
ZISHAN PARVEZ AKHTAR

ORTHOTIST

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 Date of Birth: 06/07/1984 |  Full UK Driving Licence

 www.orthotic-consultants.com

PERSONAL STATEMENT

I am a dedicated and experienced orthotics professional with over 15 years of experience in clinical and locum roles across the UK. Following my BSc (Hons) in Prosthetics and Orthotics from the University of Salford, I have developed a strong clinical foundation, specialising in orthotics and working extensively in both NHS and private sectors.

My roles have ranged from junior orthotist positions to leading orthotic services as a sole clinician, managing complex caseloads including KAFO patients, paediatrics, and diabetic foot care. I have also established a successful private orthotics clinic on Harley Street, where I collaborate closely with orthopaedic consultants and physiotherapists.

I am passionate about delivering high standards of patient care, maintaining a strong commitment to continuing professional development, and I am fully registered with the Health and Care Professions Council (HCPC). I now seek to expand my expertise into the medico-legal field, where I can apply my clinical experience in assessing, reporting, and advising on orthotic and mobility-related medico-legal matters.

KEY SKILLS

- Excellent interpersonal and communication skills in multidisciplinary settings
 - Strong time management and organisational ability
 - Extensive experience in leading NHS orthotic services
 - Proven success in setting up and running a private orthotics clinic
 - In-depth knowledge of orthotic prescriptions and device provision
 - Competence in managing both clinical and administrative responsibilities
 - Skilled in developing collaborative clinical pathways (e.g., diabetic and paediatric services)
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EDUCATION & QUALIFICATIONS

University of Salford (2003–2008)

BSc (Hons) Prosthetics and Orthotics

Dissertation: Do functional knee braces alter pressures on the dorsal aspect of the foot, during various exercises, of Anterior Cruciate Ligament Deficient (ACLD) patients?

Westminster Kingsway College, London (2002–2003)

A-Levels: English Literature, Mathematics

St. James Independent School for Boys, London

- AS Levels: Biology, English Literature, Mathematics
 - GCSEs: 9 GCSEs A–C including Maths, English, Biology, Physics, Chemistry
 - Duke of Edinburgh Bronze Award
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PROFESSIONAL REGISTRATION

- **HCPC Registered Orthotist** – Registration No: *P004027*
 - **Member** – British Association of Prosthetists and Orthotists (BAPO) –
Membership No: M2179
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EMPLOYMENT HISTORY

November 2010 – Present

Self-Employed Locum Orthotist & Clinical Director – Orthotic Consultants

Based at: *10 Harley Street, London, W1G 9PF*

Providing specialist orthotic cover across multiple NHS Trusts and private clinics in the UK including:

- Great Ormond Street Hospital, Great Ormond Street, London.
- The National Hospital for Neurology and Neurosurgery, London
- Luton & Dunstable University Hospital (Luton) and Gilbert Hitchcock House (Bedford)

- Robert Jones and Agnes Hunt Orthopaedic Hospital, Oswestry
- Queen Mary's Hospital, Roehampton
- Southmead Hospital, Bristol
- Royal Berkshire Hospital, Reading
- East Kent Hospitals, Epsom & St Helier, Northwick Park, Hillingdon & Mount Vernon, and others

Key Responsibilities:

- Delivery of high-quality orthotic clinics across NHS trusts
 - Sole practitioner for private orthotics at Harley Street
 - Clinical assessments, prescriptions, and device provision
 - Medico-legal consultations and orthotic reporting
 - Administrative and service development responsibilities
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November 2009 – November 2010

Senior Orthotist – Dartford and Gravesham NHS Trust

Darent Valley Hospital, Kent

Key Achievements:

- Lead clinician managing a busy orthotic department
 - Developed paediatric foot and ankle clinics with physiotherapists
 - Enhanced diabetic foot service with podiatry collaboration
 - Reduced waiting times from 12 weeks to 6 weeks through improved triage and 10-minute fitting clinics
 - Regular ward-based assessments and fittings (hip braces, AFOs, insoles, etc.)
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November 2008 – November 2009

Junior Orthotist – RSL Steeper

Based across NHS clinics in South-East England

Key Responsibilities:

- Daily orthotic clinics at NHS hospital sites
 - Exposure to a wide range of clinical presentations and service models
 - Gained valuable experience working independently and adapting to different departmental structures
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POSITIONS OF RESPONSIBILITY

- Head Boy – St. James Independent School
 - McMillan Cup for Endeavour – 2002
 - 1st XV Rugby Captain – 2002–2003
 - Squash Captain – 2002–2003
 - Lead Orthotist – Darent Valley Hospital
 - Director – Orthotic Consultants (clinical & operational leadership, device provision, private clinic development)
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HOBBIES & INTERESTS

- **Rugby** – Lifelong player; represented London Irish 2nd XV, Salford University, and local clubs. Aspires to coach rugby abroad.
 - **Fitness** – Regularly trains at the gym; enjoys squash and weight training
 - **Socialising** – Enjoys time with friends, family, and colleagues
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MEDICO-LEGAL SKILLS & TRAINING

- Familiar with the requirements of CPR Part 35 and medico-legal protocol
- Experienced in writing structured clinical reports for use in legal proceedings and insurance claims
- Undertaking training in medico-legal report writing

- Confident giving expert witness testimony where required

CPD & ONGOING DEVELOPMENT

- Attending annual BAPO conferences
- Online CPD courses in medico-legal practice
- Peer-reviewed case discussions and journal readings to inform best practice

AVAILABILITY & REPORT TURNAROUND

Able to provide medico-legal assessments appointments within 2- 4 week period, with report turnaround within 10–14 working days. Flexible availability across London and the South East England.

REFERENCES

1. Samantha Evans – Ortholese Ltd

Unit 32, Westbury Close, Townsend Industrial Estate, Houghton Regis, Bedfordshire,
LU5 5BL

 samantha.evans@ortholese.co.uk |  07830 657531

2. Marina Grant – Orthotics Manager, Northwick Park Hospital

Watford Road, Harrow, HA1 3UJ

 marina.grant@nhs.net |  07738 066731