DR RESHMI BANSAL

BDS (Lon) LLM PG Cert Ortho

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DOB- 10/2/85

PERSONAL STATEMENT:

Try to be a better person than who I was yesterday.

EDUCATION

October 2025	**TMJ and Occlusion course**	LCAID, London
September 2024	**Toothwear and Mastering Treatment Planning**	IndigoDent, Dawood and Tanner
September 2024- ongoing	**Interceptive Orthopaedic and Orthodontic Treatment**	Stefan Cloete
July 2024	**Myofunctional Therapy**	Academy of Oral Myofunctional Therapy (AOMT)
June 2024	**Advanced Aligner Treatment Planning**	The Orthodontic Specialist.
April 2024	**Anterior composite course**	IndigoDent, Dawood and Tanner
February 2023	**Wire Bending in Fixed Orthodontics**	Cephtactics, London
April 2022- ongoing	**Orthodontic Diploma**	Smile Dental Academy
March 2022	**Cerec Certification**	Dentsply, Weybridge
April 2019	**Mediation Accreditation**	Society of Mediators, London
February 2019	**Court Room Skills**	Bond Solon, London
August 2019- 2021	**Orthodontic Certificate**	Cephtactics, London
February 2019	**Excellence in Report Writing**	Bond Solon, London
August 2018	**Invisalign Go**	London
February 2018	**Snoring and Sleep Apnoea**	London, BDA
May 2017	**Advanced Occlusion**	Aspire Dental Academy
March 2017	**Short course in Periodontics**	FGDP, London
March 2015-April 2016	**Advanced Operative Aesthetic and Cosmetic Dentistry**	Aspire Dental Academy
April 2014- May 2014	**Coaching and Mentoring**	Oxford
March 2012	**Inman Aligner Certification**	IAS, London
Sep 2011-July 2013	**LLM- Masters in the legal aspects of Medical Practice**	Cardiff University
2003-2008	**BDS**- passed with merit in Conservative Dentistry, Head and Neck Anatomy, Periodontology, Oral Biology and Pathology.	King's College, London

RELEVANT KNOWLEDGE

Legal

Mediation experience:

Successfully mediated at the Royal Courts of Justice (RCJ) in topics as wide-ranging as tenancy and building issues to loan disputes.

Further training and experience:

- Provided Expert Witness Reports in clinical negligence cases: 50% claimant and 50% defence work.
- Personal Injury reports provided on a monthly basis.

- Attendance of Annual Expert Witness Conference by Bond Solon to keep knowledge and skills up to date.
- Attended training on consent by James Badnoch QC, the prosecution Barrister in the case of *Montgomery*.
- Clinical expertise provided in compensation claims for sports-related dental injuries.
- Factual report submitted and court attendance on behalf of claimant after alleged stabbing.

LLM Modules: Consent to treatment and confidentiality, Employment law, Clinical negligence, Legal aspects of psychiatry, Legal guardianship and Gillick competence.

LLM Dissertation: "Is the current regulatory legal framework sufficient to ensure a high-quality workforce in the NHS given the economic crisis in England?"

Orthodontics

Provide:

-Fixed appliances

-Clear Aligners (Invisalign and Spark)

-Inman aligner

-Fixed Space Maintenance

Learning Early Interceptive Orthodontics:

-Schwarz

-Wilson

-Twin Block

3D digital planning using Orthocad.

Advanced Operative Aesthetic and Cosmetic Dentistry

Smile design: used analysis of facial/dental profile, smile line, buccal corridor, gingival line and intra/intertooth relationships to achieve optimal aesthetic design.

Tooth discolouration: experience with internal external bleaching, ICON and remineralization of white patches using GC tooth mousse

Direct anterior composites: layering (HRi system), direct composite veneers, diastema closure.

Direct and indirect posterior aesthetics: aesthetic posterior composite and ceramic onlays provided, all completed under rubber dam. Cerec.

Tooth wear and full mouth rehab: conformative vs reorganization, facebow and articulator use, direct vs indirect restorations, splint therapy and sleep clench inhibitors- clinical photos available on request.

Replacement of missing teeth: aesthetic bridge and denture design, careful material selection, highly effective adhesive methods.

Management of multi-disciplinary cases: ortho-restorative interface, complex case assessment and troubleshooting.

Periodontics

Periodontal disease: enhanced understanding of aetiology, diagnosis, risk factors, prognosis and treatment planning.

Non-surgical management: furcations, chemotherapeutics, perio-endo lesions, gingival veneers.

Surgical management: bone defects, root resection, crown lengthening, periodontal plastic surgery.

Clinical photos and treatment plans demonstrating the above skills are available on request.

ADDITIONAL CLINICAL COURSES

Whitening trends by Linda Greenwall, The face of dentistry for the progressive dentist by Bob Khanna, Optimizing endodontic outcomes by Imran Azam, Secrets to perfect communication by Ashley Latter, Ortho Restorative Dentistry by Tif Qureshi, Bioclear Method.

PUBLICATIONS AND PRIZES

Publication in BDJ in Practice. Mediate: Step to your patient's side.

BDA regional prize winner for presentation on "Length of Stay in Head and Neck Oncology Patients".

Poster publications on "Length of Stay in Head and Neck Oncology Patients" at RSCH and BAOMS conference.

Winner of best speech: "Japaneseness" at Toastmasters International

Competent Communicator: project completed at Toastmasters International.

Competent Leadership: project completed at Toastmasters International.

Publication in BDJ: "A magical interlude in Windsor".

WORK EXPERIENCE

May 2024	**Bupa Dental, Oxford (Private adults and NHS kids)** Developing Special Interest in Ortho-Restorative	Oxford, Oxfordshire
July 2021- May 2024	**Temple Square Dental (private clinic)** Developing Special Interest in Ortho-Restorative	Aylesbury, Bucks
Dec 5th 2017- Oct 2018	**Oak End Dental Clinic** *GDP*	Gerrards Cross, Bucks
April 2016- Dec 2017	**Heathwood Dental Clinic (private clinic)** *GDP*	Crowthorne, Berks
Nov 2010- 2021	**Millhouse Dental Practice (Rodericks)** *GDP*	High Wycombe, Bucks
April 2012- Dec 2017	**Cookham Dental (Rodericks)** *GDP*	Cookham, Berks
Aug 2019- Nov 2010	**Royal Surrey County Hospital** *Maxillofacial SHO*	Guildford, Surrey
Aug 2008- Aug 2009	**Station Dental Clinic** *Vocational Dental Practitioner*	Aldershot, Hants

OTHER ROLES

Windsor BDA Secretary

LDC: (elected to Berkshire LDC by my peers)

VOLUNTEER WORK

Mentored children from underprivileged backgrounds in London Schools 2005-2007

Dental work in the following: Amazonian village of Peru (2007), dental work in Chandigarh, India (2010) and San Martin, Guatemala (2015)

School talks to children interested in applying for Dentistry (2010)

Regular donations to Street Children in Ecuador and India.

ACHIEVEMENTS AND INTERESTS

-Achievements:

Half Marathon in support of Get Kids Going, 10K London runs.

"Best negotiator" "Best Speech" and "Best Tables Topics Awards" given Dec 2017, Jan 2018 and April 2018 respectively at Toastmasters International.

Spanish B2 Upper Intermediate Certification AIP Spanish School Language School, Valencia.

-Interests: Classical and Jazz piano, Yoga, Public speaking with Toastmasters International, reading (best book in 2025: Functional Occlusion from TMJ to Smile Design- very enlightening!). Speak advanced Spanish and Hindi

REFERENCES

Megha (associate dentist) Oxford Dental Bupa, 22 Beamont Street, Oxford, OX1 2NA meghana.vaidya@bupadentalcare.co.uk

Ankeet (associate dentist) Oxford Dental Bupa, 22 Beamont Street, Oxford, OX1 2NA Ankeet.patel@bupadentalcare.co.uk