

Ammar Alanbuki

Curriculum Vitae

PERSONAL DETAILS:

Name : Ammar Hameed Alanbuki
Date of Birth : 21/12/1974
Sex : Male
Marital Status : Married
British GMC Registration : 6060525

ACADEMIC QUALIFICATIONS:

- **FRCS Urol** Dublin, November 2014.
- **MSc. (Cancer Care)**, University of Teesside, UK, July 2009.
- **MRCS** Glasgow, UK, November 2006.
- **M.B.Ch.B.** Almustansiriya University, Iraq, July 1998.
- **National Science Baccalaureate**, Baghdad College High School, Iraq, July 1992.

PERSONAL STATEMENT:

I have joined the urology department at the Brighton and Sussex NHS Trust as Consultant Urologist since 2016, with specialist interest in Urinary Upper Tract Oncology, Stone Diseases, Minimal Invasive Prostate Surgery, Andrology and Laparoscopy.

Applying evidence-based medicine in practice has inspired me to instigate my research projects. In addition I have several publications and I have actively participated in national and international meetings. This has improved my insight to this specialty and helped me improve the quality of care I deliver to my patients.

I feel that my inquisitive nature and communication skills particularly listening and utilization of transferable skills would enable me to successfully treat my patients in the future and be an advocate regarding training issues, research projects and other activities.

CAREER SUMMARY:

Duration	Department	Hospital	Grade
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AMMAR H ALANBUKI C.V.

<i>11/01/2016-Present</i>	<i>Urology</i>	<i>Bright and Sussex University Hospitals NHS Trust</i>	<i>Consultant</i>
<i>01/10/2013-30/12/2015</i>	<i>Urology</i>	<i>Norfolk and Norwich University Hospitals NHS Foundation Trust</i>	<i>ST6-7</i>
<i>01/10/2012-30/09/2013</i>	<i>Urology</i>	<i>The Ipswich Hospital NHS Trust</i>	<i>ST5</i>
<i>03/08/2011-02/10/2012</i>	<i>Urology</i>	<i>Peterborough and Stamford Hospitals NHS Foundation Trust</i>	<i>ST4</i>
<i>06/04/2011-02/08/2011</i>	<i>Urology</i>	<i>Nottingham University Hospitals NHS Trust</i>	<i>ST4</i>
<i>01/12/2009-31/03/2011</i>	<i>Urology</i>	<i>Cambridge University Hospitals NHS Foundation Trust</i>	<i>ST3</i>
<i>01/10/2007-01/12/2009</i>	<i>Urology</i>	<i>Barts and The London NHS trust</i>	<i>Research Registrar</i>
<i>07/02/2007-31/09/2007</i>	<i>Urology</i>	<i>NHS Lanarkshire</i>	<i>Senior House Officer</i>
<i>02/08/2006-06/02/2007</i>	<i>Urology</i>	<i>James Paget University Hospitals NHS Foundation Trust</i>	<i>Senior House Officer</i>
<i>08/02/2006-01/08/2006</i>	<i>Urology</i>	<i>Barts and The London NHS trust</i>	<i>Clinical Fellow</i>
<i>02/02/2005-07/02/2006</i>	<i>Urology</i>	<i>NHS Ayrshire and Arran</i>	<i>Senior house Officer</i>
<i>13/08/2004-01/02/2005</i>	<i>Trauma and Orthopaedics</i>	<i>South Tees Hospitals NHS foundation Trust</i>	<i>Senior House Officer</i>
<i>04/02/2004-03/08/2004</i>	<i>Accident and Emergency</i>	<i>South Tees Hospitals NHS foundation Trust</i>	<i>Senior House Officer</i>
<i>02/01/2004-03/02/2004</i>	<i>Urology</i>	<i>South Tees Hospitals NHS foundation Trust</i>	<i>Locum Senior House Officer</i>
<i>01/04/2003- 31/12/2003</i>	<i>General and Urological Surgery</i>	<i>South Tees Hospitals NHS foundation Trust</i>	<i>Clinical Attachment</i>
<i>01/11/2002-31/03/2003</i>	<i>General Surgery</i>	<i>North tees and Hartlepool NHS Foundation Trust</i>	<i>Clinical Attachment</i>
<i>01/02/2002-01/10/2002</i>	<i>Accident and Emergency</i>	<i>Al-Razi Hospital, Yemen</i>	<i>Senior House Officer</i>
<i>01/10/2000-01/01/2002</i>	<i>General Surgery And Urology</i>	<i>Al-Zahrah Hospital, UAE</i>	<i>Senior House Officer</i>
<i>01/10/1998-30/09/2000</i>	<i>General Surgery and General Medicine</i>	<i>IRAQ</i>	<i>Senior House Officer</i>

Current Post:

I have been acting as Consultant Urological Surgeon at the Brighton and Sussex University Hospitals NHS Trust, in my current role I have continued to perform and develop my specialist interest in Laparoscopic Kidney surgery with key roles as below:

- Robotic Lead, Robotic upper tract surgeon
- MDT lead for kidney, Bladder, Prostate and Testis Cancers
- Laparoscopic Kidney Surgeon (Total and Partial Nephrectomies)
- Developing the Minimal invasive surgery for prostate in the University Hospital Sussex.
- Module leader for year three medical students at the Brighton and Sussex Medical school.
- Member of the trust appraisal team responsible for consultants and senior doctor annual appraisal.
- Working on the Robotic Programme as part of modernising minimal invasive surgery.

RESEARCH:

MSc. Health Science degree in Cancer Care, School of Health, University of Teesside

MSc. degree in cancer care with emphasis on Evidence Based Medicine, degree awarded July 2009.

This is a prospective case analysis in a single centre, west of Scotland region, over four years looking into testicular cancer cases, clinical staging, management and follow up plans.

All cases were analysed inline of the most recent standards identified by the current Guidelines for testicular tumour management.

Presented at the European Urology Meeting 2009 and published in the World Journal of Oncology

FELLOWSHIP:

Have completed travel fellowship with the MEDI TECH Trust PCNL course in Sri Lanka October 2015, achieved required competencies in:

- Establishing surgical access for percutaneous stone removal surgery
- Laser stone removal
- Individually performed 12 surgical procedures under direct supervision of Mr Graham Watson Consultant Urologist.

PUBLICATIONS:

1. Warren H, Wagner T, El-Sheikh S, Campain N, Wah TM, O'Brien TS, Mendichovszky IA, Dizdarevic S, Stewart C, Ng H, Blackmur J, Rogers P, Scarsbrook A, Dasgupta D, Ul-Hassan F, Singh N, **Alanbuki A**, Jessop M, Park L, Leonard K, Wood A, Challacombe B, Stewart GD, Barod R, Patki P, Mumtaz F, Bex A, Kasivisvanathan V, Wildgoose W, Clark S, Vindrola-Padros C, Pizzo E, Dehbi HM, Emberton M, Tran MG. [^{99m}Tc]Tc-sestamibi SPECT/CT for the diagnosis of kidney tumours: a multi-centre feasibility study (MULTI-MIBI Study). Eur J Nucl Med Mol Imaging. 2025 Sep 23. doi: 10.1007/s00259-025-07525-3. Epub ahead of print. PMID: 40986089.
2. Warren H, Wagner T, Gorin MA, Rowe S, Holman BF, Pencharz D, El-Sheikh S, Barod R, Patki P, Mumtaz F, Bex A, Kasivisvanathan V, Moore CM, Campain N, Cartledge J, Scarsbrook A, Hassan F, O'Brien TS, Stewart GD, Mendichovszky I, Dizdarevic S, **Alanbuki A**, Wildgoose WH, Wah T, Vindrola-Padros C, Pizzo E, Dehbi HM, Lorgelly P, Gurusamy K, Emberton M, Tran MGB. Protocol for a MULTI-centre feasibility study to assess the use of ^{99m}Tc-sestaMIBI SPECT/CT in the diagnosis of kidney tumours (MULTI-MIBI study). BMJ Open. 2023 Jan 24;13(1):e067496. doi: 10.1136/bmjopen-2022-067496. PMID: 36693694; PMCID: PMC9884914.
3. Gabriel J, Shafik L, Vincent E, Ajzajian J, **Alanbuki A**, Larner TRG. The computer will see you now: ChatGPT and artificial intelligence large language models for health information in urology-an invited perspective. TranslAndrol Urol. 2023 Dec 31;12(12):1772-1774. doi: 10.21037/tau-23-491. Epub 2023 Dec 7. PMID: 38196696; PMCID: PMC10772652.
4. Gabriel J, Shafik L, **Alanbuki A**, Larner T. The utility of the ChatGPT artificial intelligence tool for patient education and enquiry in robotic radical prostatectomy. Int Urol Nephrol. 2023 Nov;55(11):2717-2732. doi: 10.1007/s11255-023-03729-4. Epub 2023 Aug 2. PMID: 37528247.
5. Gabriel J, **Alanbuki A**, Larner TRG. Transincisional quadratus lumborum block in robotic and laparoscopic renal and adrenal surgery: a novel approach. BJU Int. 2024 Jan;133(1):118-120. doi: 10.1111/bju.16187. Epub 2023 Oct 7. PMID: 37739808.
6. Gabriel J, Gabriel A, Shafik L, **Alanbuki A**, Larner T. Artificial intelligence in the urology multidisciplinary team meeting: can ChatGPT suggest European Association of Urology guideline-recommended prostate cancer treatments? BJU Int. 2024 Apr;133(4):407-409. doi: 10.1111/bju.16240. Epub 2023 Dec 6. PMID: 38009391.
7. **COVIDSurg Collaborative group**, Mortality and pulmonary complications in patients undergoing surgery with perioperative SARS-CoV-2 infection: an international cohort study. The Lancet, July 2020; VOLUME 396, ISSUE 10243, P27-38.
8. Sturch P, **Alanbuki A**, Video Step by Step TURP. BJUI knowledge, September 2019, <https://doi.org/10.18591/BJUIK.0014>.
9. Curry D, Yassin, M, Thwaini A, Pahuja A, **Alanbuki A**, Rajan T, Loan W, Radiofrequency ablation of renal cellcarcinoma: a follow up of outcomes.CAN J UROL, Feb. 2014; 21(1):7135-40.
10. **Hameed Alanbuki A**, Bandi A, Blackford N, Meconium periorchitis mini review, CUAJ, July 2013;7(7-8):e495-8.
11. **Hameed A**, Mohammed A, Nasir S, and PlamerM. management of bulbar urethral strictures: review of current practice.CAN J UROL, June 2011; 18(3):5676-82.
12. **Ammar Hameed**,Bob White, Frank Chinegwundoh, Ali Thwaini and Ajay Pahuja, Testicular tumours, a review in management. World J ONCOL, June 2011;2, 3, 94-101.
13. Thwaini A, Aslam Z, Duggan B, **Hameed A**, O'kane H, Mulholland C, Thompson T. Urologists versus radiologists made pcnl tracts. The U.K experience.UROL RES, June 2011; 39(3):217-21.

14. **Hameed A**, Pahuja A, Thwaini A, Nambirajan T. Subclavian vein thrombosis: an unusual presentation of renal cell carcinoma (rcc), case study.CUAJ, April 2011; 5(2):e27-8.
15. Mawhinney A, **Hameed A**, Thwaini A and Mulhollandc.Vesico-vaginal fistula post cold cup bladderbiopsy: mini review. Open access journal of urology, September 2010; (2) 171–175.
16. Mohammed A, **Hameed A**, Shergill I and Barua J. The practice of first check cystoscopy following radiotherapy for the treatment of muscle-invasive bladder cancer: a UK national survey. INT UROL NEPHROL. 2011 Jun; 43(2):377-81.
17. **Hameed A**, Chinegwundoh F, Thwaini A. Prevention of catheter related infection, review article. The British journal of hospital medicine, March 2010; 71(3): 148 – 152.
18. **Hameed A**, Thwaini A, Aslam Z, Shergill I, Ahmed R, Yahia G, Morgan D. The clinical association between free androgen index and erectile dysfunction in men. Can j urol, Feb 2009; 16 (1): 4478 - 4483.
19. **Hameed A**, Sezian N, Thwaini A. Bladder contracture review for intravesical BCG complication. Can j urol, Dec 2007;14 (6): 3745 – 3749.
20. **Hameed A**,Psa an overview about what we need to know, review. Urology news, September /October 2006; 10(6), 9-11.
21. Kumar V, **Hameed A**, Bhattacharya R, Mcmurtry I. The role of ct – scan in the management of calcaneum fractures.Int Orthop, Apr 2006; 30(2): 110–112.

BOOK CHAPTERS:

1. **Hameed A**, Mohammed A, Shergill I. chapter (15)nanotechnology in penile cancer (textbook of penile cancer) editors: Muneer, Arya, Horenblas. 2012. Springer London. Isbn-978-1-84882-878-0.
2. (Contributed) "Urinary tract infection in children". Essential urology in general practice. Editors Araya M, Shergill I, Silhi N, Grange P, Bott s. 2009. Publishers ma healthcare ltd. Isbn-13:978 1 85642 372 4.

INTERNATIONAL PRESENTATIONS:

1. **Phone Clinics 4 Years Review and Patient Satisfaction in Urology**, The 41st Congress of the SIU, Dubai, United Arab Emirates, 11-14 October 2021. (1stAuthor).
2. **Should We Bother Investigating Non-Visible Haematuria?**The 41st Congress of the SIU, Dubai, United Arab Emirates, 11-14 October 2021. (2nd Author).
3. **What factors affect post-operative outcomes in patients undergoing laparoscopic upper tract surgery? Results from a UK regional cancer center**, 36th World congress of Endourology (WCE 2018), Paris, France, 20-23 September 2018. (2nd Author).
4. **Robot-assisted partial nephrectomy: a comparison of the transperitoneal and retroperitoneal approaches**, 33rd World Congress of Endourology and SWL (WCE 2015), London, UK 1-4 October 2015. (1stAuthor)
5. **Diagnostic accuracy of seminal vesicle biopsy in evaluating seminal vesicle invasion; comparison with MRI**,Canadian Urology Association 67thAnnual Meeting, Alberta, Canada 24-26 June 2012. (1st Author)
6. **The role of autologous tissue in treating female stress urinary incontinence after failed anti-incontinence surgery, case presentation**, 1st joint meeting of the eau section of female and functional

urology (esffu) and the eau section of genito-urinary surgeons (esgurs), Tübingen, Germany 6-8 October 2011. (1st author).

7. **The diagnostic accuracy of transperineal template prostate biopsy for prostate cancer**, Canadian urology association 67th annual meeting, Montreal, Canada 26-29 June 2011. (1st author)
8. **Transperineal template prostate biopsy, is it the preferred method for repeat prostatic biopsy**, EAU annual congress, Vienna, Austria 18-22 March 2011. (1st author)
9. **Transperitoneal laparoscopic pyeloplasty in adult population**, Canadian urology association 65th annual meeting, PEI, Canada 27-29 June 2010. (Co-author).
10. **Three-year follow up of radiofrequency ablation of renal cell carcinoma: First experience in Northern Ireland**, BAUS, Manchester, UK 21-24 June 2010. (Co-author).
11. **Testicular tumour a review of management**, EAU 9th central European meeting, Ljubljana, Slovenia 23-24 October 2009. (1st author).
12. **Urologist versus radiologist-made pcnl tracts: the UK experience**, BAUS, Glasgow, UK 22-25 June 2009. (Co-author).
13. **Urologist versus radiologist-made pcnl tracts: the UK experience**, American urology association meeting, Chicago, USA 25-30 April 2009. (Co-author).
14. **Erectile dysfunction and sex hormone**, American society of andrology, 34th annual conference, Philadelphia, USA 4-7 April, 2009. (1st author).
15. **Urologist versus radiologist-made pcnl tracts: the UK experience**, EAU annual congress, Stockholm, Sweden 17-21 March 2009. (Co-author).
16. **The relation between LH gene variant and the incidence and prognosis of prostate cancer in men of multiethnic origin**, The EAU annual congress, Milan, Italy 26-29 March 2008. (Co-author).
17. **PSA an overview about what we need to know**, 1st European congress on the aging male, inauguration of the European society for the study of the aging male, Warsaw, Poland, June 14-16, 2007. (1st author).
18. **The clinical association between free androgen index and erectile dysfunction in men**. 2nd cssam/issam, North American congress on the aging male Montreal, Canada 8-10 February 2007. (1st author).
19. **The role of CT – scan in the management of calcaneum fractures**, British trauma society meeting, Athens, Greece 12-15 October 2005. (Co-author).

NATIONAL PRESENTATIONS:

1. **Day case ureteroscopy, single centre experience**, British association of day surgery meeting, Scarborough, UK 2013. (1st Author).
2. **Day case ureteroscopy, single centre experience**, BAUS east of Anglia meeting, Cambridge, UK 2013. (1st Author).
3. **Holmium laser enucleation of prostate for BPH in unselected patients**, R & D meeting, Ipswich Hospital, Ipswich, UK 2013. (Co-author).
4. **Meconium periorchitis mini review**, BAUS east of Anglia meeting, Norwich, UK 2012. (1st Author).
5. **The role of autologous tissue in treating female stress urinary incontinence after failed anti-incontinence surgery**, BAUS east of Anglia meeting, Cambridge, UK 2011. (1st Author).

6. **Cystectomy terminated by advanced disease**, BAUS east of Anglia meeting, Cambridge, UK 2010. (1st Author).
7. **Diagnostic accuracy of seminal vesicle biopsy in evaluating seminal vesicle invasion; comparison with MRI**, BAUS east of Anglia meeting, Cambridge, UK 2010. (Co author).
8. **Urologist versus radiologist-made pcnl tracts: the UK experience**, SURG, Cambridge, UK 2010. (Co-author).
9. **Nmp22 as a diagnostic test for bladder TCC**, 18 November 2008 Research and Development forum, Newham university Hospital. (1st author).

ABSTRACTS:

1. **A Alanbuki, N Burgess**, Robot-assisted partial nephrectomy: a comparison of the transperitoneal and retroperitoneal approaches, J Endouro, Sep 2015, 29(S1): P25.
2. Suntharasivam, Thiru; **Hameed, Ammar**; Doble, Andrew. Diagnostic accuracy of seminal vesicle biopsy in evaluating seminal vesicle invasion; comparison with MRI. CUAJ, June 2012; 6(3Suppl1): S15.
3. **Hameed Ammar**, Suntharasivam Thiru, Warren Anne and Doble Andrew. The diagnostic accuracy of transperineal template prostate biopsy for prostate cancer. CUAJ, June 2011; 5(3Suppl1): S77.
4. **A Hameed**, TSuntharasivam, A Warren, A. Doble. Transperineal template prostate biopsy, is it the preferred method for repeat prostatic biopsy, EurUrol suppl, March 2011; 10 (2): 116.
5. Thwaini A, **Hameed A**, Nambirajan T, Hagan C. Transperitoneal laparoscopic pyeloplasty in adult population. CUAJ, June 2010; 4(suppl1): S90.
6. A Thwaini, A Pahuja, **A Hameed**, T Nambirajan, C Hogan, W Loan. Three-year follow up of radiofrequency ablation of renal cell carcinoma: First experience in Northern Ireland. BJUI suppl, June 2010; 106 (suppl1): 43.
7. **A Hameed**, B White and N Al saffar. Testicular tumour a review of management. EurUrol suppl, September 2009; 8(8): 674-675.
8. A Thwaini, Z Aslam, B Duggan, **A Hameed**, C Mullholland, H O'Kane. Urologist versus radiologist-made pcnl tracts: the UK experience. BJUI Suppl, June 2009; 103(suppl4): 32.
9. Muhammad Z Aslam, Ali Thwaini, **Ammar Hameed**, Brian Duggan, Trevor Thompson, Hugh O'Kane, Collin Mulholland. Urologist versus radiologist-made pcnl tracts: the UK experience. The Journal of Urology, April 2009; 181(4); 622.
10. Thwaini A, Duggan B, Thompson J, Aslam Z, **Hameed A**, O'Kane H, Mullholland K. Urologist versus radiologist-made pcnl tracts: the UK experience. EurUrolsuppl, March 2009; 8(4): 262.
11. Thwaini A, Naase M, Ghali L, Chinegwundoh A., **Hameed A**, Ahmed A, El-Terifi H, Morgan A, Richard L, Shergill I, Iles I. The relation between LH gene variant and the incidence and prognosis of prostate cancer in men of multiethnic origin. EurUrolSuppl, March 2008, 7(3): 271.

CLINICAL RESEARCH/AUDIT PROJECTS:

1. Day case ureteroscopy, single center experience, Ipswich Hospital, October 2013.
2. Holmium laser enucleating of prostate for BPH in unselected patients, Ipswich Hospital, July 2013.
3. Renal colic management in PCH, Peterborough University Hospital, Jan 2013.
4. Retrospective review of management of patients with indwelling urinary catheter presenting to TWOC clinic. Peterborough University Hospital, March 2012.
5. Outcome of managing patient with equivocal obstructive features in male urodynamic studies, Nottingham University Hospital, July 2011.
6. Cystectomies terminated by advanced in tertiary referral centre, Addenbrookes University Hospital, December. 2011.
7. Diagnostic accuracy of seminal vesicle biopsy in evaluating seminal vesicle invasion; comparison with MRI, Addenbrookes University Hospital, October 2011.
8. Transperineal template prostate biopsy, is it the preferred method for repeat prostatic biopsy. Addenbrookes University Hospital, December 2010.
9. Transperitoneal laparoscopic pyeloplasty in adult population. Belfast City Hospital, June 2009.
10. Urologist versus radiologist-made PCNL tracts: the UK experience. Belfast City Hospital, Jan 2009.
11. NMP22 as a diagnostic test for bladder TCC. Newham University Hospital, October 2008.
12. The rate of UTI post flexible cystoscopy. James Paget University Hospital, Jan. 2007.
13. Testicular tumour a review of management. Ayr University Hospital, December 2006.
14. Mortality and morbidity in urology. Ayr University Hospital, March 2005, November 2005 and January 2006.
15. The role of CT in calcaneum fracture, James Cook University Hospital, Jan. 2005.
16. Abdominal emergencies in accident and emergency. James Cook University Hospital, July 2004.

TEACHING EXPERIENCE:

I have always enjoyed teaching medicine at undergraduate and postgraduate levels and have employed a variety of teaching methods in both the clinical environment and in the lecture theatre; additionally I have received formal teaching and coaching:

Formal teaching coaching:

- **Introduction to the educational role of SPR, January 2010**, Royal College of Physicians, London
- **Teaching the Teacher course**, Oxford Medical, London
- **Being A PBL Facilitator, September 2008**, Queen Mary/ University of London.

Undergraduate teaching:

- **Urology Module Leader, Third Year Medical students, Brighton and Sussex medical School , 2018-date**
- **Lecture – workshop: Urological Examination skills**, UEA medical students, March 2013, Ipswich Hospital.
- **Problem Based Learning tutor year 1 medical students**, 2008, Queen Mary, University of London
- **OSCE Examiner: Third and Final year medical school**, The Queen Mary medical school. July 2006-July 2009.
- **Bedside teaching for medical students** (ongoing)

Postgraduate teaching:

- **Educational Supervisor, Foundation trainees / Urology Trust Registrar.**
- **Urology Residency training programme organiser**, 2013 to 2014
- **Lecture: urological emergencies teaching for foundation Doctors**, 2013, Ipswich Hospital.
- **Involved in all departmental teaching/training sessions**, which include monthly presentations, audits and university courses.
- **Lecture: The anatomy and physiology of the urinary tract**, Lecture, 2008, Barts and the London NHS Trust.
- **Workshop: urethral catheterisation for male patients**, 2008, Barts and the London NHS Trust
- **Family Planning Campaign**, 1995, Baghdad -Iraq

MANAGEMENT ROLES

- **Robotic lead for University Hospital Sussex and in charge of the robotic starting vision**
- **MDT lead for Kidney cancer**
- **Enhanced recovery for stone surgery 2015.**
- **East of England Urology Training days organiser Oct 2013 – 2014**
- **East of England Assistant curriculum director Oct 2013- 2014**
- **East of England representative to The Specialist Urological Registrars Group Oct 2013- 2014.**
- **SPR Rota organiser, Ipswich Hospital.**
- **Male Catheterisation course organiser, 2008, Bart's and the London NHS Trust.**
- **Assistant chief investigator, REDUCE study, 2008-2009, Barts and the London NHS Trust.**
- **Introduction NMP22 as point of case test, involved conducting pilot study and business case submission, 2008, Newham University Hospital.**
- **Clinical session's rota organiser during 5th and 6th year of medical school. 1997-1998.**

COURSES ATTENDED:

2019:

- **Robotic Assisted Partial Nephrectomy course on the April 2019, Queen Alexandra Hospital, Portsmouth.**

2018:

- **Percutaneous Tibial Nerve Stimulation Study Day, July 2018, Barts and The London NHS trust.**

2017:

- **Clinical / Educational Supervisor Course, June 2017, Brighton and Sussex Medical School.**

2016:

- **Medical Appraisal Training, September 2016, Brighton & Sussex University Hospitals NHS Trust.**
- **Advanced Communication Skills Training - July 2016, Kent.**
- **Medical Expert Training in 3D Nephrectomy, April 2016, Barcelona**

2015:

- **School of Surgery MIAD SPR Leadership Course for Health Education East of England (HEEoE) trainees, June 2015, Cambridge.**
- **Tomorrow's Teachers Course' for Health Education East of England (HEEoE) trainees, June 2015, Cambridge.**
- **Oxford and Cambridge Consultant management course, April 2015, Cambridge**
- **Stone Management in Endourology, April 2014, Amsterdam**

2014:

- **BAUS section of Endourology Annual Meeting, March 2014, Cambridge.**

2013:

- **The Scientific Basis of Urology, December 2013, UCL, London.**
- **Specialist Registrars' Spinal Injuries Urology Course, November 2013, Sheffield.**
- **British Association of paediatric urology course, September 2013, Cambridge,**
- **Paediatric urology for the adult urologist: A practical update, March 2013, EAU, Milan**
- **Pathology (prostate, bladder/UUT, kidney, testicles/penis), March 2013, EAU, Milan.**
- **ESU/ESUT Hands-on training Laparoscopy course 2, March 2013, EAU, Milan**
- **Pelvic health, European expert forum, Nov 2013, Pfizer, Madrid**

2012:

- **Andrology, Genital Oncology and Urethral Reconstruction (AGOUR) for FRCS (Urol), October 2012, Northampton.**
- **PCNL vs Flexible Ureteroscopy Course, May 2012, UCL, London**
- **Essential Pathology and Radiology for FRCS Urology, May 2012, Royal College of surgeon of England.**

2011:

- **Male Factor Infertility, November 2011, Bourne Hall Clinic, Cambridge.**
- **Urodynamic Study Day, BAUS approved, September 2011, the Ravenwood Hall Hotel, Bury ST Edmunds.**
- **BAUS Laparoscopic Training Course, April 2011, Cuschieri Skills Centre, Dundee.**
- **How to be successful in treating and managing patients with urinary incontinence, April 2011, Pfizer.**
- **Advanced Course on Laparoscopic Nephrectomy, March 2011, EAU annual congress, Vienna.**

- **Radical Cystectomy and orthotopic bladder substitution- surgical tricks and management of complications. March 2011,** EAU annual congress, Vienna.
- **Laparoscopy for beginners, March 2011,** EAU annual congress, Vienna.

2010:

- **Ureteroscopy Masterclass, May 2010,** Boston Scientific.
- **Laser Safety Course, April 2010,** East Anglian Regional Radiation Protection Service.
- **Holmium Laser for Prostate, April 2010,** Cambridge University Hospitals Foundation Trust.
- **Introduction to the educational role of SPR, January 2010,** Royal College of Physicians, London.

2009:

- **UK Bone Health in Cancer Day, June 2009,** Novartis.
- **Urological anatomy for surgery, April 2009,** RCSE.

2008:

- **Being A PBL Facilitator, September 2008,** Queen Mary, University of London.

2007:

- **ALS, July 2007 at Tameside and Glossip NHS Trust**
- **Renal Medicine For Urologist, June 07, BAUS.**
- **Ultrasound For Urologist, June 07, BAUS**
- **Central Line Insertion, May 07, NHS Lanarkshire.**
- **Intercostal Drain Insertion, May 07, NHS Lanarkshire.**

2006:

- **Principles of TUR and Ureteroscopy, October 06,** Cushari Skills Centre.
- **Performance, Management and development, October 06,** Barts and the London NHS trust
- **CCrisp , October 06,** The Royal Wolverhampton NHS Trust.
- **Management spa time, September 06,** Barts and the London NHS trust.
- **Higher Surgical Skill, June 06,** RCSSED.
- **Basics of Urodynamics, May 2006,** Bristol Urology Institute.

2005:

- **Minor Scrotal Surgery, November 2005,** RCSENG.
- **Scottish Bladder Forum, November 2005,** Astellas Pharma Meeting.
- **Clinical anatomy and viva for MRCS, April 2005,** RCSENG.

2004:

- **Basic Surgical Skills, November 2004,** The James Cook University Hospital. (RCSEng)
- **Immediate Life Support, September 2004,** The James Cook University Hospital
- **Maxillofacial Injuries in A & E, March 2004,** The James Cook University Hospital.

2003:

- **Advanced Trauma Life Support Training, October 2003,** PLAB Master Ins. London.
- **Overseas Doctors Induction, August 2003,** The James Cook University Hospital.
- **Basic Life Support Training, May 2003,** The James Cook University Hospital.
- **Corporate Mandatory Awareness Training, April 2003,** The James Cook University Hospital.

2001

- **Extra Corporeal Shock Wave Lithotripsy, March 2001,** Al Zahrah Hospital, United Arab Emirates.

PERSONAL ATTRIBUTES:

- Have adopted a caring and professional attitude in my work and try to do my job skilfully and well to live up to patients and colleagues expectation. Reliability, honesty and teamwork have been embedded in my work.
- Have good surgical training with exposure to a variety of its subspecialties gave me the opportunity to learn the basic principles of surgical management and a wide range of operative techniques. I learnt great deal about acute trauma management working in one of the busiest units in the country. I feel the combination of all different posts I have went through during the years of my training helped me to mature into surgery and gave me the confidence in decision making and at the operating table.
- Time management, teamwork and prioritization are the essence of any organization skill. I have learned to delegate tasks and responsibility appropriately to other out of hour's tasks, including working on my dissertation for the MSc. Degree in cancer care.
- As a trainee I have learned to be an avid listener and competent communicator. Born in Iraq, Living in UK, studied in an international school and working in different countries, I have learned the cross culture spectrum of communications between different nationalities.
- Applying evidence-based medicine in practice has inspired me to instigate my research project. In addition I have several publications and I actively participated in national and international meetings. This has improved my insight to this specialty and helped me improve the quality of care I deliver to my patients.
- Ethical principles, safety, confidentiality & consent are embedded integral part of my work.

REFERENCES:

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