My specialist field is General Adult Psychiatry.

I have a private practice in London where I see clients on an outpatient basis. I also have admitting privileges to The Nightingale Hospital.

I have significant experience in the preparation of medico-legal reports and I have undertaken specific training in Expert report writing for the Court. I have been instructed to prepare reports for the Court regularly since 2011.

### CURRENT POSTS

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#### **Private Consultant Psychiatrist:**

- The Nightingale Hospital, London (inpatient and outpatient)
- The Medical Chambers Kensington, 10 Knaresborough Place, London SW5 0TG

**Associate Editor**, Spanish Journal of Psychology, Cambridge University Press  
June 2015 – present (Honorary)

### PREVIOUS POSTS

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**Lead Consultant Psychiatrist**, Cambian Churchill Hospital, London (*Permanent*)  
Sept 2012 - Sept 2016 (full time, permanent)

**Research & Development Lead**, Cambian Group PLC (currently CAS Behavioural Health)  
December 2013-Sept 2016

#### **Honorary Researcher and Visiting Clinician**

Centre for Anxiety Disorders and Trauma (CADAT). Institute of Psychiatry, Psychology & Neuroscience (IoPPN)  
Sept 2015 – 2017

**Visiting Psychiatrist**, Gladstones Addictions Clinic (inpatients), London. 2015-2016

**Honorary Postdoctoral Research Fellow**, Psychobiology of Anxiety Disorders and obsessive-compulsive disorder workgroup. Institute of Psychiatry, London, UK.  
Supervisor: Prof D Mataix-Cols, PhD — February 2011 - Sept 2014

**Consultant Psychiatrist**, The Cambian Group (*Locum*) - Barnsley, South Yorkshire, March-April 2012

**Specialty Doctor, Edinburgh House Community Mental Health Team**

Hertfordshire Partnership NHS Foundation Trust (*Permanent*) — St Albans, Hertfordshire  
March 2011-August 2012

**Specialty Doctor, Oxford House Community Mental Health Team**

Hertfordshire Partnership NHS Foundation Trust — Bishops Stortford, Hertfordshire (*Locum*). February-March 2011

**Consultant Psychiatrist, Outpatient Clinic**, Bellvitge Hospital, Barcelona. January - September 2009

**Consultant Psychiatrist, A&E Liaison**, Bellvitge Hospital, Barcelona. July 2006 - December 2009

**Consultant Psychiatrist, OCD & Eating Disorders Unit**, Bellvitge Hospital, Barcelona. January - September 2008

**Consultant Psychiatrist, private practice** (Barcelona). July 2006 - December 2009

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**REGISTRATIONS**

**Section 12 and Approved Clinician status** - September 2011 – present (renewed in 2016)

**GMC registration number 7105280 (Specialist registration – General Adult Psychiatry)**. October 2010 – present

**Specialist Associate member of the Royal College of Psychiatrists**. 2013 - present. Membership number 908332

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**TRAINING & EDUCATION**

**PhD Thesis** (2006 – 2011)

*Compulsive Hoarding and the Multidimensional Model of OCD: Towards DSM-5.*  
Institute of Psychiatry, King's College London. Supervisor: Prof. D Mataix-Cols

**MSc in Research Methodology in Health Sciences** (2004 – 2007). Universidad Autónoma de Barcelona

**MSc in Affective Neuroscience** (2005 – 2007)  
Maastricht University & Florence University

**Training in Psychiatry - CCT equivalent** (2002 – 2006). Hospital de Bellvitge, Barcelona, Spain

**LMS** (1995-2001). Universidad Miguel Hernández, Alicante, Spain

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**SPEAKER (last 2 years)**

**Nutrition and Mental Health** (aimed at GPs from the Independent Doctors Federation)  
Nightingale Hospital, London. May 2017

**OCD, Body Dysmorphic Disorder & Hoarding Disorder**  
iCAAD (International Conferences on Addiction and Associated Disorders), London. May 2017

**Hoarding Disorder explained for GPs** (aimed GPs from the Independent Doctors Federation)  
Nightingale Hospital, London. November 2016

**Hoarding Disorder: what the addiction specialist needs to know**  
UKESAD Conference, London, UK. April 2016

**Update on Addictions** (CPD activity for GPs)  
Basuto GP Practice, London. April 2016

## RESEARCH, CLINICAL TRIALS & ADVISORY BOARDS (last two years)

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**Advisory Board**, Shire Pharmaceuticals  
*Comorbidities in ADHD*.  
Frankfurt, Germany, March 2017.

## REVIEWER (PEER-REVIEWED JOURNALS – last 10 years)

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*Archives of General Psychiatry, CNS Spectrums, Comprehensive Psychiatry, Irish Journal of Psychiatry, Psychological Medicine, Current Drug Safety, International Psychogeriatrics, Israel Journal of Psychiatry, Psiquiatria Biologica, Revista Brasileira de Psiquiatria*

## PUBLICATIONS (selection)

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**Hoarding Disorder** (Main author of CPD Online Module)  
Royal College of Psychiatrists, September 2016

**The profile of executive function in OCD hoarders and hoarding disorder.**

Morein-Zamir S, Pappmeyer M, Pertusa A, Chamberlain SR, Fineberg NA, Sahakian BJ, Mataix-Cols D, Robbins TW.  
*Psychiatry Research*, 2013

**Experiential avoidance and emotion regulation difficulties in hoarding disorder.**

Fernández de la Cruz L, Landau D, Iervolino AC, Santo S, Pertusa A, Singh S, Mataix-Cols D. *Journal of Anxiety Disorders*, 2013

**Hoarding Behaviour in an Italian Non-Clinical Sample.**

Bulli F, Melli G, Carraresi C, Stopani E, Pertusa A, Frost RO.  
*Behavioural and Cognitive Psychotherapy* 2013

**Familial Predictors of Obsessive-Compulsive Symptom Dimensions (Contamination/Cleaning and Symmetry/Ordering) in a Nonclinical Sample.**

Taberner J, Fullana MA, Caseras X, Pertusa A, Bados A, van den Bree M, Torrubia R. *Journal of Clinical Psychology*, 2012.

**On hoarding and squalor: a few considerations for DSM-5.**

Snowdon J, Pertusa A, Mataix-Cols D. *Depression and Anxiety*, 2012

**Do patients with hoarding disorder have autistic traits?**

Pertusa A, Bejerot S, Eriksson J, Fernández de la Cruz L, Bonde S, Russell A, Mataix-Cols D. *Depression and Anxiety*, 2012

**Annual research review: hoarding disorder: potential benefits and pitfalls of a new mental disorder.**

Mataix-Cols D, Pertusa A. *Journal of Child Psychology and Psychiatry*, 2012

**Testing the validity and acceptability of the diagnostic criteria for Hoarding Disorder: a DSM-5 survey.**

Mataix-Cols D, de la Cruz LF, Nakao T, Pertusa A. *Psychology and Medicine*, 2011

**Independent validation of the Dimensional Yale-Brown Obsessive-Compulsive Scale (DY-BOCS).**

Pertusa A, Fernández de la Cruz L, Alonso P, Menchón JM, Mataix-Cols D.  
*Europe Psychiatry*, 2011

**Neuropsychological and neural correlates of hoarding: a practice-friendly review.**

Mataix-Cols D, Pertusa A, Snowdon J.  
*Journal of Clinical Psychology*, 2011

**Genome-wide association study of hoarding traits.**

Perroud N, Guipponi M, Pertusa A, Fullana MA, Iervolino AC, Cherkas L, Spector T, Collier D, Mataix-Cols D. *Journal of Medical Genetics Part B: Neuropsychiatric Genetics*, 2011

**Spanish adaptation of the Dimensional Yale-Brown Obsessive-Compulsive Scale.**

Pertusa A, Jaurrieta N, Real E, Alonso P, Bueno B, Segalàs C, Jiménez-Murcia S, Mataix-Cols D, Menchón JM.  
*Comprehensive Psychiatry*, 2010

**Stressful life events and material deprivation in hoarding disorder.**

Landau D, Iervolino AC, Pertusa A, Santo S, Singh S, Mataix-Cols D.  
*Journal of Anxiety Disorders*, 2011

**Variants in estrogen receptor alpha gene are associated with phenotypical expression of obsessive-compulsive disorder.**

Alonso P, Gratacòs M, Segalàs C, Escaramís G, Real E, Bayés M, Labad J, Pertusa A, Vallejo J, Estivill X, Menchón JM.  
*Psychoneuroendocrinology*. 2011

**When hoarding is a symptom of OCD: a case series and implications for DSM-V.**

Pertusa A, Frost RO, Mataix-Cols D.  
*Behavioural Research Therapy*. 2010

**A case-control study of sex differences in strategic processing and episodic memory in obsessive-compulsive disorder**

Segalàs C, Alonso P, Labad J, Real E, Pertusa A, Jaurrieta N, Jiménez-Murcia S, Menchón JM, Vallejo J. *Comprehensive Psychiatry*, 2010

**Hoarding disorder: a new diagnosis for DSM-V?**

Mataix-Cols D, Frost RO, Pertusa A, Clark LA, Saxena S, Leckman JF, Stein DJ, Matsunaga H, Wilhelm S.  
*Depression and Anxiety*, 2010

**Memory and strategic processing in first-degree relatives of obsessive compulsive patients.**

Segalàs C, Alonso P, Real E, Garcia A, Miñambres A, Labad J, Pertusa A, Bueno B, Jiménez-Murcia S, Menchón JM. *Psychological Medicine*. 2010

**Refining the diagnostic boundaries of compulsive hoarding: a critical review.**

Pertusa A, Frost RO, Fullana MA, Samuels J, Steketee G, Tolin D, Saxena S, Leckman JF, Mataix-Cols D  
*Clinical Psychology Review*. 2010

**Suicide in patients treated for obsessive-compulsive disorder: a prospective follow-up study.**

Alonso P, Segalàs C, Real E, Pertusa A, Labad J, Jiménez-Murcia S, Jaurrieta N, Bueno B, Vallejo J, Menchón JM. *Journal of Affective Disorders* 2010

**Climatic relationships with specific clinical subtypes of depression.**  
Radua J, Pertusa A, Cardoner N. *Psychiatry Research*. 2010

**Are obsessive-compulsive symptom dimensions familial in nonclinical individuals?** Taberner J, Fullana MA, Caseras X, Pertusa A, Bados A, van den Bree M, Torrubia R, Mataix-Cols D. *Depression and Anxiety*, 2009

**Genetic susceptibility to obsessive-compulsive hoarding: the contribution of neurotrophic tyrosine kinase receptor type 3 gene.** Alonso P, Gratacòs M, Menchón JM, Segalàs C, González JR, Labad J, Bayés M, Real E, de Cid R, Pertusa A, Escaramís G, Vallejo J, Estivill X. *Genes Brain and Behavior*. 2008

**Compulsive hoarding: OCD symptom, distinct clinical syndrome, or both?**

Pertusa A, Fullana MA, Singh S, Alonso P, Menchón JM, Mataix-Cols D. *American Journal of Psychiatry*, 2008

**Clinical implications of insight assessment in obsessive-compulsive disorder.**

Alonso P, Menchón JM, Segalàs C, Jaurrieta N, Jiménez-Murcia S, Cardoner N, Labad J, Real E, Pertusa A, Vallejo J. *Compr Psychiatry*, 2008

**Issues for DSM-V: how should obsessive-compulsive and related disorders be classified?**

Mataix-Cols D, Pertusa A, Leckman JF. *American Journal of Psychiatry*, 2007