CHATENYA CHAUHAN
Consultant in Orthopaedic Surgery
BMSc (Hons), MB ChB, FRCS (Edinburgh), FRCS (Orthopaedic & Trauma), MBA, CMgr MCMI



Consultant in Orthopaedic & Trauma Surgery

Curriculum Vitae

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Nationality	British
Office Address	96 Willingale Way Thorpe Bay Southend-on-Sea SS1 3SX. England
Telephone Numbers	Mobile: 07970148882
E-mail	ml@cartilage-surgery.com
High School Education	King Edward's VI Grammar School Camp Hill, BIRMINGHAM, UK
Qualifications	• University of DUNDEE, UK, Medical School. Bachelor of Medical Science Honours. 1986 Bachelor of Medicine. 1989 Bachelor of Surgery. 1989 • General Medical Council, UK, Renewal: August Full Registration 3322699 • USMLE Step 1 and 2 ECFMG certificate. 1994 • Fellow of The Royal College of Surgeons of Edinburgh 1994 • Home Office Personal Licence Holder 1999 Module 1-4 Small animals and sheep. • FRCSEd in Orthopaedic & Trauma 2001 • Certificate of Completion of Surgical Training. 2002 Trauma & Orthopaedics • Hertfordshire University, UK, Business School. 2023 Master of Business Administration **MBA** With Distinction • Chartered Manager of Chartered Management Institute 2023 With Distinction
Prizes & Distinctions	• MRC Research Award 1985 • North Trent Region Orthopaedic Prize best Presented Original Paper. SHEFFIELD, UK 1993 • Yorkshire Medical Society Prize for best original paper. 1996 • EFFORT Travelling Fellowship prize. 1997 • Dean's Award for Outstanding Impactful Research. 2023 Hertfordshire Business School.

CAREER GOALS & FUTURE PLANS

Over the years I have created and developed a strong foundation in IT, science and teaching. I now use these skills in my orthopaedic practice to enhance patient management process and the learning experience and I am developing my leadership skills and aim to be an executive team member to direct services to better help more people, to that end I have completed a master's degree in business administration and despite being diagnosed only 2 years ago with significant dyslexia I achieved a distinction. My award-winning research in implementation of large IT projects has led to my appointment as the Clinical Lead in the implementation of electronic consent across hospitals and regional centres in Essex.

MEDICO LEGAL EXPERIENCE

Bringing nearly two decades of Medico-Legal reporting experience to complete that case efficiently. I have trained many colleagues in report writing complying with Lord Wolf's and present CPR rules. I receive joint instruction (50%) and referrals for complainant and defendant cases (50:50 mix). The scope involves most forms of trauma relating to occupation, motor vehicle collisions and others which may be single track or higher value multi-track and medical-negligence cases including prospects of case, breech of duty & causation, condition & prognosis. Cases are assessed by careful consideration of client history, client examination and analysis of medical records, medical investigations. More complex cases have not infrequently required analysis of covert video and special tests. Alongside of this I engage in pre-court and/or pre-action conferences with legal teams, barristers, and other experts to prepare consensus statement. This experience lends itself to me being called to appear as a witness in court for civil and criminal cases.

PRESENT APPOINTMENT

Consultant in Trauma & Orthopaedic Surgery	Southend University Hospital London Independent Hospital Chartwell Private Hospital Southend Private Hospital Phoenix Private Hospital	December 2002 onwards

During this appointment I have developed arthroscopic services in Southend. I also had a trauma commitment which is one week on call (24 hours for seven days and night) in every fourteen. During the week on call Trauma meeting is followed by a round and then trauma theatre. There are seven dedicated trauma lists. During the trauma week all elective and private work is cancelled to permit a consultant led service throughout the entire call. I have managed a wide cross section of trauma cases. By agreement took additional appointments from December 2006. I am presently involved in predominantly lower limb and trauma work along with some general Orthopaedics.

PREVIOUS APPOINTMENTS

Visiting Consultant Orthopaedic & Trauma Surgeon	Barnet General Hospital	September 2011 –August 2012
Visiting Consultant Orthopaedic Surgeon	University College Hospital	June-September 2008
Visiting Consultant Orthopaedic Surgeon	Hope Hospital Salford	August-September 2007
Visiting Consultant Orthopaedic Surgeon	Royal National Orthopaedic Hospital	December 2006 -April 2008
Zimmer Knee Fellow	The Royal Orthopaedic Hospital &	July 2001- July 2002
Honorary Lecturer	The University of Birmingham	
Specialist Registrar	Friaridge Hospital	July 2002- December 2002
Leeds Deanery	Northallerton North Yorkshire	
Zimmer Knee Fellow	The Royal Orthopaedic Hospital &	July 2001- July 2002
Honorary Lecturer	The University of Birmingham	
Specialist Registrar	Pontefract General Hospital	October 2000- June 2001
Leeds Deanery	Pinderfields General Infirmary, Wakefield	
	Harrogate District General Hospital	March-September 2000
Research Fellow	Group Research Centre	March 1999 – February 2000
	Smith & Nephew, York	
Specialist Registrar Leeds Deanery	St James's University Hospital. Leeds	September 1998 – February 1999
	Huddersfield Royal Infirmary	September 1997 – August 1998
	Halifax Royal Infirmary	September 1996 – August 1997
	Bradford Royal Infirmary	October 1995 - August 1996
Registrar (Locum)	Hope Hospital Salford	August-September 1995
Senior SHO (Registrar)	The General Infirmary At Leeds	September 1994-July 1995
SHO Urology	Royal Hallamshire Hospital. Sheffield	May 1994-August 1994
SHO General surgery	Northern General Hospital. Sheffield	November 1993-April 1994
SHO Cardiothoracic surgery	Northern General Hospital. Sheffield	May 1993-October 1993
SHO Orthopaedic surgery	Northern General Hospital. Sheffield	November 1992-April 1993
SHO General surgery	Northern General Hospital. Sheffield	August 1992 -October 1992
SHO Neurosurgery	Royal Hallamshire Hospital. Sheffield	February 1992 – July 1992
SHO Accident and Emergency	Northern General Hospital. Sheffield	August 1991 – January 1992
Lecturer Biomedical Science	University of Sheffield & Manchester BUPA Hospital.	August 1990 - July 1991
HO Orthopaedics	Dundee Royal Infirmary. Dundee	August – October 1989
HO General / paediatric Surgery	Ninewells Hospital Dundee	November 1989 – January 1990
HO Chest	Kings Cross Hospital Dundee	February – Mr. 1990
HO Infectious Disease	Kings Cross Hospital. Dundee	May – July 1990

ORGANISTIONAL & MANAGEMENT EXPERIENCE

Clinical Governance & Audit

As part of an Orthopaedic Department at Southend Hospital sets the model for Clinical Governance and audit in the South Essex Hospitals. Monthly multi-disciplinary team audits are the norm in the unit. This fits well with the team approach to my work apparent throughout my career. As a part of this team, I have been invited to speak at International Meeting on the subject.

Compilation of mortality and morbidity statistics and of workload passing through units has formed an important aspect of monthly audit of trauma. More recently I conducted an audit of case notes that forms the basis of an external audit for The Audit Commission whilst at the Royal Orthopaedic Hospital.

I have initiated with a colleague at Southend Hospital monthly multi-disciplinary meeting for discussion of patients and imaging. Now all joint replacements are monitored by submission of my data to the National Joint Registry.

Completed audit:

- Correlation of MRI and arthroscopic finding for cartilage and knee injuries
- Outcome of total hip replacement and total knee replacement assessed by Oxford Scores
- Patient Satisfaction of clinic encounter
- Medical Record accuracy

Management

To enhance my management and leadership skills I have completed an MBA at Hertfordshire Business School and become a Member of the Chartered Institute of Management both with Distinction.

I have done research into the barriers to implementing technology within Enterprise and have won a Deans Award from Herefordshire Business School for this work.

I have undertaken leadership programs at Keele University and within Mid and South Essex Hospitals to enhance my management and leadership skills. I have applied the skills in my role as lower limb lead for reconfiguration relocation to Braintree community Hospital and I'm leading on multidisciplinary team for lower limb surgery. These have provided me with the opportunity to develop leadership skills and liaise with executive team and administrative teams to deliver a service.

Monthly departmental meetings form the forum to discuss management and care delivery issues.

Whilst an administrative registrar responsible for organising the junior staff and their duty rotas and acting as a liaison between management and medical staff.

Participation in the Junior Doctors committees has provided a forum for doctors to air their opinions and have a contact point with management to resolve differences in an amicable and constructive fashion, as well as provide a medium for continuing education.

Organisational

I am the clinical lead for electronic consent implementation within a large enterprise of three hospitals in south Essex.

I sat on the Diagnostic and Treatment Centre (DTC) development committee, that steers the direction of the new DTC that will be one of the fastest built facility in the UK.

During my research year I have headed up a team of scientists as project leader. I was in a team of surgeons at the Research facility in York in structuring and scheduling surgery in an animal theatre.

I have an excellent working knowledge of computer equipment, both hardware and software. I have designed an Access database patient management system. I have designed a theatre database that is used to track operations and to generate operation notes and to compile training logs. The database has already been implemented at Pontefract Hospital and further development work is in progress so that it will incorporate imaging, patient management.

I currently sit on the Implementation Board for Electronic Consent implementation at Mid & South Essex University Hospitals. And am Clinical Lead of the e-consent transformation.

TEACHING EXPERIENCE

I am on the GMC register as an educator namely a clinical and educational supervisor. I have Saturday on the admissions panel for Anglia Ruskin Medical School, and I am an assessor for Medical Students examinations at the University.

Implementation of newer teaching techniques. I have completed the Teaching the Teachers to Teach course, and this has made learning for my students, and teaching, an even more pleasurable experience.

I have participated in Postgraduate Teaching of General Practitioners on:

Management of the Young Arthritic,
Cartilage Surgery.
Knee Pain
Shoulder Injury

And facilitating greater knowledge of clinical physiotherapists in clinic.

Whilst at the Royal Orthopaedic Hospital I was lecturing to undergraduate medical students on the orthopaedic curriculum encouraging interactivity. I taught registrars surgical and patient management skills in: theatre, clinics and on ward rounds as well as at the post graduate meetings, and directed Journal clubs.

Lectures
Ward Based Teaching
Administration / Organisation / Management of teaching
Examinations / marking & assessing
Student Mentoring
Small Group Teaching
Personal Tutor Schemes
Offering Special Study Modules
Journal Club

Throughout my post-graduate career I have regularly taught students, Doctors and other Health care professionals, taking the form of tutorials, seminars and lectures, & have prepared teaching videos. I have also lectured on the British Casting Course and regularly give in service training lectures to the Junior surgeons - Topics included:

- Arthroplasty Design
- Pelvic Trauma
- Polytrauma
- Hip Fractures
- Biomechanics in Orthopaedics
- Cartilage Repair
- Shoulder Instability
- Bone Tumours
- Complications of Fractures
- Tendon Injury
- Cerebral Palsy

I have taught on instructional courses in Arthroscopy, cartilage surgery.

I have recently applied for the role of Educational Supervisor at the Deanery.

I have been on the interview panel for the London Deanery Surgical Core Trainee selection.

EXPERIENCE IN SURGERY

ARTHROSCOPIC

During the period of my orthopaedic training in the Leeds region and latterly during my fellowship at the Royal Orthopaedic Hospital in Birmingham I have gained further understanding of arthroscopic surgery.

I have taken this further and have spent time developing the arthroscopic service at Southend-on-Sea Hospital. For shoulder injuries such as sub-acromial decompression, rotator cuff repair and repair of Bankart and SLAP lesion and knee injuries including arthroscopic ACL reconstruction, and complex ligament reconstruction of the knee, along with repair of menisci.

I have developed the minimally invasive arthroscopic ACL reconstruction (presented at BASK 1st April 2004 and results presented in Florence at International Society of Arthroscopy, Knee Surgery & Orthopaedic Sports Medicine in 2007. I have been performed revision ACL. I have conducted cartilage repair and techniques of patellofemoral pain management. I have conducted arthroscopy of the hip. As a Knee Fellow at Royal Orthopaedic Hospital was optimising MRI for cartilage imaging, setting up of patient databases for knee surgery.

ARTHROPLASTY

During the period of my orthopaedic training in the Leeds region and latterly during my fellowship at the Royal Orthopaedic Hospital in Birmingham I have amassed experience in arthroplasty surgery. Which was added to during my attachments at the Royal National Orthopaedic Hospital.

Southend-on-Sea has a long history of dealing with the retirement population and this lends itself to expanding my experience in primary and revision arthroplasty of the hip and the knee. I have carried out Hip Resurfacing that lends itself to dealing with the young arthritic. Pertaining to the knee I have unicondylar replacement, patellofemoral replacement.

In line with delivering a patient centred service I developed patient information leaflets for arthroplasty patients and for sufferers of osteoarthritis.

TRAUMA

During the course of the training program in Leeds I received an intensive training in trauma that involved management of a variety of different patients: from the walking wounded to the complex poly-traumatised patients. I have been involved in MAJAX; I was the receiving Trauma Specialist Registrar during the Selby train crash.

The operating experience I had gained in these posts enabled me to cope with general trauma procedures which includes: hip and shoulder, ankle fixation, debridement of open wounds, wrist fixation including application of external fixators, K-wiring, tension band wiring, intramedullary nailing of long bones, management of peri-articular and intra-articular fractures (tibial plateau & plafond) and hand injuries to name a few.

VOLUNTARY WORK

SIERRA LEON

I went to Sierra Leone on an humanitarian programme run by Better Lives Foundation which seeks to provide medical services 2 one of the poorest countries in the world. I was able to deal with basic education on water hygiene, dealing with malaria which was rampant in that country and dealt with strange tropical diseases. 20,000 patients were dealt with in the space of two weeks by a team of doctors, dentists and surgeons who were able to perform cataract surgery and transform people's lives within minutes.

ST JOHN AMBULANCE SERVICE

I have joined this incredible organisation whose patron was the late Queen Elizabeth II and aims to provide medical care across the country at major events.

TONY ROBBINS

I have been involved with Tony since 2007 and crewed in Unleash the Power (UPW) events in Rome in 2010 and London 2012 and 2019. I have worked as a host, fire team, a runner and medic providing medical cover during UPW events.

PRESENTATIONS & LECTURES

PAPERS

Plantar foot pressures in angular deformities at the knee.	British Orthopaedic Foot Society. Liverpool, UK.	Nov. 1990
Metacarpophalangeal joint arthroplasty. A search for prognostic indicators.	North Trent Region Orthopaedics day. Sheffield, UK.	June 1993
MCP joint arthroplasty. A search for prognostic indicators.	The International League Against Rheumatism, Barcelona, Spain.	July 1993
Massive Haematemesis From Pharyngeal Pouch. A Literature Review And Case Report.	The British Oesophageal Society. Manchester, UK.	January 1994
Metacarpophalangeal joint arthroplasty. A search for prognostic indicators.	The Second Congress of the Federation of European Societies of Surgery of the Hand. Dublin, Ireland.	June 1994
The Leeds Experience in Day Case Microsurgical Lumbar Discectomy	Combined Services Orthopaedic Society. Aldershot, UK.	June 1996
The Leeds Experience in Day Case Microsurgical Lumbar Discectomy	EFFORT Barcelona, Spain.	April 1997
Day Case Microsurgical Lumbar Discectomy	Syme Professorship Lecture Royal College of Surgeons of Edinburgh.	1998
Non Resurfacing Patellofemoral Joint Survivorship	British Orthopaedic Oncology Society Birmingham, UK.	May 2002
Even More Minimally Invasive Arthroscopic ACL Reconstruction (e-Poster presentation)	International Society of Arthroscopy, Knee Surgery & Orthopaedic Sports Medicine Florence, Italy	May 2007

FACULTY ON INSTRUCTIONAL COURSE

Nurses & Plaster Technicians Course • Injuries to the Shoulder and Arm • Injuries to the Elbow and Forearm.	British Casting Techniques Course Bradford, UK.	March 1997
Nurses & Plaster Technicians Course • Handling Children • Hips in Children • Foot Conditions • Amputation	British Casting Techniques Course Bradford, UK	December 1997- March 1998
Advances in Cartilage Repair	Post Graduate Meeting Southend Hospital	November 2003
Clinical Governance	Hospital Management Course Indian Institute of Management (Ahmedabad)	November 2003
The Young Arthritic	Postgraduate Meeting Southend Hospital	March 2004
Arthroscopic Surgery and Autologous Cartilage Transplantation	Arthroscopic workshop Indian Arthroscopic Association	October 2005
The Makings of a Surgeon in A District Hospital	Glasgow University Surgical Society	April 2016

PLENARY PRESENTATIONS AND LECTURES

Whiplash Injury. Medico-legal Ramifications	National Driving Examiners Conference. Wakefield, UK	March 1998
Advances in cartilage repair	Indian Orthopaedic Association Annual Congress. Ahmedabad he her, India	December 2001
Advances in cartilage repair	Indian Orthopaedic Association Annual Congress. Agra, India	December 2004
Advances in cartilage repair	Indian Arthroscopic Association Annual Congress. Delhi, India	October 2005
Management of Osteoarthritis Pain	University of the Third Age- Southend	July 2017

PUBLICATIONS

Effect of leg alignment on foot centre of pressure.
Chatenya Chauhan, Clift BA, McLeod GC, Rowley DI.
Journal of the Royal College of Surgeons of Edinburgh. Volume 36(6) (pp 413), 1991

Metacarpophalangeal Arthroplasty. A Search for Prognostic Indicators. (abstract)
Chatenya Chauhan, Andrew Howard, Stephen H. Norris, Nickie Noden, John Winfield.
The Journal of Hand Surgery. Volume 19B June 1994, Sup 1, page 39-40.

Prognostic indicators for Swanson MCPJ arthroplasty.
Chatenya Chauhan, Andrew Howard, Stephen H. Norris, Nickie Noden, John Winfield.
Journal of Orthopaedic Rheumatology. Vol 8(2) (pp 106-110), 1995.

Avoidance of Surgery in the Treatment of Subarachnoid Cutaneous fistula by Use of Epidural Blood Patch.
Chatenya Chauhan, Gary A Francis, Andras A. Kemeny, Ciric IS., Patterson RH.
Neurosurgery. Vol 36(3) (pp 612-614), 1995.

Severely Comminuted Forearm Fractures Treated with Acute Shortening.
Chatenya Chauhan, Andrew Howard, Michael Saleh.
Injury. Vol 26(6) (pp 415-416), 1995.

Massive Haematemesis from a Pharyngeal Pouch: A Case Report and Literature Review.
Chatenya Chauhan, Alex Manche, Andrew Thorpe, John Shortland.
Diseases of the Esophagus. Vol 8(4) (pp 284-286), 1995

The Leeds Experience In Day Case Microsurgical Lumbar Discectomy (Abstract)
Chatenya Chauhan, Magdy Eskander, John Criuckshank.
British Journal of Bone and Joint Surgery. 1996 Vol. 78-B, Supplement II & III, 167.

Massive Popliteal Artery Pseudoaneurysm Following "Minor" Blunt Knee Injury
Jeremy D Hayden, Chatenya Chauhan, Prof Ralph C Kester.
British Medical Journal. Vol 323 (pp350), 11th August 2001.

Current Concepts in cartilage repair Part I
Indian Orthopaedic Journal. July 2002.

Current Concepts in cartilage repair Part II
Indian Orthopaedic Journal. January 2003

Patellofemoral Survivorship in Non-resurfacing Endoprosthetic Replacement (Abstract)
British Journal of Bone and Joint Surgery.

COMPLETED STUDIES

BARRIERS TO IMPELNETING ELECTRONIC CONSENT: Dean's Award for Outstanding Research
Hertfordshire University. 2023.
Mr C Chauhan
Understanding the forces that may be changed to enhance the introduction of new technology to a corporation. Developed a tool for ensuring adequate implementation plans.

MINIMALLY INVASIVE ARTHROSCOPIC ACL RECONSTRUCTION:
Southend Hospital. 2004.
Mr C Chauhan
Development of smaller and cosmetically appealing incision technique for hamstring anterior cruciate ligament reconstruction.

Presented in Basingstoke to the British Association for Surgery of the Knee spring Meeting

MINIMALLY INVASIVE ARTHROSCOPIC ACL RECONSTRUCTION RESULTS:
Southend Hospital. 2007.
Mr C Chauhan

Presented e-poster in Florence to the International Society of Arthroscopy, Knee Surgery & Orthopaedic Sports Medicine Meeting

PATELLOFEMORAL SURVIVORSHIP IN NON-RESURFACING ENDOPROSTHETIC REPLACEMENT:
Royal Orthopaedic Hospital, Birmingham. 2002.
Supervisor: Mr. Robert Grimer
An analysis was carried out to determine the survivorship of the patello-femoral joint in non resurfacing endoprosthetic replacement, in order to give a guide to resurfacing in TKR.

Presented in Birmingham to the British Orthopaedic Oncology Society and EFORT - Helsinki
Abstracted in The Journal of Bone & Joint Surgery

SYNTHETIC MATERIAL IN CARTILAGE REPAIR:

Group Research Centre, Smith & Nephew York. 1999-2000.
Supervisor: Prof Sandra Downes (Prof George Bentley acting as external academic supervisor)

Analysis of implants in a sheep model was undertaken carrying out of basic science research in the laboratory and on animal models. Submission of a thesis to University College London was planned, however, Smith & Nephew and the University could not agree on non disclosure of the experimental data and this unfortunately prevented submission of my work.

METACARPOPHALANGEAL JOINT REPLACEMENT. A SEARCH FOR PROGNOSTIC INDICATORS:

Department of Orthopaedics, Northern General Hospital, Sheffield, 1993.
Supervisor: Mr. S H Norris

This unfunded project was under taken during my SHO years. MCP joint replacements undertaken over a ten-year period were examined to determine predictors of improved outcome.

Presented in Barcelona to The International League Against Rheumatism and North Trent region Orthopaedic Registrars day, Prize for best-presented original paper.
Abstracted in The Journal of Hand Surgery and Published in the Journal of Orthopaedic Rheumatology

PEDOBAROGRAPH STUDY OF ANGULAR KNEE DEFORMITIES:

Department of Orthopaedics, Dundee Royal Infirmary, 1989
Supervisor: Professor D Rowley / Mr. G McLeod

While a house officer, I took part in a study of plantar foot pressure distribution of patients with osteo and rheumatoid arthritis who had varus or valgus knee deformities.

Presented to The British Orthopaedic Foot Society in Liverpool on November 20th 1990. Published in Journal of the Royal College of Surgeons of Edinburgh.

TWENTY-FOUR HOUR POST-OPERATIVE FOLLOW-UP STUDY:

Department of Anaesthetics Ninewells Hospital, Dundee, 1988.
Supervisor: Dr J Lawson

A project undertaken, as a final-year medical student, on day case patients undergoing laparoscopy with or without sterilisation or dilatation and curettage; who were assessed 24 hours post-operatively. A correlation of well-being in relation to procedure, age, and parity were made.

THE EFFECT OF BUFFER ON THE ABSORPTION OF GLIPIZIDE:

Department of Pharmacology, Dundee University, 1986.
Supervisor: Professor I Stevenson.

A two-part study, undertaken during an intercalated degree in pharmacology. The first part involved the in-vitro model of intestine to assess the effect of pH on Glipizide transfer. The second part took this one step further by assessing Glipizide absorption in man when administered with buffers at different pH.

CONFERENCES ATTENDED

FESSH	Dublin, Ireland	1994
International Trauma Symposium	Edinburgh, UK	1995
2nd Casting Techniques Conference	Amsterdam, Holland	1996
International Trauma Symposium	Edinburgh, UK	1996
LCS Knee Arthroplasty Group	Belfast, UK	1996
AFORS	Flims, Switzerland	1997
International Trauma Symposium	Edinburgh, UK	1998
International Society of Arthroscopy, Knee Surgery & Orthopaedic Sports Medicine	Washington, USA	1999
International Cartilage Research Society	Gothenburg, Sweden	2000
Revision Knee Meeting	Cannes, France	2001
International Society of Arthroscopy, Knee Surgery & Orthopaedic Sports Medicine	Montreux, Switzerland	2001
Cartilage Repair symposium	Stanmore, UK	2001
British Orthopaedic Association	Birmingham, UK	2001
Cartilage Repair Symposium	Oswestry, UK	2002
Cartilage Repair Symposium	Stanmore, UK	2003

International Society of Arthroscopy, Knee Surgery & Orthopaedic Sports Medicine	Auckland, New Zealand	2003
British Association of Surgery of the Knee Annual Meeting	Lake District, UK	2003
International Society of Arthroscopy, Knee Surgery & Orthopaedic Sports Medicine	Florence, Italy	2007
Unicompartmental Arthritis	Oxford, UK	2009
London Hip Meeting	London, UK	2010
London Knee Meeting	London, UK	2010
London Hip Meeting	London, UK	2011
London Knee Meeting	London, UK	2011
Current Concepts in Revision Knee Arthroplasty	London, UK	2011
London Knee Meeting	London, UK	2012
San Diego Shoulder Meeting	San Diego USA	2012
Scottish Knee Meeting	Glasgow UK	2012
British Association of Surgery of the Knee Annual Meeting	Leeds UK	2013
International Society of Arthroscopy, Knee Surgery & Orthopaedic Sports Medicine	Lyon	2015
London Hip Meeting	Lundon UK	2016
Factory Tour Zimmer Technology Update	Winterthur, Germany	2016
International Society of Arthroscopy, Knee Surgery & Orthopaedic Sports Medicine	Shanghai, China	2017
Biological Knee Society Conference	Vale, Wales	2017
International Society of Arthroscopy, Knee Surgery & Orthopaedic Sports Medicine	Boston, USA	2023
Biological Knee Society Conference	Southampton, UK	2023
International Society of Arthroscopy, Knee Surgery & Orthopaedic Sports Medicine	Munich, Germany	2025

COURSES ATTENDED

Advanced Trauma Life Support Provider	Sheffield, UK	1992
FRCS Training	Sheffield, UK	1994
Hand Surgery Course	Dublin, Ireland	1994
Post-Traumatic Limb Reconstruction Course	Sheffield, UK	1994
AO/ASIF Basic Instrumentation Course	Davos, Switzerland	1994
BOTA / Orthofix course	Verona, Italy	1995
BOTA Instructional Course	Stoke, UK	1996
Leeds Biomechanical Course	Leeds, UK	1996
Basic Arthroscopy Course	London, UK	1996
Advanced Arthroscopy Course	London, UK	1996
AO/ASIF Basic Spine Course	Nottingham, UK	1996
Instructional course Knee Replacements	Leeds, UK	1996
Management Training	Harrogate, UK	1996
Advanced Trauma Life Support Provider	Leeds, UK	1997
AO/ASIF Advanced Course	Davos, Switzerland	1998
Home Office Animal Licence Course Modules 1-4	Imperial College UK	1999
Home Office Licence Modules 2,3 Sheep.	Leeds, UK	1999
Study Director Training	York, UK	1999
Cell culture Training	York, UK	1999
Good Laboratory Practice Training	York, UK	1999
ISO 9001 Training	York, UK	1999
Confocal Microscopy Training	York, UK	1999
Knee Surgery Arthroscopic Workshop	Dublin, Ireland	1999
Shoulder Surgery Arthroscopic Workshop	Dublin, Ireland	1999
Basic Illizarov Course	Edinburgh, UK	2000
FRCS Orthopaedic	Bristol, UK	2001
BOTA Instructional Course	Harrogate, UK	2001
Landmark Forum	London, UK	2001
Landmark Forum in Action Seminars	London, UK	2001
Advanced Landmark Forum	London, UK	2001
Failed ACL surgery.	Montreux, Switzerland	2001
Revision Knee surgery	Cannes, France	2001
Arthroscopy Master class	Cologne, France	2002
Instructional Course ISAKOS	Auckland, New Zealand	2003
Cartilage Repair Course	Tubingen, Germany	2003
Meniscal Transplant Forum	Birmingham, UK	2003
Teaching the Teachers to Teach	Cambridge, UK	2004

Revision Hip & Knee arthroplasty	Villars, France	2004
Minimally Invasive Hip Replacement	Richmond, USA	2004
Minimally Invasive Knee Replacement	Richmond, USA	2004
Instructional Course ISAKOS	Florence, Italy	2007
AO Advanced fracture fixation course	Leeds, UK	2008
Fracture Fixation Instructional Course	Edinburgh, UK	2008
Cardio Pulmonary Resuscitation	Southend-on-Sea, UK	2010
Safeguarding Children & Young People Level 1	Southend-on-Sea, UK	2010
Preparing for Appraisal	London ,UK	2011
AO Advanced Fracture Fixation Course	Leeds, UK	2012
Royal Society of Medicine Trauma Symposium	London ,UK	2012
Good Clinical Practice	London ,UK	2012
Small group teaching	e-learning module	2012
Teaching clinical skills	e-learning module	2012
Workplace-based assessment	e-learning module	2012
Careers support	e-learning module	2012
Appraisal	e-learning module	2012
Managing the trainee in difficulty	e-learning module	2012
Facilitating learning in the workplace	e-learning module	2012
Diversity, equal opportunities and human rights	e-learning module	2012
Structured assessments of clinical competence	e-learning module	2012
Assessing educational needs	e-learning module	2012
Setting learning objectives	e-learning module	2012
Supervision	e-learning module	2012
How to give feedback	e-learning module	2012
Knee Surgery and Revision	Glasgow, UK	2012
Complications of Hip Arthroscopy	Lecture	2013
Arthroscopy Knee Surgery, Cadaveric Course	Vista, California	2013
BASK	Leeds, UK	2013
Hip Arthroscopy, Cadaveric Course	York, UK	2014
Shoulder Arthroscopy, Cadaveric Course	Keil, Germany	2015
Richard Villar Hip Arthroscopy Course	York, UK	2015
Exeter Hip Level 2 Course	Exeter, UK	2015
Exeter Hip Level 3 Course	Exeter, UK	2015
Attune Knee	Cambridge	2016
Journey Knee	Germany	2016
Biologics in Orthopaedic Surgery	Shanghai	2017
Knee replacement using Robotics	Shanghai	2017
Leadership skills	Keele UK	2018
MSE leadership program	Mid Essex, UK	2020
Master of Business Administration with Distinction	Hertfordshire University	2023
Membership of Chartered Management Institute with Distinction	Hertfordshire University	2023
Instructional Course ISAKOS	Boston, USA	2023
Alignment of Total knee replacement	Watford	2024
Arthroscopy Cadaveric Master Class	Germany	2024
Instructional Course Biologics in Orthopaedic Surgery	Germany	2025
Instructional Course Knee Arthroplasty	Germany	2025

MEMBERSHIP OF SOCIETIES OR CLUBS

BASK British Association of Knee Surgery

BMA British Medical Association.

BKS Biological Knee Society

ISAKOS International Society of Arthroscopy, Knee Surgery & Orthopaedic Sports Medicine

STUDENT ELECTIVES

The Children's Hospital
BIRMINGHAM
West Midlands

Department of Cardiology
Harvard Medical School
Brigham and Women's Hospital
BOSTON Massachusetts

SKILLS AND PASTIMES

I have an excellent working knowledge of computer equipment, hardware and software, as well as, some programming. I have designed a server based applications and manage networks utilising WAN and LAN for data transfer and use. Design of Access databases has facilitated patient management, record keeping needed in practice management as well as theatre database that is used to track operations, to generate operation notes and to compile logs.

I am in the Microsoft Partner's program.

I have produced stage shows and have experience in stage setting, sound and lighting. Along with this, I have experience in setting up and handling audio, visual and reprographic equipment, and enjoy amateur photography.

I enjoy a variety of music, including: a non-specialist interest in jazz, Soul, Swing, contemporary popular music and Indian classical music that involves playing the Tabla (Asian drums). I have played as a solo and an accompanying artist in music concerts.

To keep myself physically active, I play squash and enjoy swimming. I enjoy skiing, climbing and more recently hiking up mountains. I have made the ascent to Kilimanjaro and I have run in the 2010 London Marathon. I enjoyed karate and have won a gold medal in competition. I have recently started Tai Chi.

My language interests extend to Gujarati, French, Hindi and Punjabi.

SPECIAL CIRCUMSTANCES

I was away from clinical practice from September 2008 until September 2011.

On 5th August 2010, His Honour Mr Justice King, hearing my Section 40 appeal at the High Courts in London dismissed a GMC decision to erase me from the Medical Register with costs, allegations were unfounded and could not be upheld. [Chauhan v GMC [2010] EWHC 2093 (Admin)]

In order for me to return to my substantial post at Southend University Hospital as a Consultant Orthopaedic surgeon, I had to refresh and update my surgical skills. The program supervisor was Professor Tim Briggs CBE of the Royal National Orthopaedic Hospital, Stanmore, London and my clinical supervisors at Barnet Hospital were Messer Barry Ferris, Rajiv Bajekal, Pinnak Ray, Dan Rossouw, Simon Mellor and Harold Nwabuku.