

Curriculum Vitae - Mr DS Costain

Experience and qualifications

Surname	Costain
Forename	David Simon
Title	Podiatric Surgeon and Gait Specialist
Address	The Gait and Posture Centre LLP (Harley Street) 6 Harmont House 20 Harley Street London W1G 9PH
Telephone	+44 (0)207 636 4465
Website	http://www.gaitandposture.com
Email	clinic@gaitandposture.com
Education	London Foot Hospital and University Of Edinburgh
Qualifications	MRCPod Member of the Royal College of Podiatry FRCPodM Fellow of the Royal College of Podiatry in Podiatric Medicine FRCPodS Fellow of the Royal College of Podiatry in Podiatric Surgery BSc Batchelor of Science Degree FET Cert. Further Education Teachers Certificate CUBS Bond Solon Expert Witness certificate
HPC Registration	CH 06509
State Registration	Chiropodist/Podiatrist Membership 7528
Initial Training	1972 To 1975 London Foot Hospital Local Anaesthetic Certification
Post Graduate Training	Podiatric Surgery Training, Maidenhead Podiatric Surgery, Washington/Miami, USA
Surgical Residency	1977 to 1985 Dr David Bell, Maidenhead 1977 to 1980 Edinburgh/Oxford/Maidenhead/London
Surgical Examiner	Mr B. Francis
Post Grad Qualifications	Podiatric Surgeon - Fellowship Number 83m Podiatric Medicine Fellowship 1978 FE Teachers Certification Northampton Prescription Only Medicine Certificate Sept 2000 Expert Witness Insurance Cover Since 1985 C.U.B.S. Expert Witness Updated Certificate 2017

WORK HISTORY

1975-1985	NHS Northampton/Roehampton; Twickenham/Chichester
Private Practice	Northampton/Oxford/Maidenhead
	Podiatrist To Central School Of Ballet
	Podiatrist To Royal Ballet School and White Lodge
	Podiatrist To London Contemporary Dance School
	Podiatrist To Ballet Rambert
1986-1990	Consultant Podiatrist to Commando Training Centre Royal Marines
1991	Consultant Podiatrist to British Olympic Association, Northwick Park Hospital
1991 -1992	Consultant Podiatrist to Team GB Training Camps
	Consultant Podiatrist to Team GB 1992 Olympics, Barcelona

TEACHING

	London Foot Hospital University Of London
	Birmingham School Of Podiatry
	Lecturer Institute and Society Of Orthopaedic Medicine
	Lecturer Pfole International Conference Montreal 2002
	Lecturer Numerous National Podiatry Conferences 1977- Present
1985 - 2008	London Hospital Medical School Lecturer Dip. S.Medicine

OTHER EXPERIENCE

1985	Registered with Legal Services Commission as Podiatric Expert Witness.
	Full Expert Witness Insurance Cover.
1985 - 1992	Consultant Podiatrist to Harley Street Sports Clinic, Professor John Davies
1985 – 2008	Consultant Podiatrist to N.O.D.M. (Dance Council)
1992 – Present	Consultant Podiatrist and Podiatric Surgeon, The Gait and Posture Centre LLP (Harley Street)
1978	Ran first Commercial Orthotic Company in UK “Walkrite Orthotics”, later expanded to “Prescription Orthotic Services Ltd”.
1984	Won “Smart Award” To Design First CAD/CAM Orthotic System In UK

1986	Society of Podiatrists And Chiropodists Council Member
2000 – 2007	Orthotic Science Director CAD/CAM Design Company
2007	Co-Author CD-Rom “Sports Injuries of The Foot And Ankle”
2008	Book Review for Journal Of Orthopaedic Medicine “The Coloured Atlas Of Foot And Ankle Disorders” (Foster & Edmonds)
2009 - 2010	Commissioned to write book for Public on footcare
2012	Selected to help run Podiatry Team GB 2012 Olympic Games
2012 - Present	Expert witness on personal injury and other medico legal cases

AWARDS

Mr Costain has won a number of awards for his medico legal work including:

- Podiatry expert of the Year 2021, Leaders in Law
- Podiatry Expert Witness England 2022, Global Law Experts
- Podiatry Expert Witness of the Year UK 2022, Corporate Intl
- Podiatry Expert Witness of the Year UK 2022, Global 100
- Podiatry Expert Witness of the Year UK 2022, Legal 100
- Podiatry Expert Witness of the Year UK 2022, M&A today



Update 2022

Mr Costain continues to remain in full time private practice, is the CEO of the Gait and Posture Centre specialising in the analysis of gait related musculo-skeletal foot and leg and back problems relating to foot and leg malfunction.

Mr Costain has over 45 years of practice experience and is one of the co-founders of Podiatric Surgery but for many years has specialised in Gait evaluation techniques with a view of avoiding surgical intervention. He divides his time between his private practice and expert witness work.

His expert witness work involves mainly personal injury evaluation both for plaintiffs and defendants, with a ratio of 75% Claimants/Plaintiffs, and 25% defendants. He has been involved in some criminal cases involving his expertise in gait analysis of CCTV footage and footprint analysis but concentrates now on Personal Injury expert witness work.

He has been regarded as a professional expert in his field since 1985 when he was first registered with the Legal Services Commission. He holds full Expert Witness institute insurance indemnity cover.