Mr Karan Sampat

MRCOG, MBBS, BSc

Curriculum Vitae

Consultant Obstetrician and Gynaecologist, Expert Witness



Email: ksampat@doctors.org.uk
GMC no: 6147639

Summary

Education and Qualifications

MRCOG, MBBS, BSc

I completed my undergraduate training in London in 2006. I strengthened my specialty skills in obstetrics and gynaecology through training in the East of England region, during which time I became a Member of the Royal College of Obstetricians and Gynaecologists. I enhanced my experience in maternal medicine, advanced labour ward practice and medical education by achieving the advanced Royal College modules (ATSMs) in these areas of special interest. This included two years being trained by experts (Addenbrooke's Hospital, Cambridge).

Being awarded the Cardiff University Bond Solon Expert Witness Certificate (Civil Law) (in 2022) has prepared me for writing structured reports and to be cross-examined in a courtroom.

Current Employment

In 2018, I was appointed as a consultant obstetrician and gynaecologist for Dartford and Gravesham NHS Trust. My current practice involves leading a maternal medicine clinic every week. I especially cater for pregnant mothers with complex cardiac conditions, along with liver and kidney problems.

I am responsible for the acute activity on the labour ward for my trust for over 870 hours per year. My NHS trust has 5000 deliveries per year. I do or directly supervise at least five obstetrician led deliveries, mainly in the form of C-sections, per week. To support my clinical work, I also maintain memberships with the Medical Protection Society, the British Medical Association, the British Maternal and Fetal Medicine Society and the MacDonald Obstetric Medicine Society

During my tenure as obstetric lead (2018 – 2022), my NHS trust was awarded a Care Quality Commission rating of 'good'. I also performed root cause analyses following serious incidents for both my NHS trusts and neighbouring trusts. This developed my attention to detail.

Now, as an accredited expert witness, my current ratio of claimant to defendant instructions is approximately 40 :60. In 2024, I was invited to be an 'external expert' by NHS trusts, which have been under national media scrutiny.

Additional Skills and Experience

Addenbrooke's Hospital in Cambridge was the first in the UK to utilise Epic's eHospital system. I trained there before and after the introduction of eHospital and this evidences my ability to review medical records using advanced digital technology.

Personal Details

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Gender	Male	**GMC No.**	6147639
Nationality	British		

Professional Memberships

- Medical Protection Society
- British Medical Association
- Royal College of Obstetricians and Gynaecologists
- British Maternal and Fetal Medicine Society
- MacDonald Obstetric Medicine Society

Education

- **Cardiff University Bond Solon Expert Witness Certificate** (Civil Law) (2022)
- **ATSM in Medical Education** (2018). Completed at Princess Alexandra Hospital, Harlow.
- **CCT in Obstetrics and Gynaecology** (2018): 20.04.18
- **ATSM in Maternal Medicine** (2017). Completed at Addenbrooke's Hospital. My general training was augmented by participating in specialised antenatal clinics, and also clinics with physicians from a range of specialities, in a tertiary centre.
- **ATSM in Advanced Labour Ward Practice** (2016). Completed at Ipswich Hospital.
- **Part 2 MRCOG** (2015). London
- **Part 1 MRCOG** (2011). London
- **MBBS** (2006). Bart's and the London, Queen Mary's School of Medicine, University of London (with Distinction in Medical Sciences) (was ranked 27/240). Achieved Merit Awards in Parts 1 and 2 of MBBS. This was received by only 5% of the year group.
- **Intercalated BSc Hons** (2005). Physiology with Basic Medical Sciences (Special Interest Maternal and Fetal Health). Upper Second Class. Guy's, King's and St. Thomas' School of Biomedical Sciences, University of London.

Prizes

- **Best Clinical Audit Poster Presentation:** In 2023, I was awarded the prizes for both 1st and 3rd place. This was across the whole of my NHS trust and all specialties and professions were eligible to enter.

- **'Top downloaded article'** - Issued with certificate, in recognition for this, between 2017-2018, for my article in The Obstetrician and Gynaecologist, by Wiley.

- **Princess Alexandra Hospital, Harlow, Merit Award**. In 2018, I was awarded First Place for best teacher, from 260 sub-consultant grade doctors. This was across all specialties, throughout the entire trust.

- **East Anglia Obstetrics and Gynaecology Society Meeting** - Prize for second best oral presentation (2017). For a regional presentation, titled Determining the Investigations and Management of Women with Obstetric Cholestasis. Four trainees from the entire region were selected to prepare and present, and prizes were awarded to the top two.

- **David Williams and Matthews Duncan Medical Student Exam Prize for Obstetrics** (2006). This was awarded to one student from the entire medical school annually. I was top from 1250 eligible students.

Employment History

- Darent Valley Hospital, Dartford. Consultant Obstetrician and Gynaecologist with a Special Interest in Maternal Medicine (07.08.18 – date). Lead Consultant in Obstetric Risk and Governance (December 2018 to November 2022).

- Commenced full-time specialty training in obstetrics and gynaecology 01.10.08.

- In full-time clinical practice since 02.08.06.

Courses

- 'Leadership and Management' – ISC Medical (2025)
- 'Medical Complications in Pregnancy' – Obstetric Medicine Company (2025)
- 'Clinical Negligence Essentials' – Bond Solon (2024)
- 'Experts' Meetings' – Bond Solon (2024)
- 'Advanced Communication Skills' – ISC Medical (2024)
- 'Mentoring and Coaching' – ISC Medical (2023)
- Cardiff University Bond Solon Expert Witness Certificate (2022)
- 'Civil Law and Procedure'– Bond Solon (2022)
- Trauma Risk Management – Strongmind Resiliency Training (2021)
- Mental Health First Aider – Mental Health First Aid England (2021)
- 'Cross-examination'– Bond Solon (2021)
- 'Courtroom Skills'– Bond Solon (2021)
- 'Excellence in Report Writing' - Bond Solon (2021)
- 'Leadership, Managing People and Building Teams' – Miad Healthcare (2020)

Clinical Experience

I am competent in the following procedures: Caesarean section, instrumental delivery, insertion of a B-Lynch suture, uterine balloon tamponade, cervical cerclage, external cephalic version, vaginal breech and twin deliveries, repair of a third degree tear, manual removal of placenta, antenatal ultrasound scans for growth, umbilical artery Dopplers, liquor volume and placental site, , laparoscopic salpingectomy, laparoscopic ovarian cystectomy, laparoscopic sterilisation, trans-abdominal early pregnancy unit scans, surgical management of miscarriage, diagnostic hysteroscopy, Novasure endometrial ablation, marsupialisation of Bartholin's abscess, and femoral blood sampling.

Courtroom Experience

In Dec 2021, I represented my NHS trust in my first ever coroner's inquest. I was giving evidence as the author of the trust report; I had no clinical involvement. The coroner did not issue a prevention of future deaths report and said that he was 'impressed' by my evidence.

Leadership / Management Experience

- **Lead for Maternal Medicine:** From Sep 2018 – date. I have created a clear pathway for tertiary level referrals to St Thomas' Hospital in London and also Medway Hospital. Having named consultant physicians for each medical specialty, within Darent Valley Hospital, has ensured a structured framework with accountability.

- **Educational Supervisor:** From Sep 2018 – date. I am a GMC accredited trainer. I ensure patient safety through the daily mentoring of more junior doctors. I undertake appraisals for multiple specialty trainee registrars. By coaching a range of different personalities, I am strengthening my versatility as a trainer. In 2023, I was proud to be able to say that my first trainee was appointed as a consultant colleague within the same NHS trust.

- **'Leadership, Managing People and Building Teams':** Attending this course in 2020 developed my knowledge of different leadership styles via psychometric profiling, including defining my own, and how to increase versatility in the workplace. I was able to adapt myself more towards different working styles seen in colleagues.

- **Lead for Obstetrics**: From Dec 2018 – Nov 2022. Working with the risk management midwife, I debriefed couples who had an adverse outcome in their pregnancy or had a grievance which they have raised. I carried out root cause analyses when appropriate. I introduced mechanical methods for induction of labour, placental growth factor-based testing to diagnose pre-eclampsia, and biomarkers to diagnose ruptured membranes to my NHS trust. I represented obstetrics through a CQC inspection, which resulted in a rating of 'good'. This was at a time when there was considerable media attention directed towards maternity within a neighbouring NHS trust.

Publications

Peer reviewed

- Gilkinson G, Beresford H, Postlethwaite C, Nelson-Piercy C, Sampat K (2025). A rare example of humoral-related hypercalcaemia in pregnancy secondary to a uterine fibroid: a case report. Obstetric Medicine. https://journals.sagepub.com/doi/abs/10.1177/1753495X251326130

- Khanna A and Sampat K (2023). Sudden Maternal Cardiac Arrest: A Case of Amniotic Fluid Embolism. International Presentation at the Royal College of Obstetricians and Gynaecologists World Congress.

- Gibson M, Sampat K and Coakley G (2020). A Self-Limiting Symmetrical Polyarthritis following COVID-19 Infection. Rheumatology Advances in Practice, Vol 4, Issue Supplement_1, https://doi.org/10.1093/rap/rkaa052.014

- Sampat K and Alleemudder D (2018). Fibroids in Pregnancy: Management and Outcomes. The Obstetrician and Gynaecologist; 20: 187-195.

- Sampat K and Raajkumar S (2012). Determining the Investigations, Management and Outcomes of Patients with Obstetric Cholestasis. *The Online Journal of Clinical Audits*; Vol 4:1 www.clinicalaudits.com

Audits

I have participated in all aspects of audit including roles as instigator and supervisor, data collection and analysis, and dissemination and presentation of results.

I have also gained experience of closure of the audit cycle. For all of my audits, as a minimum, I completed data collection, then prepared and presented the results at the respective departmental meeting.

Teaching Experience

- I have been invited to instruct at the Basic Practical Skills Course, which is run by the Royal College of Obstetricians and Gynaecologists, in London. As a regular faculty member, I develop my ability to teach in a 'hands on' setting.

- I regularly deliver formal lectures to the medical students of Guy's, King's and St Thomas' School of Medicine. My communication skills are developed when adjusting my terminology to the level of experience of an undergraduate student. Explaining the concepts of a speciality the students are encountering for the very first time demonstrates my teaching abilities. My feedback forms from the students have revealed outstanding scores. I have also been commended the respective undergraduate dean.

- As an accredited educational supervisor, I regularly lead Annual Review Competence Progression panels for obstetric trainees. This is for Health Education England Kent, Surrey and Sussex.

- I am an interviewer for recruitment into specialty training for obstetrics and gynaecology. This is for Health Education England.

- Conducting an 'Eclampsia Drill' on the labour ward in Addenbrooke's Hospital, Cambridge. I assessed and gave feedback to a multi-disciplinary team, who were given this real-time scenario, unexpectedly.

- Obstetric Skills Drills for forceps deliveries and shoulder dystocia. This was conducted for 40 students from Cambridge University medical school, as part of additional 'hands on' teaching.

- Gave formal lectures to students at Cambridge University Medical School.

Personal Interests

Latin and Ballroom Dancing, Salsa Dancing. I have placed in national level competitions and scored highly in nationally recognised exams. Karate, Swimming, Gym, and Athletics.

With regards to my achievements in karate, I had reached 1st DAN black-belt by the age of 14. Additionally, I placed 3rd in the local area tournament for freestyle combat, aged 11.

Additional Skills

I am bilingual.

Having trained in a hospital with completely electronic notes has equipped me for this future change. My experience in IT has allowed me to become competent in the use of Microsoft Word, Outlook, Excel and PowerPoint to support my clinical work. In the past, I have liaised with hospital radiology departments, in order to upload images to facilitate my presentations. Additionally, I am proficient in the use of search engines, e.g. Medline, and creating poster presentations.

References

- Ms Vanessa Splaine. Partner. Clyde and Co LLP. 2 New Bailey Square, Stanley Street, Salford. M3 5GS. 0161 240 2850. Vanessa.Splaine@clydeco.com

- Mr Djavid Alleemudder. Consultant Obstetrician and Gynaecologist. Ipswich Hospital, Heath Road, Ipswich, Suffolk. IP4 5PD. Djavid.Alleemudder@nhs.net