

Dr Alberto Pertusa, MD, MSc, PhD

Consultant Psychiatrist

Date of Birth 26 March 1977 (Alicante, Spain) | **GMC** 7105280

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Statement and Areas of Expertise

I am Dr Alberto Pertusa, Consultant Psychiatrist with GMC Registration Number 7105280. My specialist field is General Adult Psychiatry. I have significant clinical experience in the following areas:

- Adjustment disorder
- Anxiety disorders including OCD, PTSD, BDD and Social Anxiety
- Mood disorders such as depression and bipolar disorder
- Psychosis and Schizophrenia
- Attention Deficit Hyperactivity Disorder (ADHD)
- Hoarding problems (Eviction Proceedings)
- Addictions (alcohol and other substances)
- Mental Capacity Act

Additionally, I also have experience in medico-legal reports for asylum seeking and personal injury claims.

I have a private practice in Harley Street, London where I see clients on an outpatient basis.
I also have admitting privileges to The Nightingale Hospital in Marylebone, London.

I have significant experience in the preparation of medico-legal reports and I have undertaken specific training in Expert report writing for the Court. I have been instructed to prepare reports for the Court regularly since 2011.

CURRENT POSTS

Private Consultant Psychiatrist:

- 55 Harley Street, London (outpatients)
- The Nightingale Hospital, London (inpatients)

Associate Editor, Spanish Journal of Psychology, Cambridge University Press. June 2015 – present (Honorary)

PREVIOUS POSTS

Lead Consultant Psychiatrist, Cambian Churchill Hospital, London (*Permanent*)
Sept 2012 - Sept 2016 (full time, permanent)

Research & Development Lead, Cambian Group PLC (currently CAS Behavioural Health)
December 2013-Sept 2016

Honorary Researcher and Visiting Clinician

Centre for Anxiety Disorders and Trauma (CADAT). Institute of Psychiatry, Psychology & Neuroscience (IoPPN)
Sept 2015 – 2017

Visiting Psychiatrist, Gladstones Addictions Clinic (inpatients), London. 2015-2016

Honorary Postdoctoral Research Fellow, Psychobiology of Anxiety Disorders and obsessive-compulsive disorder workgroup. Institute of Psychiatry, London, UK.
Supervisor: Prof. D Mataix-Cols, PhD — February 2011 - Sept 2014

Consultant Psychiatrist, The Cambian Group (*Locum*) - Barnsley, South Yorkshire, March-April 2012

Specialty Doctor, Edinburgh House Community Mental Health Team

Hertfordshire Partnership NHS Foundation Trust (*Permanent*) — St Albans, Hertfordshire
March 2011-August 2012

Specialty Doctor, Oxford House Community Mental Health Team

Hertfordshire Partnership NHS Foundation Trust — Bishops Stortford, Hertfordshire (*Locum*). February-March 2011

Consultant Psychiatrist, Outpatient Clinic, Bellvitge Hospital, Barcelona. January - September 2009

Consultant Psychiatrist, A&E Liaison, Bellvitge Hospital, Barcelona. July 2006 - December 2009

Consultant Psychiatrist, OCD & Eating Disorders Unit, Bellvitge Hospital, Barcelona. January - September 2008

Consultant Psychiatrist, private practice (Barcelona). July 2006 - December 2009

REGISTRATIONS

Section 12 and Approved Clinician status - September 2011 – present (renewed in 2016)

GMC registration number 7105280 (Specialist registration – General Adult Psychiatry). October 2010 – present

Specialist Associate member of the Royal College of Psychiatrists. 2013 - present. Membership number 908332

Member of the British Association of Psychopharmacology (BAP) since 2016

TRAINING & EDUCATION

PhD Thesis (2006 – 2011)

Compulsive Hoarding and the Multidimensional Model of OCD: Towards DSM-5.
Institute of Psychiatry, King's College London. Supervisor: Prof. D Mataix-Cols

MSc in Research Methodology in Health Sciences (2004 – 2007). Universidad Autónoma de Barcelona

MSc in Affective Neuroscience (2005 – 2007)

Maastricht University & Florence University

Training in Psychiatry - CCT equivalent (2002 – 2006). Hospital de Bellvitge, Barcelona, Spain

LMS (1995-2001). Universidad Miguel Hernández, Alicante, Spain

SPEAKER (last 2 years)

ADHD: What the general Practitioner needs to know

HealthClic GP Practice, London. December 2017

Nutrition and Mental Health (aimed at GPs from the Independent Doctors Federation)
Nightingale Hospital, London. May 2017

OCD, Body Dysmorphic Disorder & Hoarding Disorder

iCAAD (International Conferences on Addiction and Associated Disorders), London. May 2017

Hoarding Disorder explained for GPs (aimed GPs from the Independent Doctors Federation)

Nightingale Hospital, London. November 2016

Hoarding Disorder: what the addiction specialist needs to know

UKESAD Conference, London, UK. April 2016

Update on Addictions (CPD activity for GPs)

Basuto GP Practice, London. April 2016

RESEARCH, CLINICAL TRIALS & ADVISORY BOARDS (last two years)

Advisory Board, Shire Pharmaceuticals. *Comorbidities in ADHD*. Frankfurt, Germany, March 2017.

REVIEWER (PEER-REVIEWED JOURNALS – last 10 years)

Archives of General Psychiatry, CNS Spectrums, Comprehensive Psychiatry, Irish Journal of Psychiatry, Psychological Medicine, Current Drug Safety, International Psychogeriatrics, Israel Journal of Psychiatry, Psiquiatria Biologica, Revista Brasileira de Psiquiatria

PUBLICATIONS (selection)

Hoarding Disorder (Main author of CPD Online Module)
Royal College of Psychiatrists, September 2016

The profile of executive function in OCD hoarders and hoarding disorder.

Morein-Zamir S, Pappmeyer M, Pertusa A, Chamberlain SR, Fineberg NA, Sahakian BJ, Mataix-Cols D, Robbins TW. *Psychiatry Research*, 2013

Experiential avoidance and emotion regulation difficulties in hoarding disorder.

Fernández de la Cruz L, Landau D, Iervolino AC, Santo S, Pertusa A, Singh S, Mataix-Cols D. *Journal of Anxiety Disorders*, 2013

Hoarding Behaviour in an Italian Non-Clinical Sample.

Bulli F, Melli G, Carraresi C, Stopani E, Pertusa A, Frost RO. *Behavioural and Cognitive Psychotherapy* 2013

Familial Predictors of Obsessive-Compulsive Symptom Dimensions (Contamination/Cleaning and Symmetry/Ordering) in a Nonclinical Sample.

Taberner J, Fullana MA, Caseras X, Pertusa A, Bados A, van den Bree M, Torrubia R. *Journal of Clinical Psychology*, 2012.

On hoarding and squalor: a few considerations for DSM-5.

Snowdon J, Pertusa A, Mataix-Cols D. *Depression and Anxiety*, 2012

Do patients with hoarding disorder have autistic traits?

Pertusa A, Bejerot S, Eriksson J, Fernández de la Cruz L, Bonde S, Russell A, Mataix-Cols D. *Depression and Anxiety*, 2012

Annual research review: hoarding disorder: potential benefits and pitfalls of a new mental disorder.

Mataix-Cols D, Pertusa A. *Journal of Child Psychology and Psychiatry*, 2012

Testing the validity and acceptability of the diagnostic criteria for Hoarding Disorder: a DSM-5 survey.

Mataix-Cols D, de la Cruz LF, Nakao T, Pertusa A. *Psychology and Medicine*, 2011

Independent validation of the Dimensional Yale-Brown Obsessive-Compulsive Scale (DY-BOCS).

Pertusa A, Fernández de la Cruz L, Alonso P, Menchón JM, Mataix-Cols D. *Europe Psychiatry*, 2011

Neuropsychological and neural correlates of hoarding: a practice-friendly review.

Mataix-Cols D, Pertusa A, Snowdon J. *Journal of Clinical Psychology*, 2011

Genome-wide association study of hoarding traits.

Perroud N, Guipponi M, Pertusa A, Fullana MA, Iervolino AC, Cherkas L, Spector T, Collier D, Mataix-Cols D. *Journal of Medical Genetics Part B: Neuropsychiatric Genetics*, 2011

Spanish adaptation of the Dimensional Yale-Brown Obsessive-Compulsive Scale.

Pertusa A, Jaurrieta N, Real E, Alonso P, Bueno B, Segalàs C, Jiménez-Murcia S, Mataix-Cols D, Menchón JM. *Comprehensive Psychiatry*, 2010

Stressful life events and material deprivation in hoarding disorder.

Landau D, Iervolino AC, Pertusa A, Santo S, Singh S, Mataix-Cols D. *Journal of Anxiety Disorders*, 2011

Variants in estrogen receptor alpha gene are associated with phenotypical expression of obsessive-compulsive disorder.

Alonso P, Gratacòs M, Segalàs C, Escaramís G, Real E, Bayés M, Labad J, Pertusa A, Vallejo J, Estivill X, Menchón JM. *Psychoneuroendocrinology*. 2011

When hoarding is a symptom of OCD: a case series and implications for DSM-V.

Pertusa A, Frost RO, Mataix-Cols D. *Behavioural Research Therapy*. 2010

A case-control study of sex differences in strategic processing and episodic memory in obsessive-compulsive disorder

Segalàs C, Alonso P, Labad J, Real E, Pertusa A, Jaurrieta N, Jiménez-Murcia S, Menchón JM, Vallejo J. *Comprehensive Psychiatry*, 2010

Hoarding disorder: a new diagnosis for DSM-V?

Mataix-Cols D, Frost RO, Pertusa A, Clark LA, Saxena S, Leckman JF, Stein DJ, Matsunaga H, Wilhelm S. *Depression and Anxiety*, 2010

Memory and strategic processing in first-degree relatives of obsessive compulsive patients.

Segalàs C, Alonso P, Real E, Garcia A, Miñambres A, Labad J, Pertusa A, Bueno B, Jiménez-Murcia S, Menchón JM. *Psychological Medicine*. 2010

Refining the diagnostic boundaries of compulsive hoarding: a critical review.

Pertusa A, Frost RO, Fullana MA, Samuels J, Steketee G, Tolin D, Saxena S, Leckman JF, Mataix-Cols D. *Clinical Psychology Review*. 2010

Suicide in patients treated for obsessive-compulsive disorder: a prospective follow-up study.

Alonso P, Segalàs C, Real E, Pertusa A, Labad J, Jiménez-Murcia S, Jaurrieta N, Bueno B, Vallejo J, Menchón JM. *Journal of Affective Disorders* 2010

Climatic relationships with specific clinical subtypes of depression.

Radua J, Pertusa A, Cardoner N. *Psychiatry Research*. 2010

Are obsessive-compulsive symptom dimensions familial in nonclinical individuals?

Taberner J, Fullana MA, Caseras X, Pertusa A, Bados A, van den Bree M, Torrubia R, Mataix-Cols D. *Depression and Anxiety*, 2009

Genetic susceptibility to obsessive-compulsive hoarding: the contribution of neurotrophic tyrosine kinase receptor type 3 gene.

Alonso P, Gratacòs M, Menchón JM, Segalàs C, González JR, Labad J, Bayés M, Real E, de Cid R, Pertusa A, Escaramís G, Vallejo J, Estivill X. *Genes Brain and Behavior*. 2008

Compulsive hoarding: OCD symptom, distinct clinical syndrome, or both?

Pertusa A, Fullana MA, Singh S, Alonso P, Menchón JM, Mataix-Cols D. *American Journal of Psychiatry*, 2008

Clinical implications of insight assessment in obsessive-compulsive disorder.

Alonso P, Menchón JM, Segalàs C, Jaurrieta N, Jiménez-Murcia S, Cardoner N, Labad J, Real E, Pertusa A, Vallejo J. *Compr Psychiatry*, 2008

Issues for DSM-V: how should obsessive-compulsive and related disorders be classified?

Mataix-Cols D, Pertusa A, Leckman JF. *American Journal of Psychiatry*, 2007