



DR RESHMI BANSAL

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DOB - 10/2/85

PERSONAL STATEMENT

Every day is a wonderful opportunity to learn something new. I strive to keep bettering myself and making a positive difference to those around me.

EDUCATION

August 2019	Orthodontic Certificate: undergoing completion	Cephtrastics, London
April 2019	Mediation Accreditation	Society of Mediators, London
February 2019	Court Room Skills	Bond Solon, London
February 2019	Excellence in Report Writing	Bond Solon, London
August 2018	Invisalign Go	London
February 2018	Snoring and Sleep Apnoea	London, BDA
May 2017	Advanced Occlusion	Aspire Dental Academy
March 2017	Short course in Periodontics	FGDP, London
March 2015-April 2016	Advanced Operative Aesthetic and Cosmetic Dentistry	Aspire Dental Academy
April 2014- May 2014	Coaching and Mentoring	Oxford
March 2012	Inman Aligner Certification	IAS, London
Sep 2011-July 2013	LLM- Masters in the legal aspects of Medical Practice	Cardiff University
2003-2008	BDS- passed with merit in Conservative Dentistry, Head and Neck Anatomy, Periodontology, Oral Biology and Pathology.	King's College, London
2005-2007	A Levels Maths (A), Chemistry (A), Biology (B) AS Level Spanish (A)	Tomlinscote School and Sixth form college, Surrey.

RELEVANT KNOWLEDGE

Legal

Mediation experience:

Successfully mediated at the Royal Courts of Justice (RCJ) in topics as wide-ranging as tenancy and building issues to loan disputes.

Further training and experience:

- Provided Expert Witness Reports in clinical negligence cases.
- Attended Annual Expert Witness Conference by Bond Solo to keep knowledge and skills up-to-date.
- Attended training on consent by James Badnoch QC, the prosecution Barrister in the case of *Montgomery*.
- Annual training at Dento-legal Conference by DPS to stay up-to-date with latest legal developments in Dentistry.
- Completed dento-legal workshops on the following: Mastering your risk, Mastering difficult interactions, Dental records for GDPs
- Furthered my knowledge on "Employment law- the tricky issues" at BDA London.
- Involved in engineering solutions to ensure mandatory waiting times met within East Berkshire Dental Services given the backdrop of funding pressures.

- Clinical expertise provided in compensation claims for sports-related dental injuries.
- Factual report submitted on behalf of claimant after alleged stabbing.

LLM Modules: Consent to treatment and confidentiality, Employment law, Clinical negligence, Legal aspects of psychiatry, Legal guardianship and Gillick competence.

LLM Dissertation: "Is the current regulatory legal framework sufficient to ensure a high-quality workforce in the NHS given the economic crisis in England?"

Orthodontics

Experience in space assessment, evaluating tooth shape, space creation (through interproximal reduction, predictive proximal reduction, expansion screws), placement of composite anchors/attachments and opening the bite as well as methods of retention (essix and fixed).

Combined orthodontic skills with restorative work including bleaching and bonding.

Treatment involving Inman Aligner, ClearSmile aligners and Invisalign Go.

Advanced Operative Aesthetic and Cosmetic Dentistry

Smile design: used analysis of facial/dental profile, smile line, buccal corridor, gingival line and intra/intertooth relationships to achieve optimal aesthetic design.

Tooth discolouration: experience with bleaching, microabrasion and remineralization of white patches using GC tooth mousse

Direct anterior composites: layering (HRi system), direct composite veneers, diastema closure, refinement with polishing

Indirect anterior aesthetics: fastidious shade matching, gentle soft tissue management and recognition of different gingival biotypes

Direct and indirect posterior aesthetics: aesthetic posterior composite and onlays provided, all completed under rubber dam

Toothwear and full mouth rehab: conformational vs reorganization, facebow and articulator use, direct vs indirect restorations, splint therapy and sleep clench inhibitors- clinical photos available on request.

Replacement of missing teeth: aesthetic bridge and denture design, careful material selection, highly effective adhesive methods.

Management of multi-disciplinary cases: ortho-restorative interface, complex case assessment and trouble-shooting.

Periodontics

Periodontal disease: enhanced understanding of aetiology, diagnosis, risk factors, prognosis and treatment planning.

Non surgical management: furcations, chemotherapeutics, perio-endo lesions, gingival veneers.

Surgical management: bone defects, root resection, crown lengthening, periodontal plastic surgery.

Clinical photos and treatment plans demonstrating the above skills are available on request.

ADDITIONAL CLINICAL COURSES

Whitening trends by Linda Greenwall, The face of dentistry for the progressive dentist by Bob Khanna, Optimizing endodontic outcomes by Imran Azam, Secrets to perfect communication by Ashley Latter, Ortho Restorative Dentistry by Tif Qureshi

ADDITIONAL LEGAL COURSES

GDC Fitness to practice: a suitable case for treatment?, Professional standards for the dental team, Faculty Guidelines, Dishonesty, Duty of candour.

PRIZES AND PROJECTS

BDA regional prize winner for presentation on "Length of Stay in Head and Neck Oncology Patients".

Poster publications on "Length of Stay in Head and Neck Oncology Patients" at RSCH and BAOMS conference.

Winner of best speech: "Japaneseness" at Toastmasters International

Competent Communicator: project completed at Toastmasters International.

Competent Leadership: project completed at Toastmasters International.

Publication in BDJ: "A magical interlude in Windsor".

WORK EXPERIENCE

Dec 5 th 2017- Oct 2018	Oak End Dental Clinic <i>GDP</i>	Gerrards Cross, Bucks
April 2016- Dec 2017	Heathwood Dental Clinic (private clinic) <i>GDP</i>	Crowthorne, Berks
Nov 2010- today	Millhouse Dental Practice (Rodericks) <i>GDP</i>	High Wycombe, Bucks
April 2012- Dec 2017	Cookham Dental (Rodericks) <i>GDP</i>	Cookham, Berks
Aug 2019- Nov 2010	Royal Surrey County Hospital <i>Maxillofacial SHO</i>	Guildford, Surrey
Aug 2008- Aug 2009	Station Dental Clinic <i>Vocational Dental Practitioner</i>	Aldershot, Hants

OTHER ROLES

Windsor BDA Secretary and Benevolent Fund representative :

- Organization and correspondence with specialist speakers which has enabled me to develop a dedicated clinical network.
- Photography for marketing, creating flyers, issuing contracts, liaising with venue for catering requirements, ensuring technology working effectively for speaker.
- Innovating new ways to raise money including raffles, cake and smoothie sales, plus a magic show performed by Raj Rattan.

LDC: (elected onto Berkshire LDC by my peers)

- Discussion with specialty services to understand demands, quality of referrals, waiting times and changes to services.
- Evaluation of local clinical networks and whether services are meeting demands.
- Understanding changes to NHS guidance on UDA claims.

Roles recently offered to me by Rodericks Dental Limited: Complaints Handler for Densura

VOLUNTEER WORK

Mentored children from underprivileged backgrounds in London Schools 2005-2007

Dental work in the following: Amazonian village of Peru (2007), dental work in Chandigarh, India (2010) and San Martin, Guatemala (2015)

Regular fund raising for the BDA Benevolent Fund

School talks to children interested in applying for Dentistry (2010)

ACHIEVEMENTS AND INTERESTS

-Achievements:

Half Marathon in support of Get Kids Going, multiple 10K London runs

“Best negotiator” “Best Speech” and “Best Tables Topics Awards” given Dec 2017, Jan 2018 and April 2018 respectively at Toastmasters International.

Spanish B2 Upper Intermediate Certification AIP Spanish School Language School, Valencia.

-Interests: Classical and Jazz piano, Yoga, Public speaking with Toastmasters International, reading (best book in 2020: XX Brain by Dr Lisa Mosconi), fluent in Spanish (regular Skype sessions and attended Valencia Language School), fluent in Hindi

REFERENCES

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