Dr Robert Freudenthal - CV

Consultant Psychiatrist

Current Position

Consultant Psychiatrist — **2022 - present**
St Ann's Eating Disorder Service, North London NHS Foundation Trust

Memberships

Royal College of Psychiatrists — **2016**

Royal College of Physicians — **2014**

Expert Witness Institute — **2025**
Affiliate member

Education

Institute of Group Analysis — **2020-21**
Group Work Practitioner Diploma

London South Bank University — **2018-19**
Postgraduate Certificate in Peer-Supported Open Dialogue

University College London — **2017-19**
MSc in Mental Health Research (Distinction)
Thesis: "The Role of Evidence in the Acceptance and Subsequent Rejection of Insulin Coma Therapy: A Historical Review"

Liverpool School of Tropical Medicine — **2012**
Diploma in Tropical Medicine and Hygiene (Merit)

University College London Medical School — **2004-2010**
MBBS

The Wellcome Trust Centre for the History of Medicine at UCL — **2006-2007**
Intercalated BSc in the History of Medicine
Thesis title: *The Chernobyl accident: a public health disaster*
Awarded BSc (1st Class)

Medical Training

Dual general adult and old age higher psychiatry training **2017-22**
North Central London programme

Research fellow in psychiatry (NELFT and UCL) **2017-18**
Research fellow in the RADAR trial

Core psychiatry training **2014-17**
North Central London programme

Academic clinical fellow in endocrinology **2013-14**
King's College London

Foundation programme **2010-12**
North Central Thames foundation school

Management and Leadership

Member of London Mental Health Strategy Clinical Advisory Group **2026-present**

Member of Executive Committee of Faculty of Eating Disorders Royal College of Psychiatrists **2023- present**

Mentor on RCPsych eating disorder credential **2025-present**

Quality network for eating disorders peer reviewer **2024-present**

Teaching Experience

MEED [medical emergencies in eating disorders] training **2022-present**
Delivered to multiple teams, in mental health Trusts, acute Trusts, and to medical students

Clinical supervisor and educational supervisor **2023-present**
Foundation programme and psychiatry core training programme

Publications

1) **Freudenthal R,** Cohn V, Brady J, Is There a Role for Palliative Care in the Treatment of Anorexia Nervosa, *British Journal of Hospital Medicine*, 87, (1)1, 2026

2) Kuehne, C., Phillips, M.D., Moody, S. *et al [inc **Freudenthal R],*** Characterising illness stages and recovery trajectories of eating disorders in young people via remote measurement technology (STORY): a multi-centre prospective cohort study protocol. *BMC Psychiatry* **24**, 409 (2024). https://doi.org/10.1186/s12888-024-05841-w

3) Jebreel A, Butterfield R, **Freudenthal R.** Chapter 'Open Dialogue: A social network perspective in dementia care' in *The Practical Handbook of Living with Dementia.* 2022

4) Anastasis M, **Freudenthal R,** O'Reilly J. 'Understanding the impact of the Covid-19 pandemic on psychiatric trainees and what can help' *British Journal of Psychiatry Bulletin.* 2022 21 June

5) Crellin N, Priebe S, Morant N, Lewis G, Freemantle N, Johnson S, Horne R, Pinfold V, Kent L, Smith R, Darton K, Cooper R, Long M, Thompson J, Gruenwald L, **Freudenthal R,** Stansfeld J, Moncrieff J 'an analysis of views about supported reduction or discontinuation of antipsychotic treatment among people with schizophrenia and other psychotic disorders' *BMC Psychiatry,* 22, 185(2022)

6) **Freudenthal R**, Moncrieff J. 'A landmark in psychiatric progress'? The role of evidence in the rise and fall of insulin coma therapy. *History of Psychiatry.* 2021 Dec 22

7) Ahearne G, **Freudenthal R.** The health/power/criminality-nexus in the state of exception. *Journal of Contemporary Crime, Harm, and Ethics, 1*(1), 2001, 108-115

8) Hilton C, **Freudenthal R.** Learning from the past: Inequalities and discrimination in psychiatry's chequered history. *BJPsych Bulletin*, 2021, p1-4

9) **Freudenthal R,** Marston L, Stansfeld J, Priebe S, Moncrieff J. How do participants in clinical trials compare with other patients with schizophrenia? *Contemporary Clinical Trials Communications* Vol 22, June 2021

10) **Freudenthal R,** Campling H, Protecting the rights of individuals who face both mental health and public health restrictions. *BMJ Opinion*, February 19, 2021

11) **Freudenthal R,** Horowitz M, Jadhav S, Moncrieff J. Lack of safeguards in response to restrictive public health measures. *The Lancet* 2020 Volume 296, Issue 10260

12) Chartonas D, John-Kamen A, **Freudenthal R,** Gibbons R. Psychic room to breathe. Themes emerging within a staff Balint group on an eating disorder inpatient unit. *Psychoanalytic Psychotherapy* 2020 Volume 34 Issue 1 p4-17

13) Ash G, Hilton C, **Freudenthal R,** Stephenson T, Ikkos G. History of psychiatry in the curriculum? History is part of life and life is part of history: why psychiatrists need to understand it better. *British Journal of Psychiatry* April 2020

14) Ismail K, Stewart K, Ridge K, Britneff E, **Freudenthal R,** Stahl D, McCrone P, Gayle C, Doherty AM, A pilot study of an integrated mental health, social and medical model for diabetes care in an inner-city setting: Three Dimensions for Diabetes (3DFD). *Diabetic Medicine* 2019 Feb 1

15) **Freudenthal R,** Tufton N, Podesta C, Mulholland R, Rossi M. Fluid management in diabetic ketoacidosis: are we adhering to recommended guidelines? *Journal of Diabetes and Vascular Disease.* June 2013 vol 13 issue 3 p138-142

16) Tufton N, **Freudenthal R,** Barnard M. A rare cause of a leg ulcer in a patient with diabetes. *Journal of Diabetes and Vascular Disease.* March/April 2012 vol 12 no2 p98-100

Scholarships and Awards

NOCLOR Research Scholarship	**2017-19**
UCL Division of Psychiatry Research Scholarship	**2017-19**