Personal Details:

Name:	SUDHI ANKARATH
Date of Birth:	08 November 1961
G.M.C Full Registration:	4382960
Current Appointment:	1. Consultant in Orthopaedics & Trauma (with special interest in Hand Surgery) Calderdale & Huddersfield NHS Trust- Bank contract 2. Editor, Journal of Hand Surgery European volume

Qualifications: (in reverse order)

2014	**NHS LEADERSHIP ACADEMY AWARD IN EXECUTIVE HEALTHCARE LEADERSHIP** Nye Bevan programme- Leading Care NHS Leadership Academy
2010	**MASTER OF BUSINESS ADMINISTRATION (MBA)** Huddersfield Universitv
2009	**DIPLOMA IN MANAGEMENT STUDIES (DMS**) Huddersfield University
2009	**DIPLOMA IN STRATEGIC MANAGEMENT AND LEADERSHIP** Huddersfield University
1999	**FRCS (TRAUMA & ORTH)** Intercollegiate Board, Edinburgh
1995	**FRCS Ed** Royal College of Surgeon of Edinburgh
1993	**MASTER OF SURGERY** Kerala University, India
1991	**DIPLOMA IN ORTHOPAEDICS** Kerala University, India
1985	**M.B;B.S** Calicut University, India

Employment details:

Date	Hospital/ Supervisor	Sub speciality	Duration
02.12.2002- 02.05.2025	Consultant in Orthopaedics & Trauma Calderdale & Huddersfield NHS Trust	Hand &Wrist surgery Upper limb surgery	23 years
01.09.2002- 30.11.2002	Visiting Upper Limb Fellow Wrightington Hospital, Wigan	Hand & Wrist surgery Upper limb surgery	3 months
01.09.1995- 31.08.2002	Specialist Registrar, Yorkshire Trauma & Orthopaedic Training Programme		7 years
01.03.1995- 31.08.1995	Senior House Officer, Orthopaedics Huddersfield Royal Infirmary	Hand Surgery / General Orthopaedics	6 months
01.09.1994- 31.12.1994	Clinical Observer St. John's Hospital, Livingston, Edinburgh	General Surgery	4 months
01.01.1994- 15.07.1994	Registrar, Surgical Gastroenterology Trivandrum Medical College, Kerala University, India	Surgical Gastroenterology	6 months
01.08.1991- 31.07.1993	Postgraduate Surgical Training Scheme Registrar in General Surgery & specialities Trivandrum Medical College, Kerala University, India	General Surgery Plastic Surgery Neurosurgery	24 months
01.03.1990- 31.07.1991	Registrar, Orthopaedics & Trauma Trivandrum Medical College, Kerala University, India	Trauma & Orthopaedics	17 months
01.03.1989- 28.02.1990	Clinical Fellow, Orthopaedics Trichur Medical College, India	Trauma & Orthopaedics	12 months
26.12.1988- 28.02.1989	Lecturer, Calicut Medical College, University of Calicut, India	Microbiology	3 months
15.08.1987- 25.12.1988	Lecturer, Calicut Medical College, University of Calicut, India	Medical Oncology	17 months
11.08.1986- 10.08.1987	Senior House Officer, Trichur Medical College, University of Calicut, India	General Surgery	12 months
08.07.1985- 07.07.1986	House Officer, Calicut Medical College, University of Calicut, India	General Medicine General Surgery Obstetrics & Gynaecology Paediatrics & Preventive Medicine	12 months
01.06.1979- 31.05.1985	Medical School University of Calicut, Kerala, India		6 years

Travelling Fellowship:

AO Fellow in Orthopaedic trauma	BG Trauma Hospital, Tubingen, Germany	Jan 1999

Areas of Expertise

I am Sudhi Ankarath. My specialist field is Trauma & Orthopaedic surgery and Hand & Wrist surgery. I have 24 years of experience as a full-time consultant surgeon in the NHS specialising in upper limb and hand & wrist surgery at the Calderdale & Huddersfield NHS Trust. I have dealt with all aspects of shoulder, elbow, hand and wrist problems. I retired from full-time clinical work in April 2025 but continue to focus on teaching and training at local and national courses in the field of Hand & Wrist surgery. I currently hold a bank contract at the Trust. I am involved in teaching and training as an external examiner for the Diploma in Hand surgery and a member of the panel of examiners for the FRCS exam in Trauma & Orthopaedics. I also work as an Editor of the Journal of Hand Surgery European volume, which allows me to stay informed of developments in the field of hand and wrist surgery.

My qualifications are: FRCS (Trauma & Orthopaedics), FRCS Edinburgh, Master of Surgery (MS), Diploma in Trauma & Orthopaedic surgery (D.Ortho), MBA. My GMC registration number is 4382960.

Memberships of Professional Societies:

British Society for Surgery of Hand, Full member
British Elbow and Shoulder Society, Full member
British Orthopaedic Association, Full member
Indian Society for Surgery of Hand, Life member
American Academy of Orthopaedic Surgeons, International member (until 2012)
British Medical Association (until 2016)
Faculty of Medical Leadership and Management, Royal College of Surgeons of Edinburgh (until 2012)
British Association of Medical Managers (BAMM) (until 2010)

Academic / Training & Teaching Responsibilities in Hand Surgery (current and past):

Editor, Journal of Hand Surgery (European) (from 2023 onwards)
Member BSSH Instructional course committee member (from 2024 to June 2026)
Examiner BSSH Diploma exam (2018-2024)
External examiner for BSSH Diploma exam (from 2024)
Member of the Hand Surgery Diploma committee (British Society of Surgery of Hand) (till 2024)
Member, Panel of reviewers for Journal of Hand Surgery (European volume)
Faculty member AO Hand fracture management course for Surgeons
Faculty member of AO Wrist fracture management course for Surgeons
Past Faculty member of the Basic Hand Surgery course, Royal College of Surgeons of England

Other Professional Responsibilities (current and past):

Member of Panel of Examiners for the Intercollegiate Board examination in Trauma & Orthopaedics

Member Intercollegiate Speciality Board in Trauma & Orthopaedics Question writing group

Member, Orthopaedic Data Evaluation Panel (ODEP) and Beyond Compliance for upper limb

Member, Panel of reviewers for British Medical Journal

Member, Panel of reviewers for Bone and Joint Journal

Past Member of Panel of Examiners for the Intercollegiate MRCS examination until 2005

Past Faculty member of the AO long bone fracture management course for Surgeons

Past Royal College Educational supervisor in Orthopaedics, Huddersfield Royal Infirmary

Past Member, Specialist Training Committee in Orthopaedics, Yorkshire

Past Educational Supervisor, Orthopaedics Specialist Registrars, Yorkshire

Publications in peer reviewed journals:

"Predicting intertrochanteric extension of greater trochanter fractures of the hip on plain radiographs" Arshad R, Riaz O, Aqil A, Bhuskute N, Ankarath S. Injury. 2017; Jan 16. 1383(17)

"New Technique for fixing Autologous Bone Grafts to Carpal Bone Cysts using Microsuture Anchors"
Ferguson. D.O, Ankarath S. Techniques in Orthopaedics 2012;27(3):223-224

"Comparative evaluation of grip and pinch strength in an Asian and European population".
Anjum SN, Choudary P, Dimri R, Ankarath S.
Hand Therapy March 2012;17(1):11-14

"Treatment of unstable distal radius fractures using a variable angle volar locking plate system".
Smith J, Hadi S, Ankarath S.
British Trauma Society Abstract book [1.60], 2007

"Periprosthetic fractures above a Total Knee Arthroplasty- a review of best practice"
Walsh G, Ankarath S, Giannoudis P
Current Orthopaedics 2006;20(5):376-385

"Chronic Wrist Pain: Diagnosis and Management" (Review article)
Ankarath S
Current Orthopaedics 2006; 20(2):141-151

"An unusual case of knee pain"
Bullock MD, Newman J, Ankarath S
Injury Extra 2006;37(1):23-24

"Musculoskelatal manifestations of Hajdu-Cheney syndrome"
Kamath RP, Chandran P, Ankarath S.
European Journal of Radiology Extra 2005;54(2):83-86

"Pain related to the psoas muscle after total hip replacement". (Letter)
Ankarath S
Journal of Bone Joint Surg Br. 2003 Nov;85(8):1207;

"Midterm results of Muller roof reinforcement rings in total hip arthroplasty"
Ankarath S, deBoer P.
Journal of Bone and Joint Surgery 2003; 85-B: 116

"Non-steroidal anti-inflammatory drugs in Orthopaedic practice: an update".
S Ankarath, R Raman, P.V Giannoudis
Current Orthopaedics 2003;17(2):144-149

"Injury patterns associated with mortality following motorcycle crashes".
Ankarath S, Giannoudis PV, Barlow I, Bellamy MC, Matthews SJ, Smith RM.
Injury 2002 Jul;33(6):473-7

"Delay in presentation and diagnosis of Slipped Upper femoral epiphysis".
Ankarath S, Aaron Ng, Giannoudis PV, Scott BW.
Journal of Royal Society of Medicine 2002 Jul;95(7):356-8.

"Traumatic Metacarpal Synostosis"
Cohen AP, Ankarath S. Journal of Pediatric Radiology 2002;32(2):123

"Uncommon injury of the thumb".
Ankarath S, Cohen AP.
Acta Orthopedica Belgica 2001;67(1):84-5.

"Radiation therapy for the prevention of Heterotopic ossification at the elbow" (Letter)
Ankarath S, Giannoudis PV.
Journal of Bone and Joint Surgery 2001;83-B:1084

"Psoas Haematoma presenting as Hip pain".
Ankarath S, Campbell P.
Orthopedics 2001;24(7):689-90.

Peer reviewed Presentations in national and international meetings:

"Are routine post operative radiographs following hip hemiarthroplasty really necessary?"
Phillips H, Lewis C, Ankarath S- British Orthopaedic Association annual congress 2021 (free paper podium presentation)

"Managing complex unstable radial head fractures"
Gogi N, Ankarath S- 39th SICOT World orthopaedic congress, Montreal 2018

"Cross sectional imaging for greater trochanteric fractures: Does MRI lead to unnecessary operations" 17th EFFORT Annual Congress, Geneva, Switzerland, June 2016 (free paper)

"Can we predict IT extension of Greater trochanteric fractures on plain AP radiographs of the hip"
17th EFFORT Annual Congress, Geneva, Switzerland, June 2016 (poster)

"Changes in Fracture patterns of the distal radius in patients aged 51-89 years between 2006 and 2012"
Nisar S, Riaz O, Vashishta M, Ankarath S-American Association of Hand Surgeons annual meeting 2015 (free paper)

"Comparative grip strength between Caucasian and Asian population"

Anjum.S, Dimri R, Ankarath S- British Society for Surgery of Hand Annual Meeting, London Oct 2011 (free paper)

"Audit of Hand Injuries in a District General Hospital"
Malic C, Ankarath S - British Society for Surgery of Hand Spring Meeting, Belfast 2004 (free paper)

"Mid term results of Muller roof reinforcement rings in acetabular deficiencies".
Ankarath S, de Boer P - BOA annual meeting, Birmingham, September 2001(free paper)

"Paediatric femoral fractures and associated injuries: epidemiology and outcome".
Veysi VT, Ankarath S, Giannoudis PV- British Trauma Society annual meeting, Leeds October 2001 (free paper)

"Dorso-lateral check rein using Tibialis Posterior tendon to prevent recurrence following Postero-medial release of Club foot"-
Ankarath S, Thomas C - Annual meeting of the Indian Orthopaedic Association, March 1991. (free paper)

"Epidemiology and Outcome of fracture dislocations of Cervical Spine"-
Ankarath S, Pillai M - Annual meeting of the Association of Surgeons of India, February 1993 (free paper)

"Palmar Itching in Carpal Tunnel Syndrome"
Elnagger M, Ankarath S- British Society for Surgery of Hand Annual Meeting, York, 11/12 Oct, 2012 (poster)

"Functional evaluation of conservatively managed fifth metacarpal neck fractures"
Sudhahar TA, Wells J, Ankarath S- 12th ESSKA 2000 Congress, Innsbruck, Austria May 24-27 2006 (poster)

"Direct Referral Carpal Tunnel Surgery"
Dimri RK, Ankarath S- British Society for Surgery of Hand Autumn Meeting, London 2005 (poster)

"Radial Dysplasia and Carpal Tunnel Syndrome: A case report with MRI findings and literature review"
Dimri RK, Ankarath S- British Society for Surgery of Hand Autumn Meeting, London 2005 (poster)

"Ulnar Nerve Release in asymptomatic Cubital Tunnel Syndrome associated with Carpal Tunnel Syndrome-Is it worthwhile?" British Society for Surgery of Hand Spring Meeting, Belfast 2004 (poster)

"Morcellized cancellous bone graft and roof reinforcement rings in acetabular reconstruction".
SICOT 2002, San Diego August 2002 (free paper)

"Delay in presentation and diagnosis of Slipped Upper femoral epiphysis".
BOA annual congress, Cardiff 2002 (poster)

Invited Guest Lectures and Presentations in national and international meetings:

"Non operative management of hand fractures"
British Hand Society Instructional course lectures, Manchester, February 2025

"Scaphoid Fractures- avoiding complications"
Indian Orthopaedic Association annual meeting, Kochi, Dec 2016

"Outcomes in Orthopaedics- Implementing Getting It Right First Time".
Chair person, British Orthopaedics Directors Society session, British Orthopaedic Association annual congress Belfast, Sept 2016.

"Radial neck fractures in children"
Annual meeting, Kerala Orthopaedic Association India, Jan 2016

"Reverse shoulder replacement"
Annual meeting, Kerala Orthopaedic Association India, Jan 2016

"NHS through the eyes of a Clinical Director"
British Orthopaedic Association annual meeting, Liverpool Sept 2015

"7 Day Services in NHS".
Chair person, British Orthopaedics Directors Society session, British Orthopaedic Association annual congress Liverpool, Sept 2015.

"Intra articular fractures"
AO Hand & Wrist fracture fixation course for surgeons, Leeds, 6-8 October 2014

"Extra articular fractures of Hand".
AO Hand & Wrist fracture fixation course for surgeons, Leeds, 7-10 October 2013

"Carpal fractures".
AO Hand fixation course for surgeons, Leeds, 25-26 October 2012

"TFCC injuries- Diagnostic dilemmas and how to deal"
Invited guest lecture, Indian Orthopaedic Association annual meeting, New Delhi Dec 2011.

"Healing with deformity in Hand fractures"
AO fracture fixation course for surgeons, Leeds 3-5 October 2011

"Intramedullary wiring of metacarpal fractures"
AO Hand fixation course for surgeons, Leeds, 10-13 October 2010

"Metacarpophalangeal joint arthrodesis using dynamic compression plating"
Practical workshop
AO Hand fixation course for surgeons, Leeds, 10-13 October 2010

"Basic Principles of plates and screws"
AO fixation course for ORP's and therapists, Leeds, 10-11 October 2010

"Fixation of bone defect with bone graft"
Practical workshop
AO fixation course for ORP's and therapists, Leeds, 10-11 October 2010

"Non operative treatment of hand fractures"
Basic Hand Surgery Course, Hull September 2010

"Deep Vein Thrombosis"
Invited guest lecture, International conference on Wound Management, Manipal, India, September 3-6 2010

"Compartment syndrome of lower extremity"

Invited guest lecture, International conference on Wound Management, Manipal, India, September 3-6 2010

"Role of arthroscopy in management of Triangular Fibro Cartilage Complex injuries"
Invited guest lecture, Kerala Orthopaedic Association annual meeting, India, January 2010

"Bone healing"
AO Hand fixation course for surgeons, Coventry, October 2009

"Implant removal in Hand"
AO Hand fixation course for surgeons, Coventry, 5-7 October 2008

"Surgical approaches to hand"
AO Hand fixation course for surgeons, Coventry, 5-7 October 2008

"Carpal bone fractures" - Group discussion lead
AO fixation course for Surgeons, Leeds, 4-5 October 2007

"Upper limb fracture management"-Group discussion lead
AO Course on Advances of Operative Fracture Management for Operation Room Personnel, Leeds, 27-29 June 2007

"PHILOS plate fixation"
Practical workshop AO Course on Advances of Operative Fracture Management for Operation Room Personnel, Leeds, 27-29 June 2007

"Evolution of plate fixation in fractures" Trauma training day, Huddersfield Royal Infirmary, 5 May 2007

"Forearm fracture management"-Group discussion lead
AO Course on Principles in Operative Fracture Management for Operation Room Personnel
Leeds 10-12 July 2006

"Pelvic external fixation"
Practical workshop
AO Principles of Operative Fracture Treatment course for Surgeons
Leeds 27-30 June 2005

"Phalangeal fracture management"
Basic Skills course in Hand Surgery, Royal College of Surgeons, London 25-27 January 2005

"Phalangeal fractures"
Basic Skills course in Hand Surgery, Royal College of Surgeons, London 2-4 June 2004

Leadership Posts held and Responsibilities (current & past):

Trustee, Healthwatch Kirklees & Calderdale (from September 2025)

Clinical lead for Appraisal and Revalidation, Calderdale & Huddersfield NHS Trust (2015 to 2025)

Clinical Director, Trauma & Orthopaedics, Calderdale & Huddersfield NHS Trust (April'11-June'14)

Member, Planned Care Board, Calderdale & Kirklees CCG (from May 2014 to May 2015)

Member, Local Negotiating Committee, Calderdale & Huddersfield NHS Trust (until April 11)

Chair, Patient Safety Committee, Surgical Division, Calderdale & Huddersfield NHS Trust (until 2012)

Clinical Audit Lead for Orthopaedics, Calderdale & Huddersfield NHS Trust (Until 2011)

Lead clinician for bone sarcomas, Calderdale & Huddersfield NHS Trust (till 2014)

Member, Infection Control Committee, Calderdale & Huddersfield NHS Trust

Lead Clinician in Orthopaedics for Falls Steering Group, Calderdale & Huddersfield NHS Trust

Regional Surgical Professional Advisor for Yorkshire & Humber (East), Royal College of Surgeons and British Orthopaedic Association (from September 2014)

President, British Orthopaedic Director's Society (May 2014 to May 2016)

British Orthopaedic Association Council member (May 2014 to May 2016)

British Elbow and Shoulder Society ODEP Task group (from Sept 2015)

Editorial Board member, Journal of Hand Surgery (European) (from 2013)

Sub Specialty Board Trauma & Orthopaedics, Royal College of Surgeons of Edinburgh (from 2013)

Past Member, Orthopaedic Sub committee of British Medical Association Consultants Committee (until June 2014)

National meetings and sessions Chaired:

"Outcomes in Orthopaedics-Implementing Getting It Right First Time"- British Orthopaedic Association annual meeting Belfast Sept 2016

British Orthopaedic Directors Society annual meeting, Birmingham May 2016

"7 Day services in NHS" -British Orthopaedic Association Annual meeting Liverpool Sept 2015

British Orthopaedic Directors Society annual meeting, Cheltenham May 2015

Leadership Development Activities as faculty:

"Leadership for Clinical Directors"- British Orthopaedic Directors Society meeting Birmingham 2015

Training Orthopaedic Leaders course- British Orthopaedic Association, London 2014