Dr Luis Alameda, MD, PhD
Senior Clinical Lecturer & Consultant Psychiatrist
King's College London | South London and Maudsley NHS Foundation Trust
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Appointments
2024 – Senior Clinical Lecturer, IoPPN, KCL; Consultant Psychiatrist, National Psychosis Unit, SLaM, UK
2022 – 2024 Médecin Associé & Head TIPP Programme, CHUV Switzerland
2020 – Consultant Psychiatrist (part-time), SLaM, UK
2019 – 2020 Consultant Psychiatrist, STEP & LEO, SLaM, UK
2016 – 2017 Chef de Clinique, Liaison Psychiatry, CHUV, Switzerland
2013 – 2017 Clinician-Scientist, CPN, CHUV, Switzerland
2010 – 2016 Psychiatry Training, CHUV, Switzerland

Education
2017 – 2022 PhD, IoPPN, KCL
2021 EMDR Therapist Certification, UK
2009 – 2016 Specialist Psychiatry and psychotherapy (FMH), Switzerland
2015 MD, University of Lausanne, Switzerland
2008 Medical Degree, University of Seville, Spain

Grants (PI)
2023 – 2027 Carigest Fellowship (CHF 699,732) (Current)
2023 – 2025 Frutiger Fellowship (CHF 358,212)
2016 – 2018 SNSF Early doc Mobility (CHF 94,241)
2013: Synapsy-NCCR's grant, (Suisse National Fund). 50'000 CHF over 12 months

Grants (co-PI)
-2022: Co-PI of the Lausanne site in AMP SCZ consortium Accelerating Medicines Partnership® Schizophrenia (AMP® SCZ).
-2021: Cohorte de gestantes COVID-19 y recién nacidos: identificación de marcadores clínicos y biológicos asociados a neurodesarrollo anómalo en los recién nacidos (SIGNATURE) PECOVID-0195-2020: 108'240 €"

Awards
2024 Young Investigator Award best paper of the year, SEPSM
2023 Best PhD of the year Award, SEPSM
2023 Young Investigator Award, SSBP
2022 Outstanding King's Prize – Best PhD Award, KCL
2022 Bets PhD of the year Department of psychosis studies, IoPPN, KCL
2019 EPA Research Prize best paper of the year

Staff and Students

Current PhD students: 1 as 1st supervisor (CHUV Lausanne) + 1 as 2nd supervisor (CHUV, Lausanne) and 1 as third (KCL, UK). I have not supervised other PhD students previously as I obtained mine in 2022.

Current MSc Dissertation Students: 5. Between 2018 and 2025, I supervised 18 Master's students to completion

PUBLICATIONS of Dr Luis Alameda (updated 07.04.2026)

Number of manuscripts as first author: 13

Number of manuscripts as last author: 13

Number of manuscripts as second author: 11

Number of manuscripts in total: 111 (Scopus)

Scopus H-Index: 25

Total citations Scopus: 1,788

Full list: https://orcid.org/0000-0002-8621-2885

As first author:

- The romande fidelity scale for early intervention in psychosis. Encephale
L Alameda , C Conchon, É Sprüngli-Toffel , Logos Curtis (…), T Omar Khachouf, M Cleusix, P Conus . 2026 Feb doi: 10.1016/j.encep.2025.11.003.

- The effect of polygenic risk score and childhood adversity on transdiagnostic symptom dimensions at first-episode psychosis: evidence for an affective pathway to psychosis
L Alameda, V. Rodriguez, (…) R. M. Murray, M Aas; 2022 Transl Psychiatry . 2024 Oct 26;14(1):454. doi: 10.1038/s41398-024-03149-7.

-Exploring the mediation of DNA methylation across the epigenome between childhood adversity and First Episode of Psychosis – findings from the EU-GEI study L Alameda L Zhonghua, V. Rodriguez, C. Morgan, (…) R. M. Murray, C.Y.Wong. 2022 (Molecular Psychiatry. 2023 Apr 17. doi: 10.1038/s41380-023-02044-9.

-Can Epigenetics shine a light on the biological pathways underlying major mental disorders?
L Alameda, G Trotta, H Quiley, V Rodriguez, R Gadelrab, D Dwir, E Dempster, Chloe C. Y. Wong, M Di Forti. Under second round of review in Psychological Medicine. 2022 Jul;52(9):1645-1665. doi: 10.1017/S0033291721005559

-Evidence of Mediation of Anxiety and Depression Between Abuse and Positive symptoms of Psychosis. L Alameda, P Conus, J Ramain, A Solida 2021 Journal of Psychiatry research 2021 Jul 8;47(4):975-985. DOI: 10.1016/j.jpsychires.2021.11.027

-Association between specific childhood adversities and symptom dimensions in people psychosis: systematic review and meta-analysis. L. Alameda, A. Christy, V. Rodriguez, G. Salazar de Pablo, M. Thrush, Y. Shen, B. Alameda, E. Spinazzola, E. Iacoponi, G. Trotta, C. Ewan, M.R. Veguilla, M. Aas, C. Morgan, R. M. Murray. 2020 Schizophrenia Bulletin 2021 Jul 8;47(4):975-985.
doi: 10.1093/schbul/sbaa199.

- Psychological Trauma Occurring during Adolescence is Associated with an Increased Risk of Greater Waist Circumference in Early Psychosis Patients Independently of Medication.
L. Alameda, A. Levier, M. Gholam-Rezaee, F. Vandenberghe, A. Delacretaz, A. Glatard, P.S. Baumann, C. Dubath, A. Herane-Vives, A. Solida, Q. Kim Do, C.B. Eap, P. Conus PLoS One 2020 Dec 3;15(12). doi: 10.1371/journal.pone.0242569.

- A Systematic Review on Psychological and Biological Mediators Between Adversity and Psychosis: Potential Targets for Treatment. L. Alameda, V. Rodriguez , E. Carr, M. Aas, G. Trotta, P. Marino, N. Vorontsova, A. Herane-Vives, E. Spinazzola, R. Gadelrab, M. Di Forti, C. Morgan, R. M Murray. June 2020 Psychological Medicine. doi: https://doi.org/10.1101/2019.12.14.19014506.

-Redox dysregulation, a Link Between Childhood Trauma and Poorer Clinical Outcome in Early Psychosis Patients. L. Alameda, M. Fournier, I. Khadimallah, A. Griffa, M. Cleusix, R. Jenni, C. Ferrari,
P. Klauser, P. Baumann, M. Cuenod, P Hagmann, P. Conus, K.Q Do. PNAS November 19, 2018 doi: org/10.1073/pnas.1812821115

-Mild depressive symptoms mediate the impact of childhood trauma on long-term functional outcome in early psychosis patients. L. Alameda, P. Golay, P. S. Bauman, P. Progin, N. Mebdouhi, J. Elowe, C. Ferrari, K. Q. Do, P. Conus. Schizophrenia Bulletin. September 2017; 1;43(5):1027-1035. doi: 10.1093/schbul/sbw163.

-Assertive outreach for “difficult to engage” patients: a useful tool for a subgroup of patients in specialized early psychosis intervention programs. L. Alameda, P. Golay, P. Baumann, Stèphane Morandi, C. Ferrari, P. Conus C. Bonsack. Psychiatry research. May 2016; 239:212-219. doi.org/10.1016/j.psychres.2016.03.010

-Age at the time of exposure to trauma modulates the psychopathological profile in early psychosis patients. L. Alameda, P.Golay, C. Ferrari, P. S. Baumann, K. Q. Do, P. Conus. The Journal of Clinical psychiatry. May 2016; 77(5):e612-618. doi: 10.4088/JCP.15m09947

-Childhood sexual and physical abuse: age at exposure modulates impact on functional outcome in early psychosis patients. L. Alameda, C. Ferrari, P. S. Baumann, M. Gholam-Rezaee, K. Q. Do, P. Conus. Psychological medicine. October 2015; 45(13):2727-2736. doi:10.1017/S0033291715000690

As last Author

-An etiological approach to psychosis: potential benefits for treatment, research and prevention.

R M. Murray, D Oliver, A Dima, L Alameda. World Psychiatry, in press 2026.

- Gene-Environment Correlation Across Trauma Subtypes and Developmental Timing: Evidence from EU-GEI and ALSPAC, G. Trotta, I Austin-Zimmerman, E Spinazzola (…)R. Bentall, Robin M Murray, Marta Di Forti, L. Alameda Biol Psychiatry. 2026 Mar 31:S0006-3223(26)01130-3. doi: 10.1016/j.biopsych.2026.03.1000. Online ahead of print.

- The Long-Term Follow-Up TIPP Project: LOFT Study Protocol, a 20-Year Prospective Study of Early Psychosis Patients .

T Petrova, P Golay, P Klauser, S Vieira, Inès Lepreux 1, Lora Bici 1 (…) C Conchon, L Abrahamyan Empson, P Conus, L Alameda Early Interv Psychiatry. 2026 Jan;20(1):e70127. doi: 10.1111/eip.70127.

- The shadow of trauma: impaired mentalization in clinical populations - a systematic review

M Gorgellino, G. Kumar, Y. Parkar, A. Catalan, N. Fares-Otero, M. Debbané, M. Armando, L. Alameda

Psychol Med. 2025 Jul 8:55:e186. doi: 10.1017/S0033291725100822.

- Effectiveness of mindfulness based interventions in reducing depressive symptoms across mental disorders: A meta-analysis of randomized controlled trials

E. Alkan, G. Kumar, S. Ravichandran, S. R. Kaushal, Gonzalo Salazar-de-Pablo(…), P. Klauser, P. Golay, U. Kramer, L. Alameda Psychiatry Res. 2025 Jun:348:116473.

The impact of childhood trauma and cannabis use on paranoia: a structural equation model approach

G. Trotta, E. Spinazzola, H. Degen, Zhi Li, I. Austin-Zimmerman (…) T. P Freeman, R. M Murray, Chloe C Y Wong, M Di Forti L. Alameda Psychol Med. 2025 Aug 8:55:e220.

- Associations Between Childhood Trauma and Social Cognition in Early Psychosis

D Cavero, R Jenni, P Golay , M Gorgellino, P Klauser, M Cleusix , L Abrahamyan Empson , T Petrova , I Lepreux , C Conchon , P Conus , C L Lam, L Alameda Early Interv Psychiatry. 2025 May;19(5):e70052.

-Statistical Implication Analysis: a novel approach to understand the reciprocal relationships between outcomes in Early Psychosis.

P. Golay, L. Abrahamyan Empson, N. Mebdouhi, C. Conchon, V. Bonnarel, P. Conus, L. Alameda. Psychological medicine May 2024 in press

-Risk and protective factors for recovery at 3-years follow-up after first-episode psychosis onset: a multivariate outcome approach C. Serra-Arumí, P. Golay, V. Bonarel, L. Alerci, L. Abrahamyan Empson, P. Conus, L. Alameda Social Psychiatry and Psychiatric Epidemiology 2023 Oct 20. doi: 10.1007/s00127-023-02579-w.

-A better understanding of the impact of childhood trauma on depression in early psychosis: a differential item functioning approach. P. Golay, L. Abrahamyan Empson, V Bonnarel, L. Alerci, N. Mebdouhi, P. Conus, L. Alameda Schizophrenia Research 2023 7;261:18-23. doi: 10.1016/j.schres.2023.09.001. Online ahead of print.

-Cannabis use as a potential mediator between childhood adversity and first-episode psychosis: Results from the EU-GEI case-control study, G. Trotta, V. Rodriguez, (…) R. Bentall, H. L. Fisher, EU-GEI WP2 Group, R. M Murray, M. Di Forti*. L. Alameda* Psychological medicine Mars 2023, DOI: 10.1017/S0033291723000995

-Association between childhood adversity and functional outcomes in people with psychosis: a meta-analysis A. Christy, D. Cavero, S. Navajeeva, R. Murray-O'Shea, V. Rodriguez1, M. Aas, G. Trotta, S. Moudiab, N.Garrido, B. Zamora, L. Sideli, A. Wrobel, G. Salazar de Pablo, L. Alameda Schizophr Bulletin. 2022 Sep 15;sbac105. doi: 10.1093/schbul/sbac105. Online ahead of print.

- Exploring the interplay between adversity, neurocognition, social cognition and functional outcome in people with psychosis: a narrative review. V. Rodriguez, M. Aas, N. Vorontsova, G. Trotta, R. Gadelrab, N. Kaur Rooprai, L. Alameda. Front Psychiatry. 2021 Mar 8;12:596949.doi: 10.3389/fpsyt.2021.596949. eCollection 2021.

As second author

- Mapping the Interplay Between Childhood Trauma, Substance Use, and Psychopathology in Early Psychosis: A Network Analysis Approach

D Kiakos, L Alameda, L Abrahamyan-Empson, C Spanevello, M Gorgellino, L Alerci,, Philippe Conus, S Vieira Schizophr Bull. 2026 Mar 7;52(2):sbaf253. doi: 10.1093/schbul/sbaf253.

-Correlates and trajectories of alcohol and cannabis misuse in the early phase of psychosis: Do we need substance specific interventions?

C. Spanevello, L. Alameda, (…) P. Golay, P. Conus, Schizophr Res. 2025 Nov:285:349-359. doi: 10.1016/j.schres.2025.09.020. Epub 2025 Oct 15.

-Pathways between childhood trauma, clinical symptoms, and functioning in new-onset psychosis: novel insights from a network analysis approach.

D. Kiakos, L. Alameda, I. Lepreux, , Golay P, (…), Conus P, Vieira S.

Schizophrenia (Heidelb). 2025 May 15;11(1):75. doi: 10.1038/s41537-025-00620-2.

-Polygenic and polyenvironment interplay in schizophrenia-spectrum disorder and affective psychosis; the EUGEI first episode study V. Rodriguez, L Alameda, , (…) R. M. Murray, E. Vassos; Schizophr Bull. 2025 Sep 8;51(5):1254-1265. doi: 10.1093/schbul/sbae207.

-Examining associations, moderators and mediators between childhood maltreatment, social functioning, and social cognition in psychotic disorders: a systematic review and meta-analysis

N. E Fares-Otero, L. Alameda, M. C Pfaltz, A. Martinez-Aran, I. Schäfer, E. Vieta. Psychological Medicine 2023 Jul 17;1-24. doi: 10.1017/S0033291723001678.

-Use of multiple Polygenic Risk Scores for distinguishing Schizophrenia-spectrum disorder and Affective psychosis categories in a First Episode sample; the EUGEI study.
Rodriguez V, Alameda L (…), Arango C, Kirkbride J, Jones PB, Rutten BP, Richards A, Sham P, O'Donovan MC, Van Os J, Morgan C, Di Forti M, Murray RM*, Vassos E December 2021 Psychol Med. 2022 Jan 25:1-10. doi: 10.1017/S0033291721005456.

-Synergistic effects of childhood adversity and polygenic risk in first-episode psychosis The EU-GEI study. M Aas, L Alameda, V. Rodriguez (…), C Morgan, R Murray Psychological Medicine August 2021 DOI: https://doi.org/10.1017/S0033291721003664

-Environmental Risk Factors In Bipolar Disorder and Psychotic Depression: A Systematic Review and Meta-Analysis of Prospective Studies
V Rodriguez, L Alameda, G. Trotta, E. Spinazzola, P. Marino, S. L. Matheson, K. R. Laurens, R. M. Murray, E. Vassos. Schizophr Bull. 2021 Jul 8;47(4):959-974. doi: 10.1093/schbul/sbaa197.

-Age at the time of onset of psychosis: a marker of specific needs rather than a determinant of outcome? P. Golay, L. Alameda, N. Mebdouhi, P. S. Bauman, A. Solida, P. Progin, J. Elowe, P. Conus. European Psychiatry. June 2017 21;45:20-26. doi: 10.1016/j.eurpsy.2017.06.002

-Examining the relationship between psychosis and immigration in Spain: the effect of cannabis use and language barrier in a large psychosis sample N. Garrido-Torres, L. Alameda, J. Piedra; Michael V. Padilla; M. Canal-Rivero; M. Ruiz-Veguilla J Psychiatr Res. 2022 Jan;145:361-365. doi: 10.1016/j.jpsychires.2021.11.005. Epub 2021 Nov 5.

-Duration of untreated psychosis: impact of choice of definition in predicting outcomes over three years. P. Golay, L. Alameda, P. Baumann, J. Elowe, P. Progin, A. Polari, P. Conus. Journal of Psychiatry Research. Jun 2016; 77:15-21. doi: 10.1016/j.jpsychires.2016.02.017

Impact factor summation overall=239
Impact factor summation last five years= 200

As first author

1. Encephale — **IF: ~1.0**
2. Translational Psychiatry — **IF: ~6.2**
3. Molecular Psychiatry — **IF: ~10.1**
4. Psychological Medicine — **IF: ~5.5**
5. Journal of Psychiatric Research — **IF: ~3.2**
6. Schizophrenia Bulletin — **IF: ~4.8**
7. PLOS ONE — **IF: ~2.6**
8. Psychological Medicine — **IF: ~5.5**

9. PNAS — **IF: ~9.1**
10. Schizophrenia Bulletin — **IF: ~4.8**
11. Psychiatry Research — **IF: ~3.9**
12. Journal of Clinical Psychiatry — **IF: ~4.6**
13. Psychological Medicine — **IF: ~5.5**

As last author

14. World Psychiatry — **IF: ~65.8**
15. Biological Psychiatry — **IF: ~9.0**
16. Early Intervention in Psychiatry — **IF: ~2.2**
17. Psychological Medicine — **IF: ~5.5**
18. Psychiatry Research — **IF: ~3.9**
19. Psychological Medicine — **IF: ~5.5**
20. Early Intervention in Psychiatry — **IF: ~2.2**
21. Psychological Medicine — **IF: ~5.5**
22. Social Psychiatry and Psychiatric Epidemiology — **IF: ~3.5**
23. Schizophrenia Research — **IF: ~3.5**
24. Psychological Medicine — **IF: ~5.5**
25. Schizophrenia Bulletin — **IF: ~4.8**
26. Frontiers in Psychiatry — **IF: ~3.2**

As second author

27. Schizophrenia Bulletin — **IF: ~4.8**
28. Schizophrenia Research — **IF: ~3.5**
29. Schizophrenia (Nature) — **IF: ~5.4**
30. Schizophrenia Bulletin — **IF: ~4.8**
31. Psychological Medicine — **IF: ~5.5**
32. Psychological Medicine — **IF: ~5.5**
33. Psychological Medicine — **IF: ~5.5**
34. Schizophrenia Bulletin — **IF: ~4.8**
35. European Psychiatry — **IF: ~6.7**
36. Journal of Psychiatric Research — **IF: ~3.2**
37. Journal of Psychiatric Research — **IF: ~3.2**