CURRICULUM VITAE

DR DAVID ROGER THOMAS
CONSULTANT PSYCHIATRIST
GMC NO. 2440693
RECOGNISED UNDER SECTION 12
OF THE MENTAL HEALTH ACT 1983

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PERSONAL DETAILS

Date of Birth:	6 February 1955
Nationality:	British
Marital Status:	Widowed – Three children

GENERAL EDUCATION

Secondary Schooling:	Aberaeron Comprehensive School, Dyfed
GCE O Level:	11 O Levels obtained – 7 Grade 1 and 4 Grade 2
GCE A Level:	Biology – A Chemistry – A Physics – A Biology Special Paper – Grade 1

MEDICAL EDUCATION

Welsh National School of Medicine (now University of Wales College of Medicine

Qualifications:

M.B., B.Ch. (1978)
Distinction in Psychological Medicine
MRCPsych. (1984)
FRCPsych. (2007)

DETAILS OF PREVOUS POSTS HELD IN DATE ORDER

August 1978 – January 1979	House Surgeon University of Wales College of Medicine and Cardiff Royal Infirmary
February 1979 – July 1979	House Physician University of Wales College of Medicine and St David's Hospital, Cardiff
August 1979 – July 1980	Senior House Officer Geriatric Medicine, Professorial Department , University of Wales College of Medicine, Cardiff
August 1980 – July 1981	Assistant Lecturer in Pathology Professorial Department, University of Wales College of Medicine, Cardiff
August 1981 – January 1985	Senior House Officer/Registrar in Psychiatry on the South Glamorgan Training Scheme

February 1985 – June 1987	Senior Registrar on the South Glamorgan Training Scheme
July 1987 – March 1988	Lecturer in Psychiatry, University of Wales, College of Medicine, Cardiff
March 1988 – March 1994	Consultant Psychiatrist with a Special Interest in Addiction (5 sessions, South Glamorgan Area Health Authority, Cardiff
April 1994 – March 1996	Clinical Director, General Mental Health Directorate, Consultant in General Psychiatry with a Special Interest in Addiction (3 sessions), Cardiff Community Healthcare Trust South, Glamorgan Area Health Authority
April 1996 – December 1997	Consultant in General Psychiatry with a Special Interest in Addiction
January 1998 – December 1998	Retrained as a Forensic Psychiatrist with Dr Tegwyn Williams at the Caswell Clinic. This also involved a six week attachment with Dr Andrew Payne at Broadmoor Hospital
January 1999 – July 2000	Consultant and Clinical Director, Low Secure Unit, Cardiff and District Community NHS Trust
July 2000 – January 2017	Consultant Forensic Psychiatrist, The Caswell Clinic, Medium Secure Unit, ABMU Health Board During this period of time I was also Head of Medicine (2014-2017)
January 2017 – February 2018	Consultant Forensic Psychiatrist on a part-time basis for Pendarren Court Hospital, Aberbeeg
April 2018 – Present	Consultant Forensic Psychiatrist working for Priory Group at Llanarth Court Hospital. I also continue to run my own private practice in general psychiatry. I have developed a special interest in Adult ADHD over the last few years.

ORGANISATIONS AND COURSES (PAST AND PRESENT)

- Approved Trainer in Substance Abuse since 1988
- Member of the British Association of Psychopharmacology
- Member of the European Society for Biomedical Research into Addiction
- Member of the International Society of Biomedical Research into Addiction
- Member of the International Association for Forensic Psychotherapy
- Member of Amnesty International
- Member of the Wales Medico/Legal Society
- Member of the Royal Society of Medicine

RESEARCH (PAST AND PRESENT)

- Current interest in the use of Baclofen for the treatment of alcohol problems.
- Utilisation of enhanced community care in the management of discharged mentally ill offenders. This resulted in the formation of a commercial company 'Integra' which provided community homes for forensic patients in South Wales. I was a director of this company until its sale in April 2018.

- Adult ADHD and Psychosis.

SERVICES DEVELOPED

Various services within the Forensic sphere, particularly in relation to addiction developed whilst at Caswell Clinic.

EXPERIENCE IN MEDICO-LEGAL REPORT WRITING AND ATTENDING COURT/TRIBUNALS

As a Consultant Psychiatrist for thirty-eight years, I have prepared hundreds of reports in my time. These have been of a civil nature and also of a forensic nature. I was a General Adult Consultant Psychiatrist for thirteen years before becoming a Consultant Forensic Psychiatrist.

With regard to civil reports, I have been involved in most areas of litigation, particularly personal injury and medical negligence. I have also been involved in preparing reports for the Child and Family Court. It is always important to discuss the specific case with the instructing solicitor to ensure that I would be the most suitable psychiatrist for that particular case.

Criminal work has obviously been my "bread and butter" for a very long time. I have prepared reports, both civil and criminal, for both the defence and the prosecution in equal measure. I have attended Court on numerous occasions throughout my long career.

PUBLICATIONS

1. Unusual Presentation of a Non-Hodgins Lymphoma
   Tiwari H, Thomas DR., Clements A, and Pathy MS
   Journal of Clinical Practice August 1982. Case Report.

2. The effect of Carbamazepine and Lithium on remission from Affective Illness.
   Watkins SE, Callender K, Thomas DR, Tidmarch SF and Shaw DM
   British Journal of Psychiatry February 1987. 150, 180-183.

3. A comparison of the antidepressant action of Citalopram and Amitriptyline
   A South Wales antidepressant drug trial group
   British Journal of Psychiatry 1986 149, 515-516

4. The 24 hour profile of plasma and salivary melatonin in volunteer subjects
   Basic and clinical implications
   Miles A, Philbrick DRS, Thomas DR and Shaw DM
   Clinicala Chica Acta (International Journal of Clinical Chemistry

5. Peripheral serotoninergic receptor sensitivity in Senile Dementia of the Alzheimer type
   Thomas DR, Jones E, Wanrer N, Harris B and Williams P
   Biological Psychiatry

6. T3 and T4 in Unipolar Depression
   Thomas DR
   Biological Psychiatry 1986 21 576 (Letter)

7. Post-dexamethasone Cortisol Levels, weight loss and aging
   Thomas DR
   Biological Psychiatry 1986 21, 575 (Letter)

8. Effect of aging on plasma Tryptophan
   Thomas DR, Shaw DM, Tidmarsh SF
   Journal of Clinical Psychopharmacology Vol. 6, 4 August 1986, 252-253

9. The effect of tricyclic medication on total plasma Tryptophan
   Thomas DR, Shaw DM, Tidmarsh SF
   Journal of Clinical Psychopharmacology 7, 3, 1987 p.205

10. The Corpus Callosum and Schizophrenia
    Jones GH, Thomas DR and Williams PA
    Biological Psychiatry

11. P.300 and reaction time measures in Senile Dementia of the Alzheimer type.
    Williams PA, Jones GH, Briscoe MH and Thomas DR
    British Journal of Psychiatry

12. Response to Corticotropin releasing hormone in the hypercortisolism of depression and Cushing's Disease
    Harris B and Thomas DR
    New England and Journal of Medicine January 1987, 3, 87

13. Hormones, mood an sexuality in lactating women
    Harris B and Thomas DR
    British Journal of Psychiatry 1986, 149, 119 (Letter)

14. Performance of the Dexamethasone Suppression Test in depressive illness according to ICD and DSM-III classification system with a cross conversion algorithm
    Watkins S, Harris B, Cook N, Thomas DR and Riad-Fahmy D
    British Journal of Psychiatry

15. Melatonin: A diagnostic marker in laboratory medicine?
    Miles A, Philbrick DRS, Thomas DR and Shaw DM
    In: Melatonin; Clinical Perspectives (Eds Miles A and Philbrick DRS)
    Oxford University Press: Oxford 1988

16. Leicester ECT trial: Results in Schizophrenia
    Thomas DR and Jones GH
    British Journal of Psychiatry 1986, 148, 154 (Letter)

17. Methylene Blue in the treatment of bipolar illness
    Thomas DR and Callender K
    Biological Psychiatry 1985, 20, 120-121 (Letter)

18. What does the Dexamethasone Suppression Test identify?
    Thomas DR
    Biological Psychiatry 1986, 4, 419 (Letter)

19. Glucocorticoid receptors in depression
    Harris B and Thomas DR
    British Medical Journal 1986, 292, 1334 (Letter)

20. Thyroid status in Senile Dementia of the Alzheimer type
    Thomas DR, Hailwood R, Harris B, Williams PA, John R and Scanlon MF
    Acta Psychiatrica Scandinavica 1988
21. The acute effects of Ethanol on Tryptophan metabolism and disposition in fasting abnormal male volunteers
    Annals of Clinical Biochemistry 1987 24, Supplement p. 63-65
    Miles A and Thomas DR

22. A longitudinal study of circadian salivary melatonin rhythms in normal volunteers
    Clinical Chimica Act
    Miles A and Thomas DR

23. Characteristic hormone changes in Alzheimer's disease
    British Journal of Psychiatry (letter)
    Thomas DR, Harris B, Newcombe R and Scanlon M

24. Diagnostic and clinical implications of plasma and salivary melatonin assay in laboratory medicine
    Clinical Chemistry 1987 33, 1295-1297

25. Melatonin and schizophrenia – a biochemical link?
    Miles A, Grey J and Thomas DR
    In: Melatonin: Clinical Perspectives Eds. Miles A Philbrick DRS
    Oxford University Press, Oxford 1988

26. Salivary melatonin assay in laboratory medicine – longitudinal profiles of secretion in healthy men
    Miles A, Thomas DR, Grey J and Pugh AJ
    Clinical Chemistry October 1987

27. Effect of Acute Ethanol consumption on Tryptophan metabolism and disposition by fasting male volunteers
    Badawy A, A-B, Morgan CJ, Thomas DR and Lovett JWT
    British Journal of Clinical Pharmacology 1987 24, 256-257

28. Saliva testosterone levels and major depression with melancholia
    Harris B, Thomas DR, Walker and Ria-Fahmy D
    Journal of Psychopharmacology 1987 1,1 (Abstract. Session 5)

29. Thyroid status in senile dementia of the Alzheimer type
    Thomas DR
    Journal of Psychopharmacology 1987 1, 1, (Abstract. Session 5)

30. Effect of acute ethanol consumption on Tryptophan metabolism
    Abstract of the European Society for Biomedical Research on Alcoholism
    Alcohol and Alcoholism 22, 3, 1987
    ESBRA 1987 Abstract p 19

31. A double blind multi-centre trial of Fluoxetine and Dothiepin in Major Depressive Illness
    A South Wales Antidepressant Drug Trial Group
    International Clinical Psychopharmacology 1988 3, 75-81

32. Anxiety and Saliva Dexamethasone suppression test
    Harris B, Cook N, Thomas DR, Riad-Fahmy D and Reed E
    Biological Psychiatry

33. Effect of Acute Ethanol consumption on Tryptophan metabolism and disposition by fasting normal male volunteers
    Badawy A, A-B, Morgan CJ, Bradley DM, Thomas DR and Lovett JWT
    Advances in the Biosciences Vol 71, 275-279, 1988

34. GH Responses to Growth hormone releasing factor in depression
    Thomas DR, Beer R, Harris B, John R and Scanlon M
    Journal of Affective Disorders 16, 133-137 1989

35. Growth Hormone Responses to growth hormone releasing factor in primary degenerative dementia
    Thomas DR, Williams P, John R and Scanlon M
    Biological Psychiatry 26, 389-396 1989

36. The Hormonal Environment of post-natal depression
    Harris B, Johns S, Fung H, Thomas DR, Walker R, Read G, Riad-Fahmy D
    British Journal of Psychiatry 154, 660-667 1989

37. Fluvoxamine Maleate – A Review of its properties and therapeutic efficacy
    Galway Symposium: Antidepressants: 30 years on (1988)
    Thomas DR
    International Journal of Psychopharmacology

38. Pemoline – A treatment resistant neuroleptic induced Parkinsonism and the negative symptoms of schizophrenia. A Case Report.
    Huckle PL, Thomas DR
    British Journal of Psychiatry

39. P300 and reaction-time measures in senile dementia of the Alzheimer type
    Williams PA, Jones GG, Biscoe M, Thomas DR and Cronin P
    British Journal of Psychiatry 1991 410-414

40. Fluvoxamine and Alcoholism
    Thomas DR
    In: Fluvoxamine – New Perspectives in Clinical Practice
    Eds. J Cobb International Clinical Psychopharmacology Vol 6
    Supplement 3 Clinical Neuroscience Publications Oxford 1991

41. Salivary Testosterone Levels and Major Depressive Illness in Men
    Davies RH, Harris B, Roger DR, Cook N, Read G and Riad-Fahmy D
    British Journal of Psychiatry 1992 161, 629-632

42. Is Acetate a Marker of Alcoholism: Comparison of Basal Serum Acetate Concentrations in Abstinent Alcoholics and Controls
    Strutt G, Morgan CJ, Badaway AA and Thomas DR
    Alcoholism (Zagreb) 29 Supplement 1, 14-15 (1993)
43. Blind to the Nature of Life Itself
    Roberts C and colleagues
    The Health Service Journal 21 (25.05.1995)

44. Decrease in Circulating Tryptophan Availability in the Brain after Acute Ethanol Consumption by normal volunteers: Implications of Alcohol-Induced Aggressive Behaviour and Depression
    Badawy AA, Morgan CJ, Lovett JWT, Bradley DM, Thomas DR
    Pharmacopsychiatry Supplement ii Vol 28 93-97 (1995)

45. Rational Rather than Rationed
    Roberts C and colleagues
    The Health Service Journal 17 (03.08.1995)

46. The Technique of Pharmacological Extinction
    Thomas DR, Sinclair D
    International Journal of Addictions Vol 2, 530-535 (1997)

47. Evidence Based Review of Biological Treatments in Psychiatry with Particular Reference to Forensic Work
    Research Paper written for the Welsh Assembly Government July 2007

48. Assessment and Detection
    Low-Alcohol Beers: Contribution to Blood-Ethanol Concentration and its elevation above the UK legal limit after 'topping-up'
    Badaway AA, Morgan CJ and Thomas DR
    Alcohol and Alcoholism Vol 44, No 4 p 403-408 2009

PERSONAL INTERESTS

I enjoy keeping fit, running, cycling, skiing. I also enjoy the cinema and theatre.