

Curriculum Vitae

Mr. Wail Awad Elkarim Mohammed Ahmed

MBBS / IMRCS / MSc Heath Sc (Trauma & Orthopedic Surgery) / FRCP/ FEBPRM

Personal Details:

Name: Mr Wail Ahmed
Date of birth: 22/02/1977
Nationality: Sudanese and British (Passport No. 514905604)
Address: Private Rooms – National Spinal Injuries Centre – Stoke Mandeville Hospital – Aylesbury – Buckinghamshire – HP21 8AL
Private Secretary: Mrs Annette Wylie
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GMC number: 7033212
GMC Full Registration: 15/05/2009
GMC Specialist Registration: 15/02/2017

Qualifications:

- Bachelor of Medicine and Bachelor of Surgery (MBBS), Faculty of Medicine, University of Khartoum, Sudan, 13/05/2002
- Intercollegiate Membership of the Royal College of Surgeons (IMRCS) – Royal College of Surgeons in Ireland (RCSI) on 15/12/2008
- MSc Health Sciences (Trauma & Orthopaedic Surgery) – University of Warwick on 02/12/2013
- Completed UK Higher Specialist Training Programme in Spinal Cord Injuries Rehabilitation in Health Education Thames Valley (formerly Oxford Deanery) on 15/02/2017
- Certificate of Completion of Training (CCT) in Rehabilitation Medicine on 15/02/2017
- Fellowship of the Royal College of Physicians (FRCP) – Royal College of Physicians (RCP) in London – October 2018
- Fellowship of the European Board of Physical and Rehabilitation Medicine (FEBPRM) – July 2021
- United Kingdom Continence Society Certificate of Urodynamics in Neuropathic Patients

Current Posts:

- Dates:15/02/17 – Permanent post
  Job title: Consultant in Spinal Cord Injuries
  Hospital: National Spinal Injuries Centre (NSIC) – Stoke Mandeville Hospital
- Dates: 31/07/17 – to date
  Job title: Consultant in Spinal Cord Injuries
  Hospital: Royal Buckinghamshire Hospital (Private Hospital)
- Dates: 12/11/2025 – to date
  Job title: NSIC Lead Consultant and Clinical Directorate Co – Lead
  Hospital: National Spinal Injuries Centre (NSIC) – Stoke Mandeville Hospital

Professional Summary:

I am an experienced professional UK-trained specialist medical doctor, with Certificate of Completion of Training in Rehabilitation Medicine, who has been working as a Consultant in Spinal Cord Injuries in the National Spinal Injuries Centre in the UK for the past 7 years. Clinically, I have huge experience in Spinal Cord Injuries Medicine in general including the holistic management of the conditions of tetraplegia and paraplegia with the sequelae of neurogenic pain, neurogenic spasms/spasticity, neurogenic bladder, neurogenic bowels, neurogenic sexual dysfunction, neurogenic respiratory dysfunction, neurogenic autonomic dysfunction, neuropathic pressure sores etc. I have special interest and competence in doing video-urodynamic studies, flexible cystoscopy with intravesical detrusor botulinum toxin injections and surgical management of pressure ulcers in spinal cord injury population. This is in addition to other generic skills including botulinum toxin injections of limb muscles using Ultrasound and EMG Needle Amplifier machine, intra-articular and triggers point injections.

Medicolegal Training & Experience:

In 2017, I completed a 2-day CPD medicolegal training course in London through Specialist Info Company as follows:

- Writing Expert Reports in Personal Injuries –Medico-legal Expert Training on 31st January 2017
- Writing Expert Reports in Clinical Negligence – Medico-legal Expert Advanced Training on 1st February 2017

I also attended a 6-hour CPD medicolegal workshop as part of the BSPRM/BASCIS Conference on 3rd of July 2023 with the following title:

- Medicolegal – quantification of catastrophic claims

I have modest medicolegal experience in writing various medicolegal reports, for spinal cord injuries and cauda equine syndrome clients, including police reports, coroners' reports, initial medicolegal reports, and condition and prognosis reports (all as claimant's medical expert). One of my cases as a claimant medical expert was settled out of court in for £3.25 million with legal costs in December 2023. My most recent case as a claimant medical expert was also settled out of court for an undisclosed amount of money on 16th December 2025.

Publications:

- As a first author, I have 5 publications in peer-reviewed journals in addition to my contribution as a second author in the chapter of **"Spinal Cord Injury Rehabilitation"** in the first edition of the **"Oxford Textbook in Neurological Surgery"** in September 2019**.**

- My publications are:

1) Ahmed WA, de Heredia LL, Hughes RJ, Belci M, Meagher TM. **Outcomes of whole-body computed tomography in spinal cord-injured patients with sepsis**. Spinal Cord. 2014 Jul;52(7):536-40. doi: 10.1038/sc.2014.42. Epub 2014 Apr 15. PMID: 24732168.

   This paper was cited in the following 2 peer-reviewed publications:

   a) *Capps E., Linnau K.F. and Crane D. A. (2015).* ***Beyond Broken Spines – What the Radiologist Needs to Know about Late Complications of Spinal Cord Injury.*** *Insights Imaging 6:111 – 222*

b) *Upchurch CP, Grijalva CG, Wunderink RG, Williams DJ, Waterer GW, Anderson EJ, Zhu Y, Hart EM, Carroll F, Bramley AM, Jain S, Edwards KM, Self WH.* ***Community-Acquired Pneumonia Visualized on CT Scans but Not Chest Radiographs: Pathogens, Severity, and Clinical Outcomes.*** *Chest. 2018 Mar;153(3):601-610. doi: 10.1016/j.chest.2017.07.035. Epub 2017 Aug 9. PMID: 28802696; PMCID: PMC5989638.*

2) Ahmed W, Alwe R, Wade D. **One-year functional outcomes following major trauma: experience of a UK level 1 major trauma centre**. Clin Rehabil. 2017 Dec;31(12):1646-1652. doi: 10.1177/0269215517712044. Epub 2017 Jun 5. PMID: 28580790.

This paper was cited in the following 5 peer-reviewed publications:

a) *Dasic D, Morgan L, Panezai A, Syrmos N, Ligarotti GKI, Zaed I, Chibbaro S, Khan T, Prisco L, Ganau M.* ***A scoping review on the challenges, improvement programs, and relevant output metrics for neurotrauma services in major trauma centers.*** *Surg Neurol Int. 2022 Apr 29;13:171. doi: 10.25259/SNI_203_2022. PMID: 35509585; PMCID: PMC9062973.*

b) *Pollard D, Fuller G, Goodacre S, van Rein EAJ, Waalwijk JF, van Heijl M.* ***An economic evaluation of triage tools for patients with suspected severe injuries in England****. BMC Emerg Med. 2022 Jan 11;22(1):4. doi: 10.1186/s12873-021-00557-6. PMID: 35016621; PMCID: PMC8753918.*

c) *David SD, Roy N, Solomon H, Lundborg CS, Wärnberg MG.* ***Measuring post-discharge socioeconomic and quality of life outcomes in trauma patients: a scoping review.*** *J Patient Rep Outcomes. 2021 Aug 9;5(1):68. doi: 10.1186/s41687-021-00346-6. PMID: 34370128; PMCID: PMC8353045.*

d) *Kruithof N, Polinder S, de Munter L, van de Ree CLP, Lansink KWW, de Jongh MAC; BIOS-group.* ***Health status and psychological outcomes after trauma: A prospective multicenter cohort study.*** *PLoS One. 2020 Apr 21;15(4):e0231649. doi: 10.1371/journal.pone.0231649. PMID: 32315373; PMCID: PMC7173764.*

e) *Tan AL, Chiong Y, Nadkarni N, Cheng JYX, Chiu MT, Wong TH.* ***Predictors of Change in Functional Outcome at six months and twelve months after Severe Injury: A Retrospective Cohort Study.*** *World J Emerg Surg. 2018 Dec 3;13:57. doi: 10.1186/s13017-018-0217-y. PMID: 30524498; PMCID: PMC6276158.*

3) Ahmed WA, Naidoo A, Belci M. **Rapid incremental closed traction reduction of cervical facet fracture dislocation: the Stoke Mandeville experience.** Spinal Cord Ser Cases. 2018 Sep 21;4:86. doi: 10.1038/s41394-018-0109-0. PMID: 30275978; PMCID: PMC6155076.

This paper was cited in the following 3 peer-reviewed publications:

a) *Norisyam Y, Lim HS, Bahrin Z, Foo CH.* ***Bilateral Cervical Facet Dislocation Due to Catastrophic Shallow Water Diving: A Case Report****. Cureus. 2023 Nov 15;15(11):e48846. doi: 10.7759/cureus.48846. PMID: 38106714; PMCID: PMC10722344.*

b) *Mubark I, Abouelela A, Hassan M, Genena A, Ashwood N.* ***Sub-Axial Cervical Facet Dislocation: A Review of Current Concepts.*** *Cureus. 2021 Jan 8;13(1):e12581. doi: 10.7759/cureus.12581. PMID: 33575145; PMCID: PMC7870112.*

c) *Zileli M, Osorio-Fonseca E, Konovalov N, Cardenas-Jalabe C, Kaprovoy S, Mlyavykh S, Pogosyan A.* ***Early Management of Cervical Spine Trauma: WFNS Spine Committee Recommendations.*** *Neurospine. 2020 Dec;17(4):710-722. doi: 10.14245/ns.2040282.141. Epub 2020 Dec 31. PMID: 33401852; PMCID: PMC7788428.*

4) Ahmed WA, Rouse A, Griggs KE, Collett J, Dawes H. **Poor specificity of National Early Warning Score (NEWS) in spinal cord injuries (SCI) population: a retrospective cohort study.** Spinal Cord. 2020 Feb;58(2):165-173. doi: 10.1038/s41393-019-0330-0. Epub 2019 Jul 29. PMID: 31358907.

This paper was cited in the following 3 peer reviewed publications:

a) *Song SH, Sankary KM, Burns SP.* ***Vital sign differences between septic patients with tetraplegia and paraplegia.*** *Spinal Cord Ser Cases. 2022 Nov 25;8(1):87. doi: 10.1038/s41394-022-00553-3. PMID: 36433952; PMCID: PMC9700738.*

b) *Martín-Rodríguez F, López-Izquierdo R, Mohedano-Moriano A, Polonio-López B, Maestre Miquel C, Viñuela A, Fernández CD, Correas JG, Marques G, Martín-Conty JL.* ***Identification of Serious Adverse Events in Patients with Traumatic Brain Injuries, from Prehospital Care to Intensive-Care Unit, Using Early Warning Scores****. Int J Environ Res Public Health. 2020 Feb 26;17(5):1504. doi: 10.3390/ijerph17051504. PMID: 32110959; PMCID: PMC7084570.*

c) *Goldish, Daniel B et al. "****Positive predictive value of a sepsis-screening protocol for patients with tetraplegia.****" PM&R 15 (2022): 976 - 981.*

5) Kirollos, R., Helmy, A., Thomson, S., Hutchinson, P., Anwar, F., Ahmed, W., Tajsic, T., Barone, D., & Mee, H. (2019-09). **Spinal cord injury rehabilitation.** In Oxford Textbook of Neurological Surgery. Oxford, UK: Oxford University Press. Retrieved 2 May. 2020, from https://oxfordmedicine.com/view/10.1093/med/9780198746706.001.0001/med-9780198746706-chapter-70.

6) Hashim A, Ahmed W, Elleithi A. **A glimpse of light for Sudan's pressured health system amid military coup violations. Lancet.** 2023 May 6;401(10387):1493-1494. doi: 10.1016/S0140-6736(23)00718-3. PMID: 37149298.

7) Wail Ahmed et al. 2023. **Re:Sudan: WHO calls for protection of health workers and patients amid increased violence. BMJ.** 2023 Apr 19;381:892. doi: 10.1136/bmj.p892. PMID: 37076170.

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Current Positions & Organisations:

1. **NSIC Lead Consultant and Clinical Directorate Co – Lead.**
2. **General Member of the International Spinal Cord Society (ISCoS) External Relations Committee (ERC) since May 2021.**
3. **Member of the ISCoS Pressure Injuries Sub-Committee.**
4. **Member of the British Association of Spinal Cord Injury Specialists (BASCIS) and Chair of the BASCIS Constitution Revision Committee.**
5. **Advisory Member of the Middle East and North African Spinal Cord Injury (MENASCI) Network.**
6. **NSIC Neuro-urodynamic Study Services Lead.**
7. **NSIC International Standards for Neurological Classification of Spinal Cord Injury (ISNCSCI) Masterclass Course Lead.**
8. **Member of the International Continence Society.**
9. **Member of the UK Continence Society (UKCS).**
10. **UKCS Committee Neuro-urology Representative.**
11. **Secretary General of the Executive Committee of the Sudanese Society of Neurorehabilitation.**
12. **Member of the Sudan Doctor's Union – UK Branch (SDU – UK) and former Executive Committee Member.**
13. **Founder of the Sudanese Rehabilitation Medicine Advisory Committee (RMAC).**

References: Available on request