SINÉAD HEGARTY

Specialist in Therapeutic Interventions with Children post CSA. **www.sineadhegartyconsultancy.co.uk**

Associate of the Irish Child and Family Institute

SHConsultancy19@gmail.com/ 07832950438/0831329315

PROFILE

I have 31 years' experience in Social Work; the last 20 specialising in the Assessment of Therapeutic Need and developing and delivering Therapeutic Interventions for children following CSA. I was involved in the development/ delivery of 'Letting the Future In', a Therapeutic Recovery Model for children aged 4-17 and have trained other professionals in this model. Recently I have represented the ICFI on working parties supporting the Implementation of the Barnahus Project in Ireland, with the Council of Europe.

Consultant facilitator with Donegal RCC delivering Healthy Relationship Workshops.

CPD Accredited trainer.

Education

MSc Social Work - University of Ulster, Magee Campus - *2004*

Post Graduate Diploma in Social Work - University of Ulster, Magee Campus - *1999-2001***BSc (Hons) Psychology -** University of East London (formerly NELP) - *1987-1990*

CONSULTANCY:

-Assess & manage complex cases involving CSA/E
-Development and Implementation of Therapeutic Programmes post CSA
-Developing Trauma Informed Practice

TRAINING PROGRAMMES OFFERED:

-Understanding trauma.
-Understanding CSA/E and its impact.
-Working with families post CSA
-Therapeutic Interventions with Children
-Safeguarding Training
-Assessment of Therapeutic Need/Risk Assessment
- 'In The Know'- Consent and Healthy Relationship Workshops for Teens.

PRACTICE

- 'Hope from Hurt' Therapeutic Recovery Programme
-Assessment of Therapeutic Need
-Assessment of Risk
-Expert Witness/Court Reports/ Parenting Assessments
-Victim Impact Reports
-Analysis of Briere's TSCC/TSCYC

TRAINING COMPLETED

-Letting The Future In *NSPCC*
-Therapeutic Interventions with Children, *NSPCC*

SINÉAD HEGARTY

Specialist in Therapeutic Interventions with Children, post CSA. Resident in Northern Ireland

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PROFESSIONAL REGISTRATION

NISCC

CORU

MEMBER OF

NAGALRO

IASW

AOCPP

Action Trauma

CPD

Accredited cpd
The CPD Standards Office
CPD PROVIDER: 50545
2024-2026
www.cpdstandards.com

Dissociation, Renée Marks

Briere's TSCC/TSCYC, *Norma Howes*

Supervising Therapeutic Work, *NSPCC*

Assessment and Analysis, *NSPCC*

Safeguarding and Child Protection, *NSPCC*

Protect and Respect Programme, CSE, *NSPCC*

Adults at Risk, *NSPCC*

Signs of Safety, *NI H&SCTs*

Theory of Change, *NSPCC*

Sexualised Trauma, *Zoe Lodrick*

Adverse Childhood Experiences (ACEs), *Karen Treisman*

Sexual Abuse through Technology: From Detection to Intervention, *Wayne Denner and The Leonard Consultancy Associates*

Working with Sexual Violence, Complex Trauma and Complex PTSD, *Nexus NI*

Identifying and responding to Intrafamilial CSA*, The CSA Centre of Expertise*

Understanding the Developmental Impact of Childhood Trauma, *Leonard Consultancy*

Understanding Parental Engagement with Services when Children May be at Risk of Maltreatment, *Dendy Platt*

Community Approaches to Preventing Child Sexual Abuse and Sexual Exploitation - Issues, Challenges and Opportunities, *BASPCAN*

Children First*, Tusla*

Creating a Trauma Informed Workplace*, Action Trauma*

Caring Dads, Safer Children, *NSPCC*